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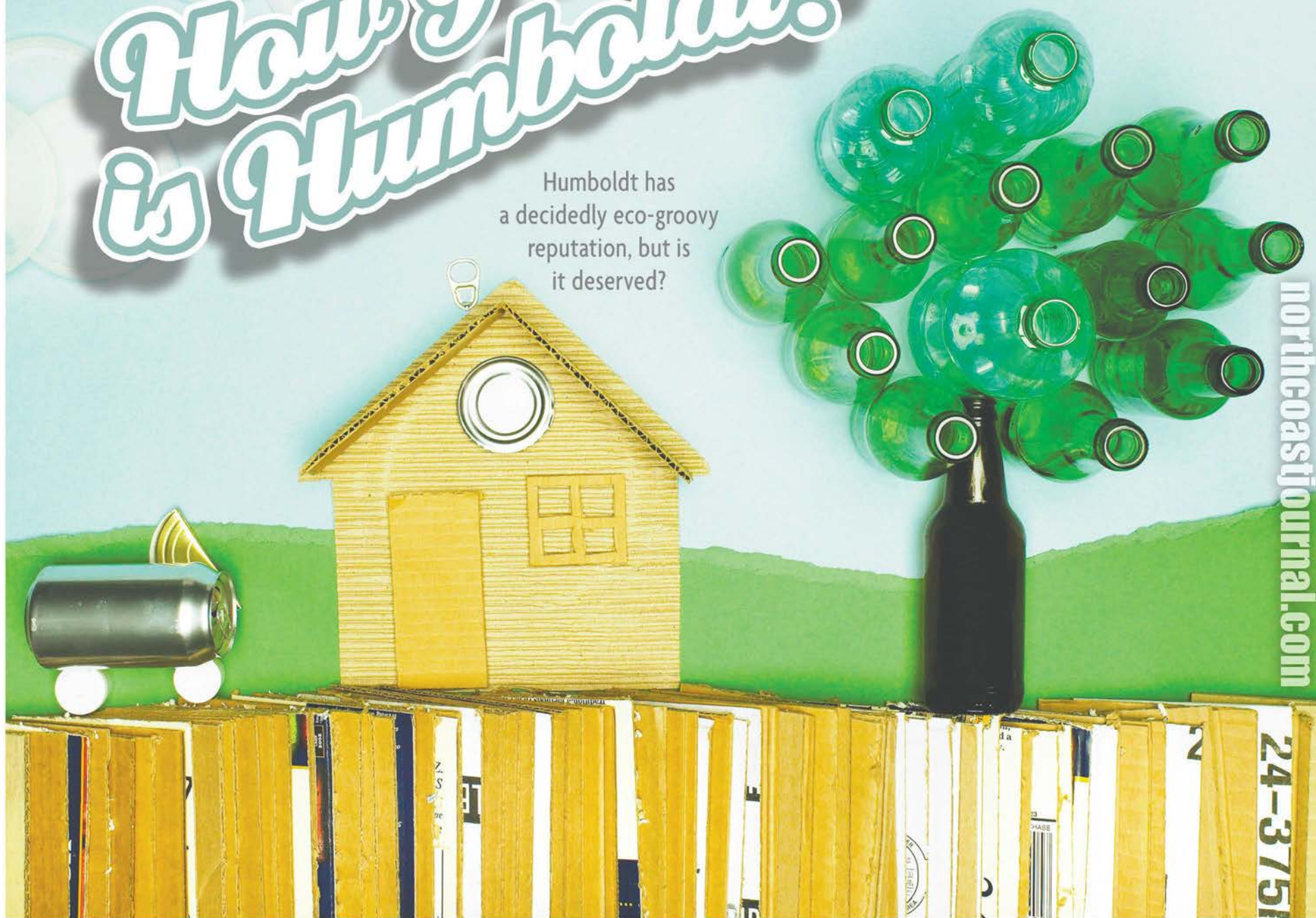
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OF POLITICS, PEOPLE AND ART

How Green is Humboldt?

Humboldt has
a decidedly eco-groovy
reputation, but is
it deserved?



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MAILBOX

Weed Disagree

Editor:

Grant Scott-Goforth's article in The Week in Weed (April 10) failed to mention the Tashkin study published in 2006 (www.ncbi.nlm.nih.gov/pubmed/17035389). That study was a large-scale epidemiological study (instigated by the Bush administration) that was expected to prove that cannabis causes lung and other cancers. The problem was that it not only failed to show the connection but indicated just the opposite.

For long-term pot smokers, the adjusted odds ratio was 0.62 for lung cancer, 0.84 for laryngeal cancer, 0.57 for pharyngeal cancer and 0.53 for esophageal cancer. An odds ratio of 1.0 means the odds of getting cancer are the same as that for the non-pot-smoking control group.

Douglas George, Eureka

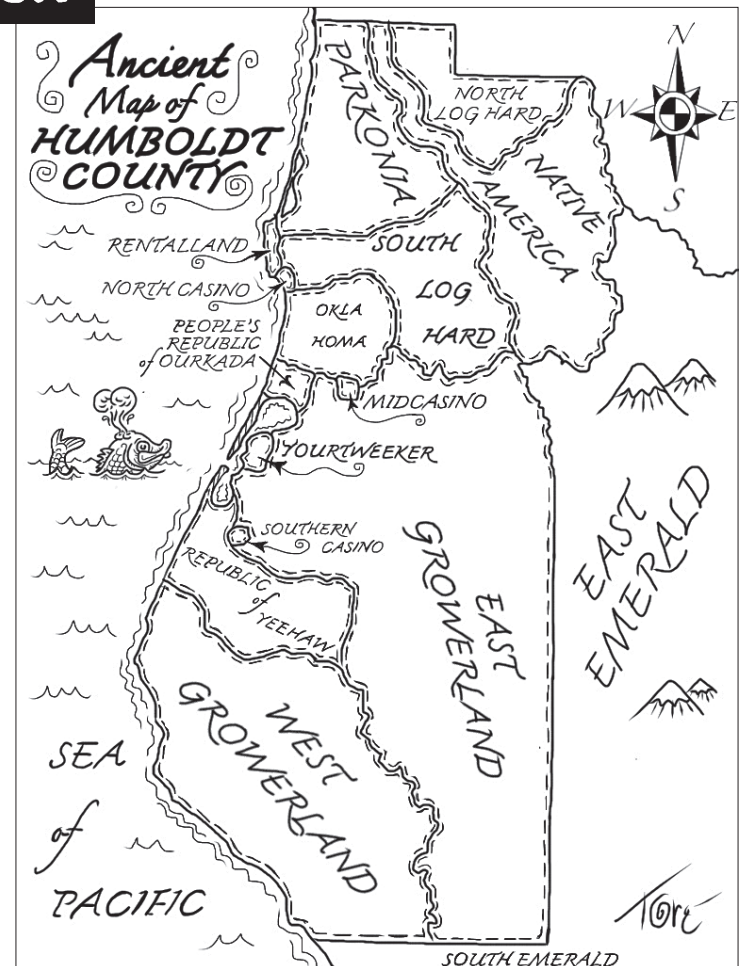
Editor:

The Snake Oil article in this week's North Coast Journal seems misguided.

A few glaring problems exist between the lines of Scott-Goforth's story. It seems to peg those who have researched cannabis oil and used it as uneducated victims of Internet hoopa.

That site you mentioned is responsible for one man's quest to give away cannabis oil, help others make it for free and post numerous testimonials about what cannabis oil has done for people and their family members. The name of the website may be "dangerous" but I think there is a bigger story there.

When a growing number of cancer patients have been cured, and when the product is given away at little or no cost I find the term



CARTOON BY TERRY TORGERSON

snake oil to be offensive and misleading at the very least, if not obtuse.

Besides that, multiple studies have been done outside the United States. Where is your research into those? They are pretty widespread and easily accessible.

Also, your statement that "38 percent of Americans have tried it ..." cannot even be construed as anecdotal. A large majority of that percentage have probably smoked marijuana for the psychoactive effect. Most of the cures bandied on the internet are concentrated, have no plant matter and are usually ingested.

Try talking to any of the cancer survivors who have not used any conventional therapies due to the progression of their illness except for marijuana and have been cured.

Comment of the Week

"The take home message is that there needs to be a lot of research before anything can be said. Anecdotal evidence is not nearly enough. ... We all want to find a cure for cancer, but let's be smart and cautious!"

— "Azathoth," commenting on the Week in Weed at northcoastjournal.com.

Try talking to someone who has conducted research on this.

For progressive cancers, peer researched remedies are statistically barely survivable. My partner's father has stage four prostate cancer, too late for any traditional treatments, and before he started "snake oil" treatment his cancer spread to his head, bones and some soft tissues.

He's on the mend. We have hope. We all did our research and spoke to a slew of people, including his Canadian doctors. I hope you do some more and get back to us. Again, there is a bigger story waiting to be told.

Travis Turner, Arcata

Correction:

Last week's "Stage Matters" misidentified a play's author. Adam Long co-developed *The Complete Works of William Shakespeare (Abridged)* [Revised].

Write a letter!

Please try to make your letter no more than 300 words and include your full name, place of residence and phone number (we won't print your number). Send it to letters@northcoastjournal.com ●

The Instigator

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His love is that of moment and curiosity, footsteps that find resolution through paths of discovery

Coming home daily with moss covered feet is a ritual considered lovely, most necessary, and sweet

— Steve Brackenbury

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publisher **Judy Hodgson**
judy@northcoastjournal.com

news editor **Thadeus Greenson**
thad@northcoastjournal.com

arts & features editor
Jennifer Fumiko Cahill
jennifer@northcoastjournal.com

staff writer/assistant editor
Grant Scott-Goforth
grant@northcoastjournal.com

staff writer **Heidi Walters**
heidi@northcoastjournal.com

calendar editor **Dev Richards**
calendar@northcoastjournal.com

contributing writers
John J. Bennett, Simona Carini, Barry Evans,
William S. Kowinski, Jennifer Savage,
Ken Weideman, Jessica McGuinty,
Genevieve Schmidt

contributing photographer **Bob Doran**
bob@northcoastjournal.com

art director/production manager **Holly Harvey**
holly@northcoastjournal.com

graphic design/production
Miles Eggleston, Carolyn Fernandez,
Christian Pennington

general manager
Chuck Leishman
chuck@northcoastjournal.com

advertising manager
Melissa Sanderson
melissa@northcoastjournal.com

advertising
Mike Herring mike@northcoastjournal.com
Shane Mizer shane@northcoastjournal.com
Terrence McNally terrence@northcoastjournal.com

marketing & promotions manager
Drew Hyland
office manager/bookkeeper **Carmen England**
receptionist/classified assistant **Michelle Wolff**

MAIL/OFFICE:
310 F St., Eureka, CA 95501
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A FEDEX TRUCK AND THE CHARTER BUS CARRYING ALMOST 50 PROSPECTIVE HUMBOLDT STATE UNIVERSITY STUDENTS BURST INTO FLAMES AFTER AN ACCIDENT ON I-5 APRIL 10 THAT KILLED 10 PEOPLE, INCLUDING BOTH DRIVERS, FIVE HIGH SCHOOL STUDENTS AND THREE ADULT CHAPERONES.

PHOTO BY JEREMY LOCKETT/J. LOCKETT PHOTOGRAPHY

Responding to tragedy

HSU pushed through grief to bring order to chaos after bus crash

By Thadeus Greenson

thad@northcoastjournal.com

The high school students, nearly 100 of them, gathered before dawn on April 10 at Los Angeles' Union Station. Arthur Arzola, the smiling 26-year-old admissions counselor who personally recruited most of the students to attend Humboldt State University's two-day Spring Preview event, was there to greet them.

Hailing from more than three dozen Southern California high schools, the students were split alphabetically into two groups and loaded onto a pair of buses chartered by HSU that made their way through downtown LA to Interstate 5, and started the slow trek north toward Arcata. The mood inside the second bus was full of nervous teenage energy, with some students introducing themselves and making small talk as others fiddled with their phones. One of the adult chaperones on the trip, a gregari-

ous, playful HSU alum named Michael Myvett, agreed to make the trip with his fiancé Mattison Haywood, who he'd met a few years earlier while both were studying at HSU. Students said Myvett worked the bus as it got on the road, walking the aisle, engaging students and making everyone feel comfortable. "Throughout the trip, he was coming to the back of the bus talking to everybody, making us laugh," Daebreon Kendrick later told NBC News.

The buses made a meal stop in Bakersfield and the students milled about. When it was time to get back on the road, some switched buses, wanting to sit near an old friend or make new ones. The second bus put on a movie. "(Awkward), we're watching a movie on the bus and this full on sex scene started playing," Banning High School's 17-year-old Jonathan Gutierrez wrote on his Twitter

page. About an hour later, Gutierrez fell asleep. At about 5:40 p.m., 100 miles north of Sacramento in the small town of Orland, Gutierrez was jarred awake.

A FedEx big rig hauling two trailers was travelling south when, according to witness reports, it caught fire. With flames visible in the truck's undercarriage, it swerved, clipping a Nissan Altima, before veering at a 10-degree angle, crossing the median and heading directly into oncoming traffic. Crash investigators later said they were unable to find any skid marks, indicating that Tim Evans, who was driving the semi, did not brake before impact. The truck and the bus collided head on, with flames and explosions quickly engulfing both vehicles.

Jeremy Lockett was on his way from his Red Bluff home to practice with his rock band in Orland that afternoon when he came across the crash minutes

after it happened. "I pulled over and rolled down my window," he said, "and as soon as I did, it was like driving by the sun. It was hot. It was raging." Lockett said he would later think it was a miracle when he heard most in the bus made it out alive. In the days following the crash, the nation would become captivated with tales of heroism and survival, stories like those of Kendrick and 18-year-old Ismael Jimenez, who broke open windows and helped students off the bus as it filled with smoke and fire. Students fled across the freeway — dozens of them injured — and were transported by a fleet of ambulances to six hospitals from University of California Davis to Redding.

Within minutes of the crash, word started trickling back to HSU that something terrible had happened. No one seems quite sure who was the first on campus to get word of the accident, but it was Interim Director of Housing Patty O'Rourke-Andrews who caught wind of it on social media and notified campus administrators, who were in the process of readying the campus for Spring Preview Plus, during which it would receive more than 500 high school students who had been admitted to the university. O'Rourke-Andrews called Vice President of Student Affairs Peg Blake, who happened to be having a post-meeting debriefing with Vice President of Administrative Affairs Joyce Lopes and Vice President of University Advancement Craig Wruck.

Lopes said the three vice presidents huddled around a computer and started making some calls, checking with University Police dispatch and law enforcement in the Orland area. "We realized quickly it had been a quite serious accident," Lopes said, adding that UPD dispatch started receiving floods of calls from worried parents and relatives within minutes of the crash. "Because of how fast the calls were coming in, we needed to come up with a solution."

The administrators decided to launch the campus' emergency operations center and activate its emergency call tree. HSU President Rollin Richmond said he was probably sitting down to dinner — he can't quite remember — when he got the call from Wruck telling him what had happened. Richmond said he hung up the phone and headed for the operations center. There, administrators decided on a course of action. They felt they needed to get some people on the ground near the crash site to meet with victims and their families, as well as to

continued on next page ►

gather information from first responders. But they also needed to take care of the students from the other Los Angeles bus, some of whom had friends on the bus that crashed and would be arriving on campus in a couple of hours. And they needed to set up a system to make sure worried families hundreds of miles away could get clear, accurate information as to the whereabouts and condition of their children.

By 6:30 p.m., within an hour of the crash, the center was up and running with about 15 to 20 people working to set up a hotline phone system. Lopes said they set up a call center with a projector in the front of the room and trained admissions staff, bookkeepers, safety services officers, facilities maintenance staff and others on the fly to take calls. They quickly realized some families calling in spoke only Spanish, so they brought in translators. Meanwhile, they reached out to the local California Highway Patrol, which sent two officers to act as liaisons to law enforcement on the Orland area to get real-time information about the status of students and where they were being taken for treatment.

The first huge task was figuring out exactly who was on the bus that crashed. Administrators knew the buses were loaded alphabetically, but they didn't have an exact list. The only person who did was likely Arzola. They also knew it was likely some students had swapped buses en route. The administrators needed information quickly, but they needed to ensure it was accurate. So staff furiously took down names and contact information from families calling in as others worked with CHP to take down the names of victims, their condition and where they were being sent for treatment. Once that information was confirmed, they contacted family mem-

bers to relay it. Within a couple of hours, Lopes said, they had a good idea of exactly who was on the bus that crashed and what their status was.

As operations at the center hit stride, shortly after 8 p.m., Richmond, Blake and Wruck set off for the Jolly Green Giant Commons, where the other busload of students from LA was arriving. With them, they brought four professional counselors from HSU's student health centers. Richmond said he and his colleagues briefed the students on the crash, checked them in and spoke with each of them individually, offering them counseling and other services. With the list of students who'd arrived safely on campus, officials could confirm who was on the other bus.

Richmond said a current HSU student was assigned to each of the visiting students from LA to be with them through the night so they wouldn't be alone.

At about 11 p.m., after greeting the students who made it to campus, Wruck

and Richmond got in the car and headed for Redding, where they started a tour of hospitals, meeting with victims of the crash and consoling families. Richmond said he was immediately struck by the resilience of the students, many of whom had left Los Angeles on April 10

excited at the prospect of becoming the first member of their family to attend college. "I was impressed by the courage of the students involved," he said. "I'll never forget looking at a young woman with a huge contusion on her head, and she was smiling and telling me she was really looking forward to becoming a student at Humboldt State."

As night turned to dawn, the emergency center at HSU kept taking calls, doling out information and even helping some families make travel arrangements to see their injured loved ones. Later that morning, Blake took the stage at HSU's Van Duzer Theatre to welcome the hundreds of students who had made it

to campus safely. "We are heartbroken for everyone involved and all of their family, friends and loved ones," she said before leading the crowd in a moment of silence. Later, the university confirmed that Arzola — the charismatic recruiter who worked a second job at a fast food restaurant and was a month shy of receiving a graduate degree in educational counseling — had died in the crash.

By midday, news reports began confirming the other nine who died. Myvette, the HSU grad who worked with autistic children in Los Angeles, and his fiancé Haywood, both died, as did the drivers of both the bus and the FedEx truck. Five students also perished in the crash: Adrian Castro, a 19-year-old from El Monte High School who wanted to play football and study kinesiology at HSU; Marisa Serrato, a 17-year-old from Riverside High School, whose twin-sister, Marisol, was on the other bus that made it to campus safely; Jennifer Bonilla, a 17-year-old from Dorsey High School who was a star student and would have been the first in her family to attend a university; Denise Gomez, an 18-year-old from Animo Inglewood Charter High School who loved music and wanted to attend HSU because of its beautiful surroundings; and the 18-year-old Ismael Jimenez, Gomez's best friend, who reportedly spent his last minutes helping other students escape the burning bus. Of the dozens of students who were injured in the crash, three remained hospitalized as of April 14.

"This is the worst tragedy I've experienced in my career in higher education of 44 years," Richmond said, his voice trailing off.

As the high school students spent April 11 on campus, taking part in social activities and sessions aimed at introduc-

continued on page 9 ▶



ARTHUR ARZOLA, 26, WAS THE HSU ADMISSIONS COUNSELOR WHO PERSONALLY RECRUITED MOST OF THE STUDENTS FROM THE LOS ANGELES AREA WHO ATTENDED THE UNIVERSITY'S SPRING PREVIEW EVENT. ARZOLA, WHO WAS A MONTH AWAY FROM A GRADUATE DEGREE IN EDUCATIONAL COUNSELING, DIED IN THE APRIL 10 BUS CRASH ON I-5.

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ing them to life at the university, the emergency center kept fielding calls, with staff working in four to eight-hour shifts on the phones. At one point early that morning, Lopes said officials became concerned about one student whose whereabouts hadn't been confirmed and whose family hadn't called the emergency center. After some frantic checking, Lopes said officials breathed a sigh of relief — he'd planned on making the trip but never boarded the bus in Los Angeles.

On April 12, HSU brought its Spring Preview to an early close, deciding the students from LA needed to be with their families. Talking with the *Journal* on April 14, Lopes sounded hoarse and exhausted but said she was enormously proud of her team at HSU and the way they enacted an emergency plan designed to respond to an earthquake or natural disaster and modified it on the fly to bring order to the chaos of an unthinkable tragedy. Many folks in the emergency center, Lopes said, set aside their personal grief at losing Arzola, a colleague, to help others. "They did everything they could to help, and put these students and their families above anything else that was going on," Lopes said. "I couldn't be prouder of the personnel we have here at Humboldt State University."

But the effort took a toll, and Lopes said the university was bringing in counselors specializing in helping first responders decompress to work with staff beginning April 15. "This wasn't something our staff was trained to do, and we recognize that we all took on a lot of pain and suffering in being so close to this," she said. "This was a horrifically tragic event." ●

Spring Preview

Started in 1989 as a part of an effort to boost enrollment and help low-income and first-generation college students explore life at Humboldt State University, the Spring Preview event hosts hundreds of students from throughout the state for a two-day orientation event. Those attending have been admitted to the school but have not yet enrolled, and their trip is paid for by the university. The annual event has been successful and the university estimates that about 50 percent of attending students ultimately enroll at HSU. Spring Preview has been an integral part of a larger recruitment effort that has seen HSU set enrollment records in recent years and increase the diversity of its student body.

Memorial: HSU will hold a remembrance event at 12:30 p.m. on April 17 at the University Quad to "gather as a campus community and an HSU family to honor those who were affected."

Vigil: The university will hold a candlelight vigil for victims of the crash, with the gathering beginning at 5 p.m. on the HSU Quad on April 17.

Counseling: Students who need counseling or guidance in the aftermath of the accident can call the Counseling Center on campus at 826-3236, while faculty and staff can call 443-7358.

Information: Students involved in the April 10 crash, and their families, can call 707-826-6327 if they need information, guidance or direction. The hotline will be staffed from 8 a.m. to 8 p.m. through April 18.

Donations: A number of funds have been set up to help victims of the crash. For more information, visit www.alumni.humboldt.edu/giving/hsu-spring-preview-accident-support.



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THINKSTOCK

A Grape Idea

Can Humboldt County's wine industry fill the green void?

By Wilfred Franklin

The Humboldt County economy has been based on a cycle of boom and bust from its inception. From the time the gold rush first drove settlers through the redwood curtain to the timber and fishing industries, Humboldt County has always adapted and survived after economic crashes. Today, Humboldt gets by in no small part due to a marijuana bubble. Many Humboldtians already believe this bubble is starting to shrink and, with legalization likely, is poised to burst. The cause and effects are many and debatable, but most citizens can agree that some economic shrinkage is likely in a post-legalization world. Rather than worry about the cause and effect, I would like to look forward at how Humboldt County can adapt, and even grow from this uncertain future.

The wine industry in Humboldt is already growing and poised to mushroom thanks to the perfect storm coalescing around water resources, climate change and available land. I believe it's time to take a serious look at how Humboldt might capitalize on sustainable agriculture as an economic cornerstone. Marijuana is likely to remain part of that equation, but other crops will have to take up some slack. Unlike marijuana, grapes are perennials living up to 100 years for some varieties. Once established, quality wine grapes need very little to no irrigation on many of the soil types suitable for grape

growing locally. By definition, this is a more sustainable crop.

Planting vineyards is part of Humboldt's solution. However, conventional wisdom claims we cannot produce world-class wine grapes here. The climate is too variable or too wet or too something. Yet, none of these claims are supported by data. When comparing measures of heat accumulation, length of growing season, climatic variability, and rainfall patterns, Humboldt is remarkably well suited to growing quality grapes. It seems conventional wisdom is wrong. Perhaps, Humboldt is not known for grapes for the simple reason that other more lucrative crops are easier to grow. If that incentive changes, as seems likely, can Humboldt adapt and become a world-class wine-growing region?

In my opinion, Humboldt is not only well suited for wine grape growing, it can do so more sustainably using less resources and leaving a smaller carbon footprint than other areas. The drought in California puts a very fine point on my claim. Sonoma, Napa and the Central Coast wine regions of California all face catastrophic water shortages. Water costs are not only soaring, water rights are vanishing all to-

gether. Yet, Humboldt has no such problem, even in this drought year.

But, you may ask, does

Humboldt really have the qualities of a fine wine growing region? As that question is complex and debatable, let's just ask whether or not we can rule it out. If a necessary characteristic is lacking altogether, then surely we can end the debate. For example, everyone can agree that grapes will not reach sufficient ripeness if the growing season is too short or too cold. Growing Degree Days (GDD) is an agricultural measure that takes into account length of growing season and accumulated heat over that season. It is measured by the number of hours in a growing season that stay above 50 degrees, below which grape ripening stops.

If one looks at the Growing Degree Days of the famous wine region of Bordeaux, France, we see the seasonal average falls around 2,969 hours over 50 degrees, while the GDDs for Willow Creek are 3,235, according to the Global Historical Climate Network. This is just right for the heat-loving varieties like cabernet sauvignon, merlot and syrah that are showing quite well in the Klamath-Trinity River Valley running from Willow Creek up to Orleans. And Southern Humboldt has already proven that it can produce world-class red and white wine in the mold of Burgundy, France.

But perhaps Humboldt is just too wet and rainy for good grapes. It is true that too much rain and humidity could dilute grapes or cause destructive mold. Fortunately for us, the grape growing regions of Southern Humboldt and Klamath-Trinity River Valley fall nowhere close to that level. In fact, as a Mediterranean climate, Humboldt's growing season is drier and less humid than the continental climates of Burgundy and Bordeaux, which see rain year-round and would be envious of our dry summers.

What one does see in Humboldt is vintage variation. Vintages are like the children of a family — they have some commonality, but all are unique and different. Real, hand-crafted wines all show vintage variation because they are un-manipulated, authentic wines. Be wary of a wine brand that does not show vintage variation. In

GROWING DEGREE DAYS	DEGREE DAYS
St. Helena (Napa Co.), CA	3,302
Willow Creek (Hum. Co.), CA	3,235
Bordeaux, France	2,969
Redway (Hum. Co.), CA	2,374
Dijon, France (Burgundy)	2,215

that case, it is likely not wine, but rather manufactured alcoholic beverage loosely based on grapes, what

Velveeta is to a real Loleta cheddar from the Eel River Valley.

The fact of the matter is that Humboldt does have a slightly cooler winter and slightly shorter growing season compared to Napa, but not to world-class regions of France. As it turns out, this gives Humboldt one huge, eco-friendly advantage over Napa — we do not need to install expensive anti-frost systems — usually based on increasingly expensive water or carbon polluting fans running on fossil fuels — in our vineyards. Because the climate in Humboldt's interior forces vines into a deeper dormancy, in general, they don't wake up in the spring until after the threat of frost subsides.

Coincidentally, the slightly shorter growing season and cooler winter give Humboldt another important benefit. Humboldt does not have several vine diseases — including the deadly phylloxera — that are expensive menaces to the south, causing vineyards to be replanted with higher frequency. The fact that Humboldt has less disease and the vineyards do not require expensive anti-frost systems makes wine growing in Humboldt more sustainable with a smaller carbon footprint, using less water, replanting less often and costing less to install and maintain.

All these factors indicate that Humboldt County can produce world-class wines and its nascent wine industry is poised to expand. Moreover, it looks like Humboldt can do it more sustainably and with a smaller carbon footprint than other areas of the state. Just look at the data and, in this case, don't listen to conventional wisdom. ●

Wilfred Franklin is on the board of the Humboldt Wine Association and is the vineyard manager and winemaker for the new Sun Valley Vineyards in Willow Creek. From the central coast of California to the New Jersey shore, he has worked as a winemaker, vineyard manager and a retailer of imported Italian, German and French wines.

Have something you want to get off your chest? Think you can help guide and inform public discourse? Then the North Coast Journal wants to hear from you. Contact the Journal at editor@northcoastjournal.com to pitch your column ideas.

On the web: for an extended data-packed version of this story, visit www.northcoastjournal.com

GMO Spider-Corn:

You'll have to pry it from my green, webbed fingers

Say what you will about 3rd District Humboldt County Supervisor **Mark Lovelace** but the guy is *driven* to combat climate change.

Lovelace *warmed* up to voters in the early 2000s by accomplishing community forest preservation in the Arcata area. Meanwhile, during his 2008 campaign for supervisor, Lovelace practically *exhausted* himself addressing the *combustible* issues surrounding global warming.

These days, he probably feels like a *melting glacier*. That's because records reveal that Lovelace traveled out-of-county on official business to a *higher degree* than any of his peers on the board during the 2012-2013 fiscal year, racking up expense bills to the tune of \$4,500. After such a *hurricane* of journeys, he must be as *tuckered* as a *polar bear* fleeing the *melting permafrost*. We hope that all Lovelace's travels will accomplish the ongoing *emission* of crucial climate change data in a veritable *flood* of information.

We would hate to see him get *gassed* out. Fortunately, it seems a board-level *cap-and-trade* may be in the works, as 1st District Supervisor Rex Bohn is on track to claim the Supes' 2013-2014 "King Carbon" crown.

Can I Get an Order of Frog-Fries with That?

Wouldn't it be depressing if a new law mandated labeling of everything in the grocery store that contains genetically modified Frankenfoods?

If State Sen. **Noreen Evans** (D-Santa Rosa) gets her way, children throughout the Golden State will be robbed of the Christmas-morning-like joy of chomping into a suspiciously crunchy bowl of flakes while silently wondering: Will this spider-gene-enhanced cereal transform me into a web-slinging superhero? Sen. Evans is pushing the killjoy GMO labeling proposal even though voters wisely defeated a nearly identical measure at the ballot box in 2012 — rescuing that certain magic feeling we get from consuming, with blind ignorance, potatoes that share a genetic legacy with Kermit the Frog.

This is because existing labeling requirements allow food manufacturers to keep GMO use a secret surprise known only to them — no different, really, than "surprising" a loved one with a lovely bouquet of

flowers, or a box of bio-engineered, test tube chocolates.

Thankfully, Big Ag is going scorched earth on the measure (officially, "Senate Bill 1381: Food Labeling: Genetically Engineered Food"), and a recent committee hearing saw the bill struggle in the face of a well-funded opposition of the wing-tipped, pin-striped variety.

Dollison: the Wikileaks Dossier

If campaigns for public office are really just popularity contests in disguise, hard-scrabble Humboldt County district attorney candidate **Allan Dollison** holds an intriguing — if potentially troublesome — advantage over his more monied opponents.

While none of the four candidates for the office is so illustrious as to command his or her own Wikipedia page — the gold standard of Web notoriety — Mr. Dollison's WikiLeaks trove serves as a provocative substitute. Diplomatic cables published to the site disclose that a then-Army Capt. Dollison organized and led Afghani judges and tribal officials in a conference focused on patching together a functioning justice system in the beleaguered nation. An impressive credential, no doubt.

Somewhat awkwardly, however, the cables imply that Dollison endorsed Afghanistan's long-standing regime of Old World justice — in which tribal elders dispense Solomonistic sentences — as an agreeable adjunct to formal courts of law.

Exactly how a Dollison administration might apply village-elder-style dispute resolution to Humboldt is unknown. But should Dollison win the election, **Murl Harpham's** retirement may prove short-lived.

Medicare's Big-data Dump

Those white lab coats must have felt uncomfortably warm last week when Medicare suddenly disclosed payment figures for the nation's 800,000 MDs — including a couple hundred physicians here in the Fog Belt.

Medicare's payment figures to docs — long enshrouded in legislative red tape — were reluctantly released by the agency under a little-publicized provision of Obamacare. Medicare has long provided taxpayer-

funded health insurance to the elderly but, under Obamacare, ongoing funding of the program mandates that payments to individual physicians be publicly disclosed.

Medicare's top recipients in the Eureka area were surgeon **Michael Palmer** and oncologist **Uma Suryadevara** — each of whom collected a paltry \$1.3 million in 2012. Most HumCo docs fell into the five-figure, or low-six-figure range. Nationally, Medicare's data-dump triggered an eruption of click-baiting headlines over the alleged "millionaire's club," led by one Florida doctor who received \$21 million in payments in a single year.

Sweating the GPU? Not so Much

If the county's General Plan Update is something you've been getting up to speed on, you need to get real: The General Plan doesn't actually regulate anything impor-

tant. Don't believe me?

Then explain how it is that — although the following land uses receive not a single mention in the existing General Plan — cell phone towers, check-cashing establishments and medical marijuana mega-grows have so proliferated the landscape in the 30 years since the plan was adopted.

In practice, the county General Plan is a vague, watered-down carte blanche for wildcatters, though it's disingenuously advertised as a blueprint, or master plan, for county land use and development.

A casual glance at SoHum on Google Earth tells us all we need to know about the "high" level of mastery involved.

— **Ryan Hurley**

newsroom@northcoastjournal.com

Ryan Hurley is a Eureka-based attorney. Follow him if you dare: @BuhneTribune.

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BLOG JAMMIN'

ENVIRONMENT

Northwest Forest Plan's 20th

Twenty years after the Northwest Forest Plan's birth, lawyer/writer Daniel Jack Chasan looks at whether the plan has done all it was cracked up to do. Did it save Northern Spotted owls? Did it protect the logging industry from utter devastation?

Chasan concludes, in part one of his story at Crosscut.com, that "[n]either the owl nor the forest products industry has done as well as some people had expected and many had hoped."

But the owls aren't all dead, and the timber industry didn't conk out.

"Doomsday predictions of massive job losses proved false," Chasan writes. "Certain workers, mills, and communities felt pain. The Clinton administration's brave talk about retraining workers and reviving mill towns surprised virtually no one by proving to be largely hot air. Still, the Northwest economy didn't even hiccup." The timber industry has fewer workers now, he writes, but more capacity.

— Heidi Walters

MEDIA

New News News

The empty, dilapidated front room of the KAEF building at Sixth and E streets in Eureka will soon be bustling with news hustlers, if all goes according to plan, and Humboldt County's only TV news program will have competition for the first time in almost 10 years.

"We are looking forward to elevating the level of broadcast news available in the market," KRCR Redding News Director Jennifer Scarbrough says in a not-so-subtle dig at KIEM News Channel 3. "We genuinely believe viewers in all of our areas deserve the best news product they can possibly get."

Details are light at this point and plans

are being finalized, but Scarbrough says the news program is a go. Is the Humboldt County market big enough to support another TV news program? "We wouldn't be doing it if we didn't think that was the case."

— Grant Scott-Goforth

EDUCATION

Yurok Program in NYT

Eureka High School's Yurok language program landed on the front page of the April 5 *New York Times*.

"A generation ago, linguists predicted that Yurok and many other Native American languages would become extinct around this time with the deaths of tribal members who grew up speaking the languages, the criterion used at the time," the story says. "All of the current Yurok teachers came to the language as adults, by painstakingly acquiring it from the last living elders and sometimes comparing notes with outside linguists."

The story offers a nice overview of the Yurok Tribe's campaign to revive its language, noting that it serves as a model to many other tribes.

— Thadeus Greenson

EMERGENCY

Ocean Swimmer Dies

A 21-year-old from Tulare died April 10 after being rescued from the ocean off of Samoa Beach, according to the Humboldt County Sheriff's Office. Matthew Bryant Garcia had gone swimming with a friend and disappeared in the surf, says the release.

A passerby called 911 at about 4:30 p.m. In two minutes rescuers were on the scene. By 4:50 p.m. a United States Coast Guard helicopter had spotted the man 30 yards offshore "but was unable to attempt a rescue."

"Three Humboldt County Sheriff's deputies and a Samoa fireman were directed to the drowning man's location by the U.S.C.G. helicopter where they waded several feet deep into the surf and pulled the man to shore," says the release. "The man had a pulse at the time he was transported to the hospital."

Garcia died at the hospital.

— Heidi Walters

ENVIRONMENT

Big Bad Burl Biz

The *New York Times* had a piece April 8 on the despicable business of illegally sawing big hunky burl chunks off of our massive redwood trees — our elders, as the *Times* elegantly notes — and selling them for profit on an apparently quite healthy global market. Says the story:

"The poachers, known locally as the 'midnight burlers,' are motivated by a sluggish local economy and expensive methamphetamine habits, park officials say, and they have been targeting ever-bigger burls and using increasingly brazen tactics."

The story says there were 18 known cases of poaching last year in Redwood National and State Parks, including that of a 400-year-old tree — the first time a whole tree was cut down, that they know of, for burl. Much older trees have been hacked away at, and the slicing into their flesh to remove pretty burl can weaken them.

Some of the massive burl thieves go for harbor a complexity of forest life, including salamanders, high in the canopy. The story quotes folks comparing the burl thefts to "hacking up a church" and "killing elephants for ivory," but it also quotes a young Orick fellow in a sighing way as saying burl thieving is "a sad way to earn a living, but there is no industry here."

Um, yeah. So ...

— Heidi Walters

EDUCATION

Arcata School Recognized

Wow, those are some smart whipper-snappers.

The *Washington Post* just ranked Arcata's Northcoast Preparatory and Performing Arts Academy as the 21st most challenging high school in the country. To compile the rankings, the *Post* computed an index score using the number of college-level tests given at the school divided by its number of graduates that year, the percentages of students who qualify for free or reduced lunch and the percentage of graduates who passed at least one college-level test during their high school career.

It turns out, 95 percent of Northcoast Prep's graduates pass at least one college-level test during their career and about 43 percent qualify for lunch subsidies. This is the fifth year in a row the 136-student school has landed on the *Post*'s list, having finished 24th last year, 21st in 2012 and 2010 and 13th in 2011. This year's index score of 9.952 is the highest the school has ever earned from the *Post*.

— Thadeus Greenson

COURTS

Probation Reports go Public

The Humboldt County Superior Court announced April 15 that it is changing its policies regarding probation reports. In response to a push for access by the *Journal*, the court will now make a defendant's prior probation reports open to the public when the defendant is facing a new criminal charge, bringing the court's policy into compliance with state law.

For more information about probation reports, what they can tell us about the criminal justice system and local efforts to have them made public, read "Unsealed," the *Journal*'s April 10 cover story.

—Thadeus Greenson

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How Green Is Your Weed?

By Grant Scott-Goforth

Is your purple kush green? Not its floral tint, but its environmental hue? Actually, back up a second. Can you say with certainty that it's purple kush? Where was it grown? Indoor or outdoor? What fertilizers and pest controls were used?

A trapping of black market weed is that it's difficult to trace with much certainty the origin of your smoke and the practices that nurtured it from seedling to bowl. What's an environmentally conscious stoner to do?

The simplest answer? Grow your own. If you're worried about the massive carbon footprint of the marijuana industry, grow it outdoors. A 2012 study from energy expert Evan Mills indicated 1 percent of the nation's electricity is used to power marijuana grows — \$6 billion in energy expenditures. That electricity use, combined with marijuana transportation, produces as much greenhouse gas pollution in one

year as 3 million cars.

It's even more concentrated in California, where marijuana cultivation consumes 3 percent of the state's total electricity use. Not that outdoor marijuana is energy-free, by any stretch — Mills' study indicates lighting makes up only 32 percent of a grow's electricity use.

Alarmed? You're in the minority. Humboldt Patient Resource Center Director Mariellen Jurkovich says her customers don't ask much about the carbon footprint of the collective's marijuana.

That doesn't stop her from thinking about it, though. If nothing else, the business' overhead grows and shrinks with efficient energy use. She says the collective, which grows its own marijuana indoors in Arcata, works regularly with light manufacturers to maximize growing power while minimizing energy use.

More successful, Jurkovich says, has been the collective's attention to sewer

and water use. She says the center's cultivation operation uses the same amount of water as an average four-person household, and that they put little waste down the sewer. "We don't really want to waste water because we put nutrients in it, and they're expensive."

Public works departments around the county regularly deal with potent sewer discharges from household grows, and handling nutrient-rich wastewater can be troublesome for municipal treatment plants.

Then there's the pesticides and chemical fertilizers that are often used in clandestine grows because they're cheaper and easier than eco-groovy growing methods.

The Werc Shop, a marijuana laboratory based in Pasadena, reports that 10 percent of the marijuana submitted to the lab by dispensaries tests positive for pesticides at EPA dose limit levels.

Jurkovich says her collective is careful

not to use harmful pesticides, not only for the environment but for the patients, who they see on a regular basis. Growers who are funneling their product through black market distribution don't see the end user, a disconnect that Jurkovich speculates may lead to less healthy growing practices.

With no industry standards to adhere to, marijuana dispensaries are largely left to self-regulate. City oversight varies wildly throughout the state.

Some municipalities are trying to reduce marijuana's carbon footprint. Arcata residents voted for a high-electricity tax designed to discourage energy-sucking household grows. The Emerald Growers Association offers tips and activism to promote sustainable marijuana growing. The Humboldt Patient Resource Center has opened its books to Humboldt State University students who've tracked energy use associated with marijuana. "We're really interested in working with them," Jurkovich says. "We're always hoping that will give us ideas."

But perhaps the only thing that can affect change is you — the smoker. If people eschew weed of dubious origins in favor of ethically and environmentally grown bud, growers may get the hint.

Jurkovich puts it succinctly. "There's a money component that really impacts how plants are taken care of." ●

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Humboldt has a decidedly eco-groovy reputation, but is it deserved?

As the world readies to celebrate Earth Day on April 22, it seems a fitting time to take a good, hard look in the mirror.

Yes, Humboldt County, home to towering redwood trees, flowing rivers and a magnificent coastline, was green before it was cool. It's a place where folks outfitted their homes with solar panels before they were cost-effective and where farmers markets were commonplace before kale was hip. Humboldt County certainly has green credentials, but are they deserved? Is Humboldt living up?

The *Journal* looked at six major indicators: electricity consumption, government policies, waste diversion, transportation and water and air quality. The results are mixed, and maybe a bit surprising. Here's what we found.

Trashy

In 2011, Humboldt County residents sent 158 million pounds of garbage to landfills near Redding and Medford, Ore. But by state standards, we're doing

pretty well. We diverted more than twice that amount, keeping it out of the landfills, through recycling, compost and other means.

Karen Sherman, Humboldt Waste Management Authority's senior programs analyst, says the authority's member agencies are keeping far more trash out of the dump than the state mandates. HWMA's collective jurisdictions (Eureka, Arcata, Blue Lake, Ferndale, Rio Dell and

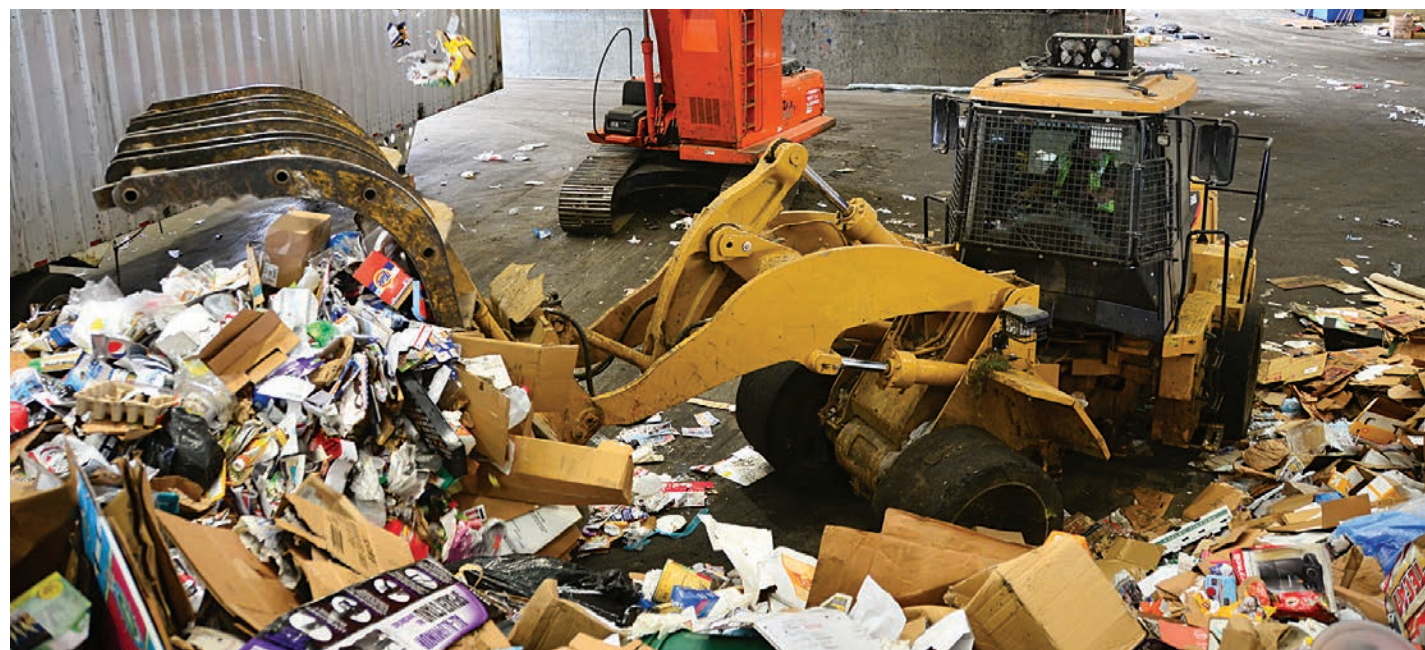
unincorporated Humboldt) diverted 69 percent of their garbage in 2011, well above the state goal of 50 percent, but still below an upcoming 2020 mandate of 75 percent diversion.

CalRecycle Assistant Director of Public Affairs Mark Oldfield says "diversion" is kind of an old metric when it comes to reducing garbage. Nowadays, the state assigns a pounds-per-person-per-day number to every jurisdiction in the state and

monitors how closely it meets that goal.

In 2011, Ferndale was the only Humboldt jurisdiction to exceed its target, pumping out 4.1 pounds per day per person of trash to its 3.4 pounds per person per day goal. The state gave the city a pass, citing a good faith effort.

"As a whole, the county is doing very well," Oldfield says. It's tough to compare jurisdictions, he continues, because places with more industry are going to put out



EXCAVATORS AT HUMBOLDT WASTE MANAGEMENT AUTHORITY'S TRANSFER STATION TOPS OFF A TRAILER WITH ABOUT 16 TONS OF RECYCLABLES. IT WILL TRAVEL 142 MILES SOUTH TO BE PROCESSED AT SOLID WASTE OF WILLITS. PHOTO BY DREW HYLAND

far more waste. That's why each city and county is given an independently calculated goal. In 2012, the state produced 4.4 pounds of garbage per person per day — a staggering 61 billion pounds of crap.

Meanwhile, the HWMA released a strategic plan to reach its 75 percent diversion goal, which will require reducing garbage by another 14,000 tons annually. And good progress is being made, with bundled recycling and garbage in McKinleyville making it easier for folks to recycle, new green waste programs, bulky item pickup in some jurisdictions and a planned mandatory curbside pickup for Eureka businesses.

The authority is using a lot of gas to haul its garbage to landfills near Redding and Medford — and contracts with those dumps are up for renewal soon.

Particularly laudable, Sherman says, is the HWMA's hazardous waste program, which sends trucks out to rural areas regularly. "Jurisdictions and counties that are much larger in population size seem to be surprised and pleased at what we can do here with a smaller base of people and funding."

— Grant Scott-Goforth

Green government

Combining to employ nearly 10,000 people and bestowed with the power of regulation, Humboldt County's local governments have a lot to do with our environmental footprint. The good news is that most have green policies in place, ensuring environmental impact is considered in all major decisions, whether it be approving a construction project or buying new paper for the copier.

When it comes to green policies, Arcata has set the pace. The city's deputy director of Environmental Services, Karen Diemer, says that the city has green purchasing policies that put a premium on recycled products (the city tried to purchase 100 percent recycled paper but had a difficult time running it through its copiers), a green fleet policy that prioritizes fuel efficiency and mandatory curbside recycling services. There's also a prohibition on the purchase of tropical hard-

Talking Trash

79,082 tons or
158 million pounds

Total trash disposed by HWMA in 2011

178,039

Total tons diverted

69 percent

Current combined member agency diversion rate

14,000

Additional tons needed to reach 75 percent diversion goal

Garbage is hauled to **Anderson Landfill** outside of Redding (162 miles) or to **Dry Creek Landfill** near Medford (197 miles).

Garbage generated per day per person, in pounds

TOWN OR AREA	TARGET	ACTUAL
Arcata	3.7	2.5
Blue Lake	19.1	2.5
Eureka	6.5	5.7
Ferndale	3.4	4.1
Fortuna	4.3	3.8
Unincorporated Humboldt	3.6	2.8
Rio Dell	3.2	2.1
Trinidad	8.2	8.0
Statewide average	no statewide target	4.4

Targets for different jurisdictions vary, particularly in towns with little population and where industrial businesses may increase waste production.

SOURCE: CALRECYCLE

woods for city facilities, and a plan that bans the use of pesticides and herbicides on city properties, except in the most extreme of cases.

But, Diemer says, the city's green commitment extends all the way to the city council's putting a priority on alternative transportation, environmentally-friendly water treatment and the preservation of green spaces. "It's layered, we look at things from landscape levels all the way down to the microscopic," she says.

Arcata's neighbor to the south, Eureka, has formulated a green team that looks at internal city policies — like purchasing and maintenance plans — and also

continued on next page ►



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ON THE COVER

continued from previous page

reviews policy proposals to see if they can be greened up a bit.

Humboldt County recently approved a new purchasing policy that is slated to go into effect later this month. The policy — the first overarching purchasing guidelines for all county departments — urges departments to use recycled products and to include environmental specifications into any bid solicitations for goods or services, when financially viable. For example, according to spokesman Sean Quincey, the county closed a cleaning supply bid recently in which it only accepted bids that included environmentally friendly products, like recycled paper towels and green cleaners.

And, on a larger scale, local municipalities are currently working together to increase alternative transportation options by pushing forward on the Humboldt Bay Trail, and to increase green space and recreation options by planning the community forest on the outskirts of Eureka. While experts say there is plenty of room to grow, overall, Humboldt's governments are much greener than they were just a decade ago.

— Thadeus Greenson

Roads, buses and hybrids

Riding the bus can be frustrating, but balancing the needs of residents and making busing cost effective is a tricky proposition. While adding more lines is convenient to those who do ride the bus, it doesn't necessarily entice new riders.

HUMBOLDT COUNTY'S BUS ROUTES STRETCH FROM TRINIDAD TO GARBERVILLE AND EAST TO WILLOW CREEK. PHOTO BY HEIDI WALTERS

Gassed

382.8 gallons per year
State per capita gasoline consumption

349.5 gallons per year
County per capita gasoline consumption

47.11 million gallons
County gasoline consumption in 2012
(this includes ethanol and other additives)

26.29 million gallons
County diesel consumption in 2012 (this does not include red dye diesel which is not tracked)

125,000
Registered vehicles in the county

COURTESY OF THE REDWOOD COAST ENERGY AUTHORITY

State money given to the local transit authorities comes with "fare return requirements," according to Humboldt County Association of Governments Senior Planner Oona Smith, meaning bus routes must make a minimum amount from rider fares. If they don't meet that minimum — generally 10 percent of the cost of running the line — the routes must be adjusted. It's a measure of how effective bus lines are and it means routes are continually being adjusted and analyzed.

"It needs to be well thought out," said Rick Knapp, a former Caltrans employee and member of the Humboldt Bay Bicycle Commuters Association. "It needs to be marketed. You can't afford to run buses

for a year or two while people figure out that it's there."

It's tricky to compare Humboldt County when it comes to public transit, Smith said. The distance between communities and the topography varies radically.

Buses are partly funded by taxes collected at the gas pump — a revenue stream that's decreasing as people buy more fuel efficient cars. Since 2006, the Eureka "metropolitan area" has made the top 15 in hybridcars.com's nationwide list of new hybrid electric vehicle sales per household 14 times, according to Schatz Energy Research Center engineer Jim Zoellick.

Meanwhile, California is looking at ways to replace the dwindling gas tax. Oregon recently instituted a tax based on how many miles are driven, Smith said, which



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has some concerned that rural communities will be hit harder than more compact urban counties. But some research shows that rural drivers actually rack up fewer driving miles because they plan better, Smith said. And despite the spans between Humboldt County communities, the county's mean commute time is 17.6 minutes, nearly 10 minutes less than the state mean.

— Grant Scott-Goforth

The stuff of life

If you place clean air and water at the top of your must-have list for a place to live, then you could do a lot worse than Humboldt County. Not, of course, the Humboldt of the past — teepee burners

continued on next page ▶

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ON THE COVER

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poofing ash out all over your laundry, sawdust a-flyin', pulp mills reeking, stuff gushing into rivers and the ocean. But Humboldt today — a little short on the blue-collar gold of old but still long on Pacific-scrubbed air and mountain-filtered water. We have plenty of both, we're polluting them less and we have a number of groups focused on fixing the problems.

Yes, there are problems.

Let's start with water quality, where our biggest worries are. All of our rivers and several creeks are listed as impaired under the federal Clean Water Act, meaning they do not measure up to water quality standards needed to support beneficial uses. "Beneficial uses" include everything from fish habitat to drinking water. In our North Coast rivers, the term almost invariably refers to salmon, steelhead and other fish species, and the troubles are almost all the same.

"Compared to other regions in the state of California, the North Coast is primarily impacted by excess sediment and high temperatures caused primarily by nonpoint sources of runoff," says

Pot Water

180,000

Gallons per day used to grow pot plants in a watershed

75-100

Percentage by which the number of plants grown in a watershed increased between 2009 and 2012.

SOURCE: CALIFORNIA DEPARTMENT OF FISH AND WILDLIFE STUDY OF ILLEGAL WATER DIVERSIONS FOR MARIJUANA CULTIVATION ON PUBLIC AND PRIVATE LANDS IN THREE WATERSHEDS IN HUMBOLDT COUNTY AND ONE IN MENDOCINO COUNTY.



THE EEL RIVER. PHOTO BY JACOB SHAFER

Rebecca Fitzgerald, a supervisor with the state's North Coast Regional Water Quality Control Board, explaining that non-point source pollution comes from a diffused source, such as sediment washed into a stream by rainfall (whereas point-source might be something coming straight of a pipe, for instance, at a wastewater treatment plant). Our abundance of rain and history of heavy land

use — logging, of course, and rural logging, county and ranch roads — results in volumes of disturbed earth washing into streams, which can then inhibit the ability of salmon and steelhead to spawn and rear. Sediment builds up, channels widen, stripped-away vegetation exposes the now-shallower waters to more sunlight, and they get too warm.

Some rivers and creeks are also im-

paired with excess turbidity, like the Mad River, and high nutrient counts, like the Salmon and Klamath rivers. The Klamath and its reservoirs harbor other ills, including deadly algae and not enough dissolved oxygen. And several beaches, including popular Moonstone Beach, can become contaminated with bacteria, especially after a big rainfall.

Humboldt Bay also is listed as impaired,

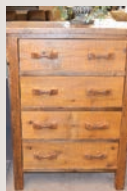
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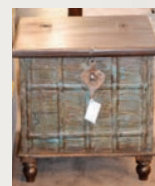
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for dioxin and PCBs, says Fitzgerald, but the state hasn't yet quantified the impact.

The state has a program to develop plans for dealing with listed waters; some plans are completed, while others have not yet begun. It collects its own data and also relies on data from landowners and watershed groups.

Another measure of pollution is the Toxic Release Inventory, a federal Environmental Protection Agency program that collects data on industrial toxic chemical releases. In Humboldt County, in 2012 (the latest available data), our industrial facilities released no toxic chemicals into our water, according to the TRI.

Another growing threat to our watersheds is illegal water diversions, land disturbances and pollution — human waste, toxic chemicals and other stuff — associated with marijuana cultivation on public and private lands, which agencies such as the state Department of Fish and Wildlife are trying to get a handle on.

Aside from those outlaw water diverters in the hills, we're actually not too hogish with our water. According to California Department of Water Resources data,

mined by the Bay Area News Group earlier this year and put into a handy database, the state average water consumption is 196 gallons per capita, per day (with extreme variations from place to place, and less water being consumed in cooler, coastal regions overall). Humboldt's biggest water consumer is the Humboldt Community Services District, at 130 gallons per capita, per day. And the smallest? McKinleyville Community Services District, at 110 gallons per capita, per day.

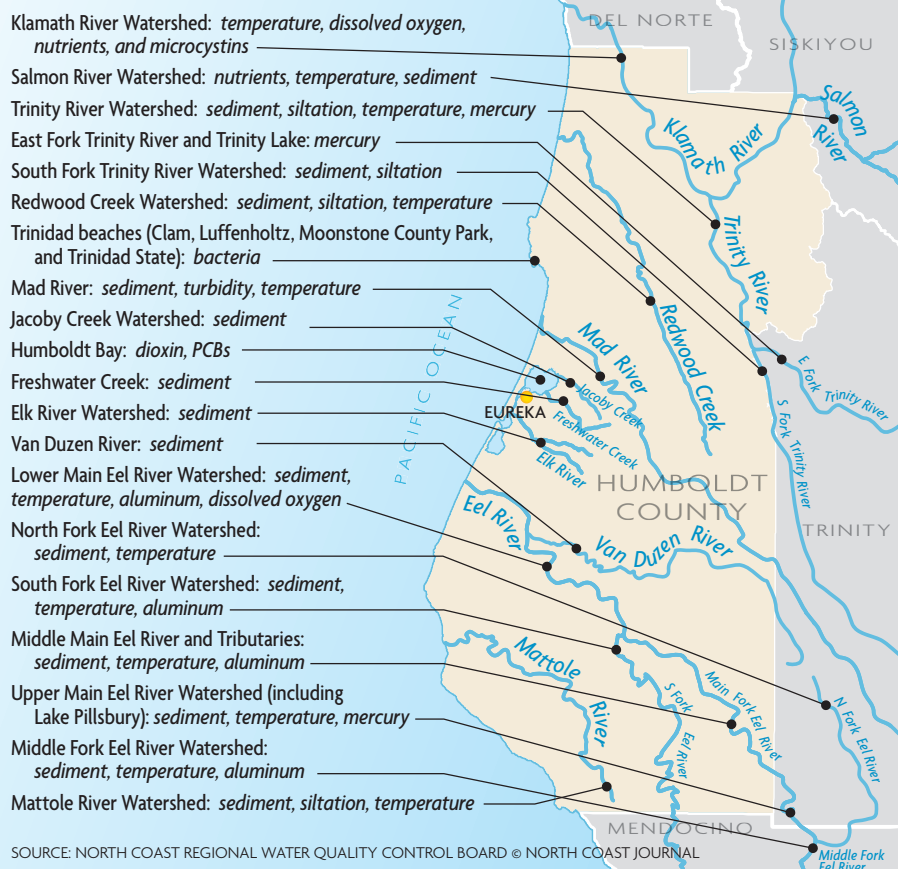
Now for our air: It's good. In fact, according to the American Lung Association, it's among the best in the country. Where we falter (slightly) is particulates, says the North Coast Unified Air Quality Management District's Brian Wilson.

"The only thing we're out of attainment for in Humboldt County is the state's PM10 standard," Wilson says.

PM10 stands for particulate matter less than 10 microns in diameter. All our tooling around on dirt (and even paved) roads, kicking up dust and spewing exhaust (specifically, diesel exhaust), adds particulates to the air. So do wood stoves, open burning and industrial operations. Oh, and sea

How's the Water?

Waters in Humboldt County and environs listed as water quality impaired under the Federal Clean Water Act.



continued on next page ▶

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ON THE COVER



KEITH BOUMA-GREGSON STANDS AT THE SOUTH FORK OF THE EEL RIVER HOLDING A ROCK COVERED WITH ALGAE. PHOTO BY JACOB SHAFER

continued from previous page

salt, adds Wilson, laughing. And all of this is picked up by the air board's monitoring stations. The air board, meanwhile, tries to help folks cut back on their polluting by offering grants to replace dirty woodstoves with cleaner burning ones, and to replace diesel buses and industrial trucks with cleaner vehicles.

And our TRI for air? According to the EPA, our main industrial air polluter in Humboldt in 2012 was Pacific Gas and Electric's Humboldt Bay Power Plant, which released 5,247 pounds of pollutants into the air. PG&E wasn't Humboldt's biggest toxic chemical polluter, however: Humboldt Creamery was, releasing 96,736 pounds of nitrates onto the land. But since 2001, says the TRI summary, toxic chemical releases have dramatically decreased in Humboldt County. Past TRIs reveal why: Evergreen Pulp Mill, on the Samoa Peninsula, which ranked high

among the top 10 polluters in the state, shut down.

— Heidi Walters

High voltage

When it comes to electricity usage, Humboldt County's a bit polarized.

Jim Zoellick, a senior research engineer at Schatz Energy Research Center in Arcata, says there are some oddities about the county's energy consumption data that point to a green elephant in the room — large-scale indoor marijuana cultivation. The county ranked 19th in the state in per-capita residential electricity consumption in 2012, with the average person using about 142 percent of the state average.

In general, Zoellick says, rural residents use more electricity than their metropolitan counterparts. The average resident in Mendocino County, for example, uses

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twice as much electricity as a counterpart in San Francisco. Zoellick says this is probably largely due to the fact that average housing units in San Francisco are smaller, with more multi-family units with shared walls and other things that cut down on heating and lighting costs. But, given

Humboldt's reputation and number of residents who put a premium on environmentally friendly living, coupled with the fact that we live in a temperate climate that doesn't necessitate electricity-gobbling air conditioners, Zoellick says the county's numbers aren't quite where one would expect them to be.

Poring through the data a few years back, the folks at Schatz Energy Research Center found that Humboldt's electricity consumption started to skyrocket in the early 2000s, shortly after the 1996 passage of the state's medical marijuana law. Diving a bit deeper into the numbers, Zoellick says researchers were able to divide the numbers into tiers. Rather than seeing a uniform, across-the-board in-

Juicing

Average annual per-capita residential electricity usage by county.

Del Norte 4,606 kwh	
Humboldt 3,422 kwh	Trinity 842 kwh
Mendocino 3,750 kwh	
San Francisco 1,785 kwh	Los Angeles 2,101 kwh

KWH = KILOWATT HOURS. SOURCE: THE CALIFORNIA ENERGY COMMISSION

dential energy use is related to marijuana," Zoellick says.

So, while the county has a host of residents constantly looking to reduce their carbon footprint — Zoellick says in 2005 Humboldt residents were 3.5 times more likely to install solar electric systems than other Californians — a small number of pot-growing users are driving up the county totals. On the bright side, Zoellick says, Humboldt's electricity comes from some relatively green places: natural gas and a hydroelectric plant. "Our grid mix here in Humboldt is very clean in terms of not being based on fossil fuels," Zoellick says, adding that the county also has some great wind and wave energy potential in the future.

— Thadeus Greenson ●

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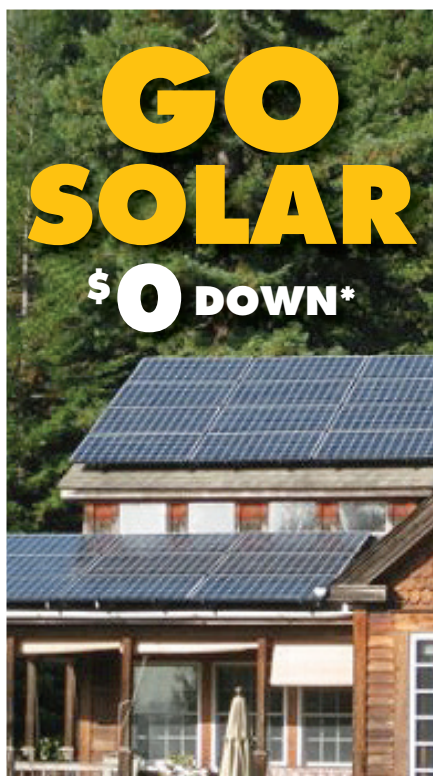
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Easy Energy Tips

By Jennifer Fumiko Cahill

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Are you carrying one light bulb from room to room? Hosing the kids off en masse in the yard? Don't let's get crazy. The folks at the Redwood Coast Energy Authority have some realistic (and fairly painless) ideas for making your home energy efficient.

Water Heating

Flush your water heater tank or heat exchanger. Do it at least once every year to reduce mineral and sediment buildup that can decrease the efficiency of your water heater. See your owner's manual for flushing instructions.

Lower your water heater temperature to 120 degrees F. This is the temperature it should be at the faucet. Redwood Coast Energy Authority can get you a hot water temperature gauge (a nifty card) to check it. Wait one day between changing the settings to allow the tank to adjust.

Space Heating

Program your thermostat to your schedule. Programmable thermostats can save energy by reducing the temperature in your home when you're away or sleeping. Set it to your lowest comfort level when you're home and 5-8° F lower when you're away.

Set your furnace thermostat 3 degrees F lower while you're home. Heat loss from your home is greater when there's a larger temperature difference between the indoors and outdoors. Simply lowering your thermostat a little bit while you're home can substantially reduce your home heating energy use. Try putting on a sweater or using a blanket before you turn up the thermostat.

Turn your furnace thermostat off or set it to 55 degrees F when you leave the house. Do this instead of leaving your thermostat set at one constant temperature. By adjusting the thermostat down or turning it off, you can save energy without affecting your comfort.

Unblock and vacuum your furnace

registers. Free-flowing furnace registers are important to maintain peak efficiency of your heating system. You should also move furniture and clutter away from your furnace registers to ensure even heating. Once a year, vacuum away build-up on registers to ensure good airflow.

Replace or clean your furnace filters.

Dirty air filters make your furnace work harder to circulate air. Maintain your filters every 3-4 months.

Lighting

Turn off the lights when you're not using them. And remind the kids.

Use task lighting instead of overhead lighting. Instead of using multiple overhead bulbs, you can use fewer bulbs directly over the area you need to see for whatever you're doing.

Plug-In Appliances

Use the sleep mode on your computer. If you must leave your computer running, hit the sleep mode on both the computer and monitor for substantial energy savings. You can set it up to sleep automatically, too.

Turn off the TV, media devices and small appliances when you're not using them. These appliances suck up energy when left on, so turn them off or use the sleep mode. Better yet ...

Unplug phantom loads (appliances with power adapters, clocks, or remotes). Phantom loads use energy even when they're off. Unplug power adapters (like cell phone chargers), devices with remotes (like TVs), and devices with clocks when you're not actually using them. Some electronics do need to remain plugged in, such as cable and satellite TV boxes, Internet routers and home network devices.

Power strips make it easy to switch off media devices and computer peripherals. Unplug your TV, DVD, game console and stereo in one move by plugging them all into a power strip. Ditto your computer monitor, speakers and printer. Make the

power strip easily accessible — get one with a long cord if necessary. Keep things that need to stay plugged in on a separate power strip.

Laundry/Bathroom

Use a clothesline or an indoor drying rack. Dryers use a lot of energy in the home. Hang your clothes outside on a clothesline, or dry your clothes on a rack indoors. This works especially well if you have a wood stove.

Use the moisture sensing setting on your dryer. Using this setting and drying fabrics of similar weight together will keep you from over-drying your clothing and wasting energy.

Wash laundry on cold water setting. Most detergents are designed to clean just as effectively using cold water. As an added benefit, clothing washed in cold water retains its color and shape better.

Kitchen

Air-dry your dishes. If your dishwasher has an air-dry setting, choose it instead of the heat-dry setting. This will instantly make your dishwasher more efficient. If there's no air-dry setting, turn the dishwasher off after its final rinse and open the door.

Set your freezer temp to 0-5 degrees F. Check your freezer temperature using a temperature card from Redwood Coast Energy Authority. A freezer that is colder than necessary is wasting energy.

Set your fridge temp to 37-40 degrees F. Still got that card? Use it to make sure your refrigerator isn't an energy drain.

Turn off the icemaker in your freezer and use ice cube trays. The icemaker adds to the electrical load of your fridge. Make ice the old-fashioned way. It still works.

Vacuum your fridge coils and give them breathing room. Your refrigerator's coils need to be kept clean to maintain efficiency. Brush or vacuum the coils annually. Leave space between the back of the fridge and the wall to allow air to circulate. ●

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DOWN AND DIRTY



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PHOTO BY GENEVIEVE SCHMIDT

Growin' Food in the 'Hood

Sturdy, low-maintenance edibles

By Genevieve Schmidt

downanddirty@northcoastjournal.com

When you think of growing your own food, chances are the first image that pops into your mind is of raised planting beds with neat rows of squishy little plants that need weeding, water and for you to talk nicely to them every time you pass by. While I can always spare a few words for an adorable Swiss chard, a newly crawling baby and a business to run mean I just don't have time to *fuss* with things.

If you're busy but love eating garden-fresh food, consider planting perennial and woody edibles, which give just as much payback, yet require almost nothing from you once they're established. Even better, perennial edibles can be tucked right into your ordinary landscape beds, and most are attractive enough to double as ornamentals.

Fruit trees. If you choose a variety that does well here and plant it in the right location, you can harvest huge quantities of food with little effort. Apples, pears, Asian pears, lemons and limes, cherries, plums and pluots, figs, loquats, persimmons and Frost peaches all do well on the North Coast. While I recommend pruning

deciduous fruit trees once per year and applying an organic dormant spray in winter, that's only strictly necessary for the first few years, as long as you don't have any pest problems.

Cornelian cherry (*Cornus mas*). While I haven't tried them, I hear the "cherries" from these 20-foot-tall dogwood trees are tart and juicy.

Native serviceberry (*Amelanchier alnifolia*). This slow-growing deciduous shrub grows to 10 feet and bears ample fruit that look and taste similar to a blueberry, yet are even higher in antioxidants. The best part is that unlike many fruiting plants, it actually prefers part shade.

Currants. I always feel so British eating currants (Ribena, wine gums, scones). Both black and red currants have a naturally upright habit that work well in the backdrop of a small landscape. Our native flowering currant produces edible berries, but they're so tart — use a great deal of sugar, or leave them for the birds.

Aronia berry. This large deciduous shrub has berries with a complex, astringent flavor that juices well or makes a brightly-flavored syrup. If you don't eat the berries, the birds will.

Native huckleberry. Our native huckleberry produces delicious fruit, although you may need an industrious young helper to do the fussy work of harvesting them. It also does beautifully in shade, even deep shade. Though the berries need sugaring, they make excellent jams, pies and syrups. Try huckleberry syrup in champagne for an elegant local cocktail.

Gooseberry. Though gooseberries aren't that tasty right off the bush, they are naturally high in pectin and make for an easy jam or jelly. They can also be used in a crumble or cake. Though the bush has a wide, low habit that can look a little unruly, its prickly stems make it the perfect unfriendly low hedge to keep dogs and people from stumbling into your garden.

Chilean guava (*Ugni molinae*). In the good old days when I worked at a nursery, these strawberry-scented berries lured people from 10 feet away. The fruit itself has a leathery skin and tastes more like an herbal gin, so while it is not something you will eat by the handful, they are fun to nibble on when you're outside.

Blueberries. Most gardens in Humboldt have naturally acidic soil, which is ideal for growing blueberries. They're one of the most productive and trouble-free fruits, and because they freeze well, you can enjoy them year-round. They are also one of the most ornamental types of shrub, with bell-shaped white flowers in spring, clusters of blue fruit, rich fall color, and attractive stems in winter.

Perennial or shrubby herbs. Our Mediterranean climate is well suited to growing rosemary, sage, oregano, thyme and lavender, all great for cooking. Rosemary, sage and oregano are the easiest to grow and last the longest without care; lavender and thyme eventually become scraggly and should be replaced every three to seven years.

Kiwi and grapes. Both types of vine are wildly vigorous and should not be planted on one of those cute little six-foot trellises; rather these are plants to use on a large, open pergola or other structure. On a 20-foot by 20-foot pergola, use no more than two vines — either two grapes, or a male and a female kiwi. Kiwis do beautifully in the mild weather on the coast, while grapes generally do better with the hot temperatures inland.

... and how to use them

Grow a living fence. Espaliered fruit trees, with branches growing in a flat pattern rather than bushing out, can be trained onto a simple fence framework to provide a green screen that is both more attractive and more productive than an

ordinary front yard fence. My most recent acquisition was an espaliered pear that has six varieties on it, but apples are a more common choice.

Swap out sissy plants for sturdy berry bushes. Every garden has at least one: the plant you had such high hopes for, but limps along pitifully — or conversely, explodes into such exuberant growth that it regularly eats its neighbors without stern intervention from you. Whatever that plant is, get off that maintenance merry-go-round and swap it out for a carefully selected berry bush instead. 'Peach Sorbet,' 'Top Hat,' and 'Jelly Bean' are all compact varieties of blueberry, while native huckleberry, Chilean guava, or aronia berry work in more spacious settings.

Don't plunk trees in the lawn. The most common mistake I see is people planting fruit trees in their lawn. Lawn roots are exceptionally thirsty and fibrous, outcompeting fruit trees, or really any plant struggling to get established. If you really must put a fruit tree in the lawn, make sure your irrigation system isn't watering the trunk (which can cause fungal issues), clear out as big a circle as possible around the base (at least a 2-foot diameter circle free of lawn and weeds) to allow the tree to get a foothold before fighting with the lawn, and don't let any errant weed whackers whip the bark off the trunk.

Give them three years of coddling. Even the hardiest plant will appreciate three years of good care to help it get established. A thick layer of mulch, applications of organic fertilizer in spring and summer, and regular deep watering during dry seasons will help your plant sink deep roots into the soil. Once your shrub is growing strong, it should be able to provide a bountiful yearly harvest with little input.

Donate your excess fruit. Unless you are avidly into canning or dehydrating, even a single apple tree often produces more than one family can reasonably eat. If that's the case for you, consider donating some of your bounty to a food bank. Here in Humboldt, Food for People accepts donations of fresh fruits and vegetables at their Eureka location on W. 14th St. It's a beautiful gift to families and seniors in our community, and saves you the guilt of raking up and composting uneaten fruit. ●

Genevieve Schmidt is a landscape designer and owns a fine landscape maintenance company in Arcata. Visit her on the web at www.GenevieveSchmidtDesign.com.



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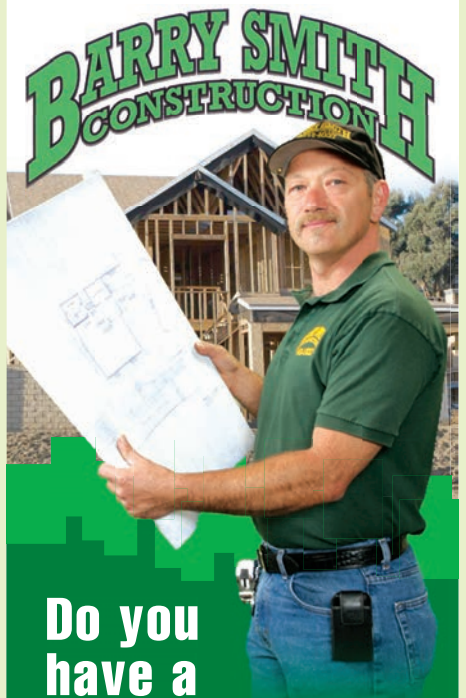


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harass otters if you encounter them."

Letting nature take its course is especially important this time of the year because spring is "baby season." Barnhill told me that it is common to find harbor seal and sea lion pups on beaches now. Almost always, they have been left temporarily while the mother is out foraging. Monte Merrick, co-director of the Humboldt Wildlife Care Center, used the example of fawns: "Mothers park their babies in grassy hiding spots and tell them to stay still." The mothers are often nearby. Give seemingly abandoned animals 24 hours before intervening (that is, calling the Humboldt Wildlife Care Center or the Northcoast Marine Mammal Center). Mal-lory Mlynarek, who has worked with injured and abandoned animals locally and nationally, noted, "Usually we do

more harm than good when we think we are helping out baby animals." Good animal etiquette also includes not trimming trees this time of year. That was the first request Merrick shared with me. Of course, it finally hit me: bird nests. And, if you are closing up holes in your foundation, make sure that you are not trapping a young family. Most den sites have been well established by now, and warm, dry crawl spaces are inviting. Don't make wild animals a nuisance by inadvertently feeding them. Secure garbage cans, keep pet food, birdseed and chicken feed inaccessible in proper storage containers and protect livestock such as chickens and ducks. Don't leave cat or dog food outside at night for your pets. Each person I spoke with also made a plea to walk dogs on leashes. Whether it's a seal pup on the beach, an injured opossum you find on your daily walk, or a baby bird on the ground, there is little good that comes from the addition of a curious dog. Merrick recounted an incident in which an unleashed dog flushed out a mountain lion in Redwood National Park and, sadly, the cougar ended up euthanized. He felt that this never would have happened had

The Northcoast Marine Mammal Center

The NMMC rescues and rehabilitates stranded, sick or injured seals, sea lions, dolphins, porpoises and whales from Mendocino to the Oregon border. The center, located in Crescent City's Beachfront Park, is also open to visitors. The hotline is 707-465-6265. www.northcoastmmc.org.

The Humboldt Wildlife Care Center

HWCC provides care for most native species of birds and small mammals, including protected and endangered wildlife. Animals that cannot be treated by HWCC are transported to other licensed rehabilitation centers. The hotline is 707-822-8839 and staffed 9 a.m. to 5 p.m. daily (9 a.m. to 7 p.m. in the summer). Leave a message after hours. The HWCC services northern Mendocino County to the Oregon border and east to Trinity County. www.humwild.org. ●

the dog been leashed.

The Audubon Society offers considerable guidance about fledgling birds found on the ground. Many species of birds such as robins, scrub jays, crows and owls leave the nest and spend several days on the ground before they can fly. This is a normal and vital part of the young birds' development. These birds are usually able to walk, hop and flap, and may attempt short flights — and they're still being cared for by their parents.

If you are concerned that a nestling fell from its nest too early, you may try and return the bird to its nest. If the nest has been destroyed or is unreachable, you can substitute a strawberry basket or small box lined with tissue and suspend it from a branch near to where you believe its nest is located.

Birds have a poor sense of smell and very strong parental instincts, which means they will usually continue caring for their young, even after human contact. However, adult birds are cautious after any type of disturbance and it may take several hours before they approach the nestling. It is essential that humans (and pets) stay away.

It's important to understand that wild animals can be dangerous. Marine animals, even the irresistible river otter, are sometimes aggressive and can inflict severe bites. And injured animals, Merrick noted, can still be very dangerous. Both Merrick and Barnhill encouraged people to call them for advice, as they are happy to do phone consultations. Some 30 to 60 injured or orphaned marine mammals are rescued annually by the Northcoast Marine Mammal Center, and somewhere in the range of 900 to 1,000 animals end up at the Humboldt Wildlife Care Center. Both centers agree, however, that these halfway homes should be a last resort.

My path often crosses with wildlife here on the North Coast. I love that. But I recognize just how important it is, for them and for me, to be content to observe but not interfere. ●

continued on next page ►

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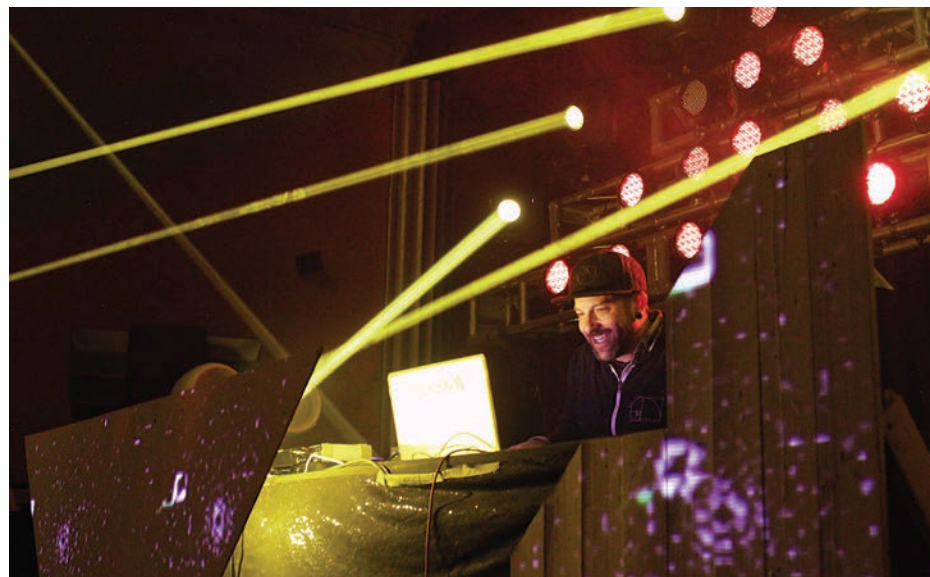


Around Humboldt County

Photos by Bob Doran

northcoastjournal.com/bobarazzi

◀ **KIRA DAVIS** PRACTICES WITH JUGGLING CLUBS AT THE 14TH ANNUAL HUMBOLDT JUGGLING FESTIVAL, WHICH RAN ALL WEEKEND AT THE ARCATA COMMUNITY CENTER.



▲ **AARON HOLSTEIN AKA VIBESQUAD**, AN ELECTRO-MUSICIAN FROM COLORADO, PLAYS BASS HEAVY CRUNKADELIC TUNES TO HELP MARK THE SIXTH ANNIVERSARY OF WORLD FAMOUS PRODUCTIONS SATURDAY NIGHT AT ARCATA THEATRE LOUNGE.

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◀ continued from previous page



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North Jetty - 9a - 12
Humboldt Coastal Nature
Center - 9:30a - 12:30p
Mad River in Blue Lake -
9a - 12

Earth Day Hoedown @
Humboldt Coastal Nature
Center - 3p - 7p; \$5 / \$10,
Free for Clean Up Volunteers

5K Nature Fun Run/Walk @
Humboldt Botanical Gardens
Registration 8:30a - 9:45a
Run starts @ 10a; \$20 adult
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Jazz Jam @ Morris Graves
Museum 2p - 4:30p

Boot Camp Beach Clean
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Humboldt Green Week celebrates Humboldt culture through music, art
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Humboldt Green Week has grown through the years to become a weeklong event featuring
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Our goal is to build bridges in our community, where we connect with our neighbors
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Arcata Theatre Lounge

www.humboldtgreenweek.com

wed 23

Arcata Community Garden Work Party - volunteers needed 11a - 2p; 11th & F

Pints for Non Profits @ Redwood Curtain Brewery benefit for Humboldt Arts Council 3p - 12a

Arcata Theatre presents Lynx, doors @ 9:30, \$12

thur 24

Family Storytime @ The Sweet Spot, Hiller Rd in McK, 6 - 7:30p

The Humboldt Hook-Up Dating Game @ Six Rivers Brewery 8p

Roots & Culture Music Thursdays @ Robert Goodman Machine Works Restaurant 9p

fri 25

Green Week 3-Course Farm to Table Menu @ The Other Place in Arcata 10% of proceeds donated. \$35/dinner; 5-10p.

Ed Rosenthal "Ask Ed" session @ Humboldt Glassblowers in Arcata Come meet the legend himself! 4-6p

Comedy & Rock Show @ Jambalaya

Free 'Try It All' class with Danielle Weems @ Essential Elements Spa Turbo Kick, TRX & Yoga Get Your Sweat On! 1639 Central Ave, McK 6 - 7p

sat 26

Growing Green 2014 Best Management Practices Workshop 11a - 5p @ Arcata Theatre Lounge; Pay what you can to benefit Mad River Alliance

Humboldt Green Week VIP Cocktail Party free for attendees of Growing Green Workshop

Humboldt Green Week Finale Show Robot Koch + Wu Wei + Naive Melodies @ Arcata Theatre, doors @ 9p (discount ticket for attendees of Growing Green Workshop)

Arcata Community Forest / Redwood Park Work Party; park @ the east end of 14th St 9a - 1p. Snacks by

4th Annual Humboldt Homebrew Festival @ Arcata Community Center; 2p - 8p, \$30

sun 27

Jammie Jog Benefit for the Bay Trail; 5K walk / jog or 1 mile jog / walk. Adults \$25, 12 & under \$5 humtrails.org for more info

Family Fun Fest @ 6R with Silver Hammer 2 - 6p; benefit for Families Advocating Autism Now

Sundaze with Deep Groove Society @ Jambalaya, doors @ 9p

LOOK FOR ME AT GREEN WEEK EVENTS





Adriana and Alex Dixon.

Murphy's Salutes Adriana's

Over at Adriana's, it's decidedly a family affair with a passion for good food. The Sunny Brae restaurant is in its second month of operation, and for residents of the Arcata neighborhood, there is finally a Mexican cuisine replacement at the old Fiesta Café spot.

"I had the opportunity," owner Adriana Dixon says. "And I decided I might as well open up my own place." Doing so reconnected Dixon with her birthplace and youth as she designed a menu to set her apart from Humboldt County's established Mexican restaurants. "Everybody's cooking is regional." Manzanillo – on Mexico's central Pacific Coast – relies heavily on seafood specialties. Her early experience came from working a small taqueria as a teenager. For Dixon, her upbringing informed how she runs her kitchen today. "I cook how my mom and grandmother taught me."

In 1994, Adriana's new husband changed

her life by bringing her to live in McKinleyville. "I spoke no English. You don't know what you're going to get into," she says about the huge change. But in short order, Dixon got up to speed ... learning the language by watching *Jeopardy* and *Wheel of Fortune* and playing Scrabble. She laughs recollecting.

Dixon soon found her love for restaurants cemented when she began working for Luzmila Garcia at the Luzmila's eateries. "After working for her, we became friends," Dixon says about Garcia. And it was Garcia who encouraged her to go after the Sunny Brae opening. "She doesn't see me as competition. She wants me to be successful with this opportunity." Dixon has had Garcia's advice, as well as that of another former employer, Kimhak Chun at Don's Donut Bar. "It's always good to take opinions from people who know more. I'm open to any advice."

But Dixon's most important assistance

came when her son Alex offered to return home to help. He had a good gig as manager of a diesel mechanic shop. But home called for the Mack High graduate. "I did everything I needed to do in Sacramento," Alex says. "It's nice to be back ... a lot of family and friends have been coming in. A lot of people have been showing support."

For Dixon, her son's cooking experience at Bon Appetit in Sacramento is an anchor. "My son is my right hand. He's better at prep than I am." For Dixon, Alex's return means more. "He's my everything. He's the one who keeps me going."

Adriana's has been quickly embraced by Sunny Brae and Dixon continues to take suggestions from diners. Beer and wine service is on its way. For the new Arcata eatery, the future looks pretty bright. "I just hope I can do a lot for the community in what we have to offer."

By Terrence McNally, Advertising,
North Coast Journal

MURPHY'S

Sunny Brae • Glendale • Trinidad • Cutten • Westwood

Trouble on the Line

Droning dads and tiring texts

By Jessica McGuinty

heymcguinty@northcoastjournal.com



Even more McGuinty advice is online at northcoastjournal.com

Hey McGuinty!

My father and I used to be pretty close. We would talk on the phone every week about family, life, career and stuff going on in the world and in each other's lives.

This has changed in the last couple of years, and he's kind of a douche lately. All he does is talk about himself — specifically this house he is building. It's exciting and I am happy for him, but it's not interesting enough to talk about exclusively. If I awkwardly try to change the subject, he entertains it for about 30 seconds and then switches back to his project. Also, he never expresses any interest in my life. It is getting to the point where I avoid visits to his house, and we certainly aren't that close anymore. How do you politely tell someone that they shouldn't talk about themselves all the time? My dad isn't so great with subtle hints.

— Missing Dad

MISSING DAD!

This is trickier than some other family drama, as it doesn't sound like your dad's infractions are enough for you to write him off for good. You just want more equal give and take in the relationship, which is reasonable.

Sometimes parents who've finished raising their kids don't even realize that moving on from afterschool soccer drop-offs and Saturday morning sleepover pick-ups has resulted in a broader pulling away from their kids' interests. Your dad may be reclaiming his own space, but you're feeling like it's gone too far. Clearly it has, if it's making you not want to visit or even talk to him much. You don't want to lose your relationship with your dad over this, and it sounds like he's too wrapped up in his own stuff to even realize it's happening.

You said your dad doesn't get subtle hints, so you'll have to go with the non-subtle option. Being upfront doesn't mean being rude, it just means making yourself heard. I'm all for that approach.

How about this? "Dad, I'm really glad that your house has been so gratifying for

you, and after raising us you certainly deserve it. It feels like that's all we ever talk about though, and I need you to know that I feel like you're less interested in my life. I know that if I felt like someone else was disrespecting me, you would want me to speak up. So I'm speaking up here. I love you and don't want this to hurt our relationship, but I need you to know how I feel. Can we find some middle ground where we're both interested in each other's lives again?"

Give that a shot and hope that he's mature enough to hear you. If he continues the pattern, you may decide to pull back further, but my guess is that would be temporary. I trust he truly is more interested in you than his house and just needs some help to shift the balance of his attention.

Hey McGuinty!

I use my phone for just about everything other than making my morning coffee. (Is there an app for that?) I use it as my alarm feature, so it's always by my bed when I sleep. Recently, more and more friends are texting very late or very early. These aren't texts with life-altering information or anything that can't wait until a more civil hour. This wakes me up and pisses me off. It's not just one offender, but several. How would you suggest fixing this?

— Tired From Texts

TIRED!

I'm with you. I do wish we could all agree on some etiquette for which forms of communication are appropriate at different times of day, but given how everybody has different alerts for everything, it's unlikely. Some people get an alert on their phone every time CNN posts something; others have one for every email that comes in. Personally, I'd prefer that email be used after hours and that texting be regarded more like a phone call. If you wouldn't call someone at that time, consider waiting on texting. It's doubtful that's realistic though, and again, if someone's phone buzzes with each email, it's a flawed system anyway.

Lots of phones have a "do not disturb" feature that prevents calls or texts but allows the alarm to work. Hopefully yours does. If it's a big enough issue for you, maybe upgrading your phone to get the feature is your best bet. You could also opt for a separate alarm clock and charge your phone in another room.

I get that you probably don't think you should have to jump through hoops to avoid being disturbed in the middle of the night, but it's really up to us to make our phones work how we want them to, rather than expecting others to adjust their behavior to suit all of their friends' needs. We've created a world where everyone is (seemingly) available at a moment's notice and now we have to suffer and adjust to the consequences. ●

Jessica McGuinty, founder of *Jessicurl* and master of the joyful laugh, doesn't really think she has all the answers — but she'll give it a try. Write her at heymcguinty@northcoastjournal.com.



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Ask: heymcguinty@northcoastjournal.com

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JESSICA SWANLUND'S SEA-MISTED "MOTHER ROCK" AND OTHER PHOTOGRAPHS ARE AT CURVES THIS WEEK.

McKINLEYVILLE ARTS NIGHT

**Third Friday McKinleyville Arts Night
April 18, 6-8 p.m.**

is presented by members of the McKinleyville business community and is open for all McKinleyville businesses to display the work of local artists. Receptions for artists, exhibits and/or performances are from 6-8 p.m. on the third Friday of each month. Call (707) 834-6460 or visit www.mckinleyvilleartsnight.com for more information.

- 1) **CALIFORNIA REDWOOD COAST AIRPORT** 3561 Boeing Ave. "Street Art," works by Thomas "Sonny Wong" Atwood, Christopher Dmisse, Eric Furman, Sam Kagan and Ananda Oliveri.
- 2) **SILVER LINING** 3561 Boeing Ave., #D (at the California Redwood Coast Airport). Art and wood-working by McKinleyville Middle School students. Music by JD Jeffries.
- 3) **MCKINLEYVILLE HIGH SCHOOL** 1300 Murray Rd., in the Library. Pastels on the Quad: Earth-related pastels by students. Community members of all ages are invited to add to the pastel drawings and enjoy the open ceramics lab and refreshments.
- 4) **STORK'S NEST** McKinleyville Shopping Center. Villados Photography.
- 5) **MCKINLEYVILLE FAMILY RESOURCE CENTER** 1450 Hiller Road. A night of art and fun for all ages with special activities from 6:30-7:30 p.m. April's theme is "Spring Flavors."
- 6) **BLAKE'S BOOKS** 2005 Central Ave. Tina Gleave, textile art.



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- 7) **CHURCH OF THE JOYFUL HEALER** 1944 Central Ave. Margaret Kellermann, paintings; Howdy Emerson, paintings. Live music by the artists, guitar and harp.
- 8) **CURVES** Miller Business Park. Jessica Swanlund, photographs.

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IN THE GALLERY WITH JUSTINE SMITH AND STUDENT KAYLA TEMPLETON. PHOTO BY KEN WEIDERMAN

eARTh Week Outreach

McKinleyville High arts program hits the pavement

By Ken Weiderman

artbeat@northcoastjournal.com

Like ants, they're crawling all over the concrete. On hands and knees, small groups of students congregate here and there while others strike out on their own. Brightly colored chunks of dusty pastel smudge their fingers with pinks, yellows, and greens.. It's Earth Week, and McKinleyville High School's quad has a festival atmosphere in anticipation of Pastels on the Quad and McKinleyville Arts Night.

Friday, after a week of eco-conscious art activities, like "toon bombing" recycling bins with googly eyes and holding a school-wide Earth fair, Mack Arts will cover the quad with environmental images in conjunction with McKinleyville Arts Night. Artistic skills literally hit the pavement, bridging the gap between the adolescent haven of a high school campus and the town that supports and stocks it — an appropriate metaphor for art teacher Justine Smith's goal of integrating fine arts education with community engagement. (Full disclosure: I'm a former employee of McKinleyville High School).

In an era of budget cuts, you might assume that school arts programs are contracting — victims of a myopic focus on core subjects like math and language

arts. While this may be true to some extent, Smith's recent endeavors to connect community and classroom are a startling reversal of this trend. By publicly promoting the accomplishments of her students she's not only giving them real-world marketing skills, she's also building critical ties with local families and businesses. Pastels on the Quad is the latest example of Smith's new focus on outreach.

For weeks now, every student in Smith's Fine Arts class has created, individually or in groups, an environmentally themed drawing for the event. On Friday, along with other classes, their drawings will be created anew on the coarse concrete of the school quad. That evening families are invited to see the results and create drawings of their own. Professional-quality displays of student art will be set up in adjoining rooms to show off the other two and three-dimensional pieces students have been creating. Down the hall, Jim Hannon will host an open ceramics lab for anyone who wants to try his or her hand at throwing a pot.

It may seem that this type of community involvement comes naturally to a teacher, but for Smith, it hasn't always been this way. "I have a tendency to get

tunnel vision — never getting out of my classroom," she says. "So in order to make these community events happen, [I] have to get out and talk to people in the community!"

Whether it's hitting up local businesses to show student art or going to meetings with the McKinleyville Parks and Recreation board, Smith has had to learn to widen her social and educational circles for the benefit of her students and community. She is now in her 13th year as the fine arts teacher at McKinleyville High, but the first decade or so was narrowly focused on classroom curriculum and planning. Smith admits to being a control freak, but realizes, "that's not what the students need! Why not let them have a hand in planning things out and learning these things?" After all, it's their community.

So why not bring the community into the school? For the past two school years, Smith has been steadily increasing her school's involvement in McKinleyville Arts Night. What began as poorly attended, hastily assembled shows in the cafeteria have blossomed into cross-disciplinary, multi-generational events that showcase the skills of MHS students. For the art class in particular, students not only present their newest visual achievements, but develop and run family arts events. From graffiti name drawings to shadow puppets, students derive lessons from Smith's curriculum and teach them to siblings, adults and anyone else lucky enough to show up.

Arts Night events have had a three-fold increase in attendees over the past year, and Smith is understandably proud of her students and their outreach to the community. "Now we are starting to see people come in who have no relationship to the school ... yet!" she says. "It's a great thing to do on a Friday night with younger children."

Speaking about her students, and echoing her own growth as a teacher, she says, "Just because you've never tried something doesn't mean that you shouldn't, and that you can't develop skills in that area." With each passing month, Smith is handing more of the responsibilities for promoting and running Arts Night to the students. And they're eating it up. It's Smith's hope that even those students who don't plan to pursue art careers are inspired to live life more creatively. That, beams Smith, is the ultimate goal. You can stop by McKinleyville High School on Friday, April 18 from 6-8 p.m. to see the wonders of Earth Week. Bring the kids, make some pastel drawings, and take a small part in creating a global, active and caring community. ●

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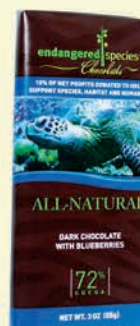
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PHOTO BY FREDERIC DIEKMEYER

Life is Like a Box of Produce

Partnering with farmers
through CSAs

By **Simona Carini**

tabletalk@northcoastjournal.com

“What’s in the box?” I wonder, my excitement escalating as I get ready to open it.

One week, the first Sun Gold cherry tomatoes of the season beam at me from their basket. Another week, the first sweet peppers show up glowing like lamps. Every week, the assortment of fresh produce in the community-supported agriculture (CSA) box reminds me of beloved recipes and inspires me to create new ones. As an avid consumer of vegetables, I don’t need special prodding to eat more of that food group, but joining a CSA has introduced me to some vegetables I didn’t know well, like turnips and their greens.

In a nutshell, a CSA subscriber (also called shareholder) pays the farmer early in the season, then, during it, he or she receives a weekly share of farm products by delivery or picked-up at the farm. The cost (\$20-\$25 per week), payment schedule, number of weeks (21-36) and selection of produce all vary by CSA. While the farmer knows what he or she has planted, what will be available (and when) is subject to the weather, which may make things ripe earlier or later than expected, grant an abundant crop or deny it. Hence, each box is a surprise.

The excitement of opening the boxes takes me back to childhood summer vacations spent in my father’s native village north of Rome. A farmer would sometimes deliver a wicker basket to the house. One day it contained green and black figs. The skin of the ripest ones,

slightly cracked, revealed a glimpse of red pulp. Another day it held peaches, their downy skin enveloping yellow or white flesh, whose heady perfume signaled the height of summer. A tomato or two could be nestled in a corner of the basket. My mother would slice one and add it to the dinner salad or my father would use it to prepare *panzanella*, his favorite summer breakfast (see “Panzanella — A Father’s Recipe for Stale Bread,” Aug. 9, 2007), or I would claim it for myself.

A number of farmers in Humboldt County have adopted the CSA model, which brings together farmers and community in a partnership that involves a direct, personal relationship. Ed Cohen of Earthly Edibles describes it saying, “The CSA model, community members investing in their local farms at the onset of the season, when many of us are financially challenged, and we in return providing them with the freshest produce at near whole-

Each CSA has its own characteristics: types of produce grown, length of the season, price, pick-up options and hours. Below is a list of farms offering shares in the upcoming season.

For a complete list of farm web links, visit northcoastjournal.com/humboldtCSA

City of Arcata’s Bayside Park Farm
Jayme Buckley, 822-7091
[City of Arcata Recreation Division]

Deep Seeded Community Farm
Eddie Tanner, 825-8033

Earthly Edibles Organic Family Farm
Ed Cohen, 502-5833

Luna Farm
Frederic Diekmeyer,
farmfred@gmail.com

Organic Matters Ranch
Sara Mosser, (951) 204-4244

Redwood Roots Farm
Janet Czarnecki, 826-0261

Shakefork Community Farm
Kevin and Melanie Cunningham,
498-3546

Valley Flower Vegetables
Bill Fales, 786-9827
valleyflower@frontiernet.net

sale price, is perhaps the most intimate relationship a farmer could have with the community.” And Janet Czarnecki of Redwood Roots Farm says she loves “seeing everyone every week, getting to know them, them getting to know each other, watching the kids grow up. The human connection. All in all, the CSA model fits what is most important to me in life: relationships.”

What I have carried with me in the years between figs in a wicker basket and cherry tomatoes in a cardboard box is the connection with the farmers growing the food I eat. It’s the childhood memory of holding a tomato in my fingers, inhaling deeply with my nose close to its skin and eating it in ardent bites, drops of juice escaping from my cupped hands onto my once clean T-shirt. ●

Simona Carini also writes about her adventures in the kitchen on her blog, www.pulcetta.com.

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venue	thur 4/17	fri 4/18	sat 4/19	sun 4/20	m-t-w 4/21-23
THE ALIBI 744 Ninth St., Arcata 822-3731		Predatory Light, Golden Raven (metal) 11pm \$5	CV, Ancient Warlocks (rock) 11pm \$5		
ARCATA PLAYHOUSE 1251 Ninth St., 822-1575		Swami Beyondananda (comedy) 6pm \$25, \$20	<i>Look Up</i> (film) 5pm \$5	Taarka (string band) 8pm \$12	
ARCATA THEATRE LOUNGE 1036 G St., 822-1220		<i>Fear and Loathing in Las Vegas</i> (film) 7:30pm \$5	Random Acts of Comedy (improv) 7:30pm \$6 DJpt (EDM) 8:15pm Price TBA	Kastle, Gladkill, Sugarpill, Toters (EDM) 9:30pm \$15 Jazz Night 7pm Free	[W] Lynx (folktronica) 9:30pm \$12, \$10 [M] Quiz Night 7pm Free
BLONDIES 822-3453 420 E. California Ave., Arcata	Open Mic 7pm Free				
BLUE LAKE CASINO WAVE LOUNGE 777 Casino Way, 668-9770	Karaoke w/KJ Leonard 8pm Free	All Fired Up (rock) 9pm Free	NightHawk (dance) 9pm Free	Karaoke w/KJ Leonard 8pm Free	
CAFE MOKKA 495 J St., Arcata 822-2228			Mon Petit Chou (French-Canadian) 8pm Free		
CENTRAL STATION 839-2013 1631 Central Ave., McKinleyville	Karaoke w/DJ Marv 9pm Free	Taxi (rock/country) 9pm Free			
CHER-AE HEIGHTS CASINO FIREWATER LOUNGE 27 Scenic Drive, Trinidad 677-3611	S.I.N. & Service w/Accurate Productions DJs 9pm Free	Dr. Squid (dance hits) 9pm Free	Dr. Squid (dance hits) 9pm Free	Karaoke w/Chris Clay 8pm Free	[T] Karaoke w/Chris Clay 8pm Free
CLAM BEACH INN 839-0545 4611 Central Ave., McKinleyville					[W] Blues Explosion (open jam) 8:30pm Free
CRUSH 1101 H St. #3, Arcata 825-0390					[T] Game Night 5pm Free
THE FORKS (530) 629-2679 38998 Hwy 299, Willow Creek	Jimi Jeff's Open Jam 8:30pm			Naganaga (new wave) 1pm Free	
HUMBOLDT BREWS 856 10th St., Arcata 826-2739	Prezident Brown (DJ) 9:30pm \$20	Soul Night (DJs) 9pm \$5	Shook Twins (indie folk) 9pm \$15		[W] Zach Deputy (R&B/Soul) 9pm \$15
HUMBOLDT STATE UNIVERSITY 1 Harpst St., Arcata 826-3928	Humboldt Film Festival (documentaries) 7pm \$8, \$5, \$3	Humboldt Film Festival (narratives) 7pm \$8, \$5, \$3	Humboldt Film Festival (best of fest) 7pm \$8, \$5, \$3	Cannabis vs. Climate Change (lecture) 4pm Free	[T] <i>Chasing Ice</i> (film) 7pm \$5
JAMBALAYA 915 H St., Arcata 822-4766	Pleasure Drones (electro-funk) 10pm \$10	Sila Mutungi (funk/Afrobeat) 10pm \$10	HomeWord Flight (open mic) 7pm Free; Syngry (reggae) 9pm Price TBA	DGS Sundaze (EDM DJs) 9pm \$5	[M] The Getdown (local funk) 9pm [T] Jesse Hett, Anthony Sandoval (comedy) 9pm \$5 [W] The Whomp (EDM) 9pm [W] Aber Miller (folk) 6pm Free
LARRUPIN 822-4766 1658 Patricks Point Drive, Trinidad					

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LIBATION 761 Eighth St., Arcata 825-7596	Claire Bent (jazz vocals) 7pm Free	Brian Post and Susie Laraine (jazz) 7pm Free	Jim Silva (guitar) 7pm Free		[T] Buddy Reed (blues) 7pm Free
LIGHTHOUSE GRILL 677-0077 355 Main St., Trinidad				Joe Garceau (folk) 5pm Free	
LOGGER BAR 668-5000 510 Railroad Ave., Blue Lake	PonyKiller (psyche) 9pm Free	Kindred Spirits (bluegrass) 9pm Free	Disco Dance Party! 9pm Free	Potluck (food)/Egg Hunt 6pm Free	
MAD RIVER BREWERY 668-5680 101 Taylor Way, Blue Lake	Compost Mountain Boys (bluegrass) 6pm Free	Flock of Foreigners (eclectic) 6pm Free			[M] DJ ItchieFingaz 6pm Free
MERRYMAN'S BEACH HOUSE 100 Moonstone Beach Road, Trinidad 616-6711			Green Week Silent Disco: Buku, Cacao, et al. (DJs) 5pm \$25 Bradley Dean (rock/country) 4pm Free		
MOSGO'S 826-1195 2461 Alliance Road, Arcata					[M] Dancehall Mondayz w/Rude Lion 9pm \$5
OCEAN GROVE 677-3543 480 Patrick's Pt. Dr., Trinidad					
PORTUGUESE HALL 822-9521 1185 11th St. Arcata			The House Party (live bands, DJs) 8:30pm \$15		
REDWOOD CURTAIN BREW 550 South G St. #6, Arcata 826-7222	Lemon Lemon Cherry (folk) 8pm Free	No Covers (jazz) 8pm Free	Deborah Crooks (Americana) 8pm Free		[W] Pints for Non-Profits (Humboldt Art Council) All Day
ROBERT GOODMAN WINES 937 10th St., Arcata 826-WINE	Roots & Culture Reggae 9pm Free	DJ Benjamin Andres 10pm Free	La Musique Diabolique (jazz) 9pm Free		[W] Salsa! (lessons + dance) 9pm \$5
SIDELINES 732 Ninth St., Arcata 822-0919	Rude Lion Sound (DJ) 10pm \$2	DJ Music 10pm \$2	Sidelines Saturdays w/Rude Lion 10pm \$2		
SILVER LINING 839-0304 3561 Boeing Ave., McKinleyville			Good & Evil Twins Karaoke 8pm Free		[T] Good & Evil Twins Karaoke 8pm Free
SIX RIVERS BREWERY Central Ave., McK 839-7580	PressureAny (DJs) 9pm Free		UFO8 (rock) 9pm Free	Trivia Night 8pm Free	[M] Karaoke w/DJ Marv 8pm Free [T] Sunny Brae Jazz 7:30pm Free [M] Aber Miller (folk) 6pm Free
SUSHI SPOT 839-1222 1552 City Center Road, McK.					[W] Reggae Wednesdayz w/Rude Lion 10pm Free
TOBY & JACKS 764 Ninth St., Arcata 822-4198		DJ Itchie Fingaz (glitch/hip-hop) 9pm Free	DJ Music 10pm Free		
WESTHAVEN CENTER FOR THE ARTS 677-9493 501 S. Westhaven Drive, Westhaven		Jazz and Blues Series 7pm Free			

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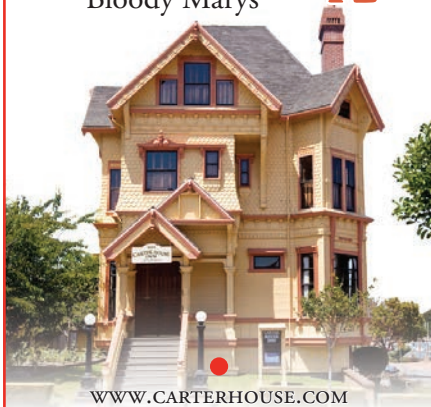


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BEAR RIVER CASINO 733-9644 11 Bear Paws Way, Loleta	Karaoke w/Chris Clay 8pm Free	The 707 Band (rock) 9pm Free	The Roadmasters (country) 9pm Free	Accurate Productions (DJs) 8pm Free	
CECIL'S BISTRO 923-7007 773 Redwood Drive, Garberville		Joani Rose and friends (jazz) 7:30pm Free			
CHAPALA CAFÉ 201 Second St., Eureka 443-9514		The Tumbleweeds (cowboy) 6-8pm Free	The Tumbleweeds (cowboy) 6-8pm Free		
CUTTEN INN 445-9217 3980 Walnut Drive, Eureka					[T] Dale Winget (acoustic) 6pm Free [M] Whatever Forever (DJs) 8pm Free [T] Cards Against Humboldt (game) 8pm Free [W] Vinyl Vend Days 9pm Free
EUREKA INN PALM LOUNGE 518 Seventh St. 497-6093	'90s Night 9pm Free	PressureAny Shuffle Party (DJs) 9pm Free	Gunsafe, The Plumb Ugliers (alt. folk) 9pm Free		
EUREKA THEATER 612 F St., 845-8795				Melvin Seals & Jerry Garcia Band (funk/rock) 8pm \$30	
GALLAGHER'S IRISH PUB 139 Second St., Eureka 442-1177	Seabury Gould and Evan Morden (Irish) 7pm Free	Papa Paul (folk) 7pm Free	Soulful Sidekicks (folk) 6pm Free		
INK ANNEX 442-8413 47B w. Third St., Eureka		Sioux Falls, Blood Orphans, et al. (punk/metal) 7pm \$7			
MATEEL COMMUNITY CTR. 59 Rusk Lane, Redway 923-3368			Fire Fusion 420 (DJs/bands/ dance) 1pm \$35		
MORRIS GRAVES MUSEUM OF ART 636 F St., Eureka 442-0278			Jazz Jam w/No Covers & Friends 2pm		
OLD TOWN COFFEE & CHOC. 211 F St., Eureka 445-8600					[W] Open Mic w/Mike Anderson 7pm Free
PEARL LOUNGE 507 Second St., Eureka 444-2017		JSun (DJ) 10pm Free	PressureAny Fuego Anniversary Party w/DJ Sep 10pm Free		

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venue	thur 4/17	fri 4/18	sat 4/19	sun 4/20	m-t-w 4/21-23
THE PLAYROOM 11109 Main St, Fortuna 725-5438					[T] Karaoke w/DJ Marv 9pm Free
PERSIMMONS GALLERY 1055 Redway Drive, Redway 923-2748	Frank Lucky (rock) 7pm Free	Dallas Burrow, David Gideon (Americana) 7pm Free			
RED LION HOTEL R.J. GRIN'S LOUNGE 1929 Fourth St., Eureka 445-0844			Karaoke w/Chris Clay 9pm Free, 21+		
SCOTIA INN PUB 764-5338 100 Main St., Scotia		Cory Goldman & Raising Grain (bluegrass) 6pm Free	Dale 6pm Free		
SHAMUS T BONES 407-3550 191 Truesdale St., Eureka	Kenny Ray & the Mighty Rovers (country) 7pm Free				
THE SHANTY 444-2053 213 Third St., Eureka				Swan Sunday (eclectic and request) 8:30pm Free	
THE SIREN'S SONG TAVERN 325 Second St., Eureka 442-8778	Sailors and Mermaids SRPP benefit (DJs) 6pm Free	Stand Up! Comedy 8pm Free The HiLL 10pm Free	Tease w/ONHELL, Wrye, Cacao (DJs/bands) 9pm \$10		[M] Anna and the Underbelly w/ Jeffrey Martin (folk) 8pm Free [T] Signals (metal/DJs) 8pm Free
THE SPEAKEASY 411 Opera Alley, Eureka 444-2244					[T] The Opera Alley Cats (jazz) 7:30pm Free [W] No Covers and USGGO (jazz duo) 7:30pm Free

PHOTO
COURTESY OF
THE ARTIST



WHO: Lynx
WHEN: Wednesday, April 23 at 10:30 p.m.
WHERE: Arcata Theatre Lounge
TICKETS: \$12, \$10 advance

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Go See Sila

Plus the Prez, Drones, fire, sparks and doom metal

By Jennifer Savage

thesetlist@northcoastjournal.com

Drop everything

Usually we like to offer you a buffet of musical options, letting you choose according to your tastes, needs and desires. This week continues that tradition — but if we were to choose One Show You Must Go To, it would be Sila at the Jambalaya Friday night. The Kenyan-born artist shimmers, pulses and throbs his way through American pop, R&B, soul, and funk, all flavored with a serious dose of Afropop. World music DJ and *Journal* advice columnist Jess McGuinty says, “He’s amazing! You’ll love it! I promise!” Tickets are \$10, show starts at 10 p.m. and is 21-and-over.

Thursday: Roots, reggae, reality

Reggae star **Prezident Brown** brings his version of the new roots and reality consciousness reggae to Humboldt Brews. While scrolling through his online press kit for a photo, the band’s rider popped up. In case you’re wondering what the man and his band require, their needs are relatively basic: a case of water (Note: Can’t we get beyond bottled water, people?), a bottle of merlot, a case of Heineken/Guinness, a dozen hand towels, 12 assorted soft drinks including natural sodas and organic juices, Throatcoat and mint teas, coffee, assorted vegetarian sandwiches and a bag of tortilla chips with



WHO: Sila

WHEN: Friday, April 18 at 10 p.m.

WHERE: The Jambalaya

TICKETS: \$10

fresh salsa. A stance against fast food or pizza is about as difficult as it gets. No green M&M clauses here. But there’s a glimmer of backstory near the end: “Purchaser shall have a representative familiar with this contract, who is of sound mental condition, who is also in a position to make decisions regarding this contract on site from load in time until Artist has loaded out.” Ah, “sound” and sober. A lesson

likely learned from experience — and a lesson we can all take to heart. Decisions. If only other aspects of life required they be made by the sound and sober among us.

Tickets for Prezident Brown are \$15 advance, \$20 at the door. Show starts at 9:30 p.m. and is 21-and-over.

Thursday: Good drones

Around the corner at the Jambalaya, a collective known as **Pleasure Drones** and featuring **Will Bernard**, **Jeff Hanley** and **Eric Kalb** arrives from Brooklyn’s Greenpoint neighborhood to deliver a modern take on classic funk and R&B. Scanning through the list of people they’ve played with, together and individually, is like reading a *Who’s Who* of the reggae, jazz and funk worlds — helluva lot of talent going on here. The Pleasure Drones gig is \$10, showtime at 10 p.m., 21-and-over.

Friday and Saturday: Rock out at the ‘bi

Hey, it’s a double-whammy heavy sounds fix with New Mexico’s doom/black metalists **Predatory Light**, plus the interstellar noise of **Golden Raven** at the Alibi on Friday, followed by Humboldt cosmic rockers **CV** playing with Seattle stoner rockers **Ancient Warlocks** on Saturday. Do you like seductive, powerful riffs? Do you enjoy feeling music reverberate through

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your body? Do you ever experience a twinge of nostalgia for those hot desert nights making out in the back of your '67 Mustang while the Kyuss cassette spun out in the front? Or maybe you're just a guy who likes to rock? Then you will enjoy Ancient Warlocks.

Both shows come with the usual \$5 cover, 11 p.m. start time and are for legal drinking-age folk only.

Saturday: 'Fuego'

DJs **Pressure Anya** celebrate the one year anniversary of their monthly party "Fuego" at the Pearl Lounge. The night features a mix of tropical sounds including Latino beats, Jamaican riddims and modern bass music. For this celebration, they're bringing up **DJ Sep** from San Francisco's Dub Mission, which was voted Bay Area's Best Reggae Club by *SF Bay Guardian* readers. Sep started out on Bay Area radio at college radio station KUSF and later at Berkeley's public radio station, KPFA. She's the co-compiler (with producer Shockman) of *Babylon Is Ours: The USA in Dub*, a collection of all-exclusive American dub tracks and has a bunch of other notable credits to her name. It's a free, 21-and-over dance party at 10 p.m.

Saturday: Shook action

The much-adored **Shook Twins** perform at Humboldt Brews in support of

their forthcoming album, *What We Do*, produced by Grammy Award-nominated producer Ryan Hadlock (The Lumineers, Fleet Foxes). Best known for reshaping the American roots genre through a distinctive indie-folk songcraft — lush harmonies, foot-stomping gospel and unexpected grooviness — the music of Shook Twins seeks to balance a delicate vulnerability with scorching positivity. 9 p.m., \$15.

Saturday: Sparking up

Speaking of scorching, **Circus of the Elements** presents the third annual "Fire Fusion 420" — oh yeah, Sunday is 4/20 — at the Mateel Community Center. Featuring three stages of live music, artists and performances with MC John McClurg, this all-day includes **The Nadis Warriors**, **Rooster McClintock**, **DJ Itchie Fingaz**, **Likwefi**, **Guns n Barrels**, **T-Hawk**, **Midnight Flock**, **Smoke n Mirrors**, **Mad River Rounders** and more, plus a slew of burlesque, aerial and belly dancing performers, and — true to the name — a fire show by Circus of the Elements. Tickets for the 1 p.m. event are \$25 pre-sale, \$35 at the gate. You need to have an ID proving you are at least 18 years of age.

Sunday: Strings sublime

That genre of music popularized by the great Django Reinhardt has been the subject of some debate over how it's

commonly referenced. Is "gypsy jazz" a racial pejorative? My brief research yielded neither a clear answer nor cause to stop use of the phrase, so I'll go with it for now.

Self-described "Americana meets gypsy jazz" band **Taarka** performs at the Arcata Playhouse at 8 p.m. Led by the husband-and-wife team of **David Pelta-Tiller** (mandolin, tenor guitar, vocals) and **Enion Pelta-Tiller** (five-string violin, vocals), the band's sound speaks to influences ranging from Western and Eastern folk traditions to jazz, rock, bluegrass, old-time, gypsy, Indian and Celtic music all in a string band setting. Tickets are \$15 general, \$13 Humboldt Folklife and Playhouse members and are available at Wildberries, Wildwood Music or 822-1575.

Wednesday: Bump beats

Finally, a Wednesday night dance party treat. **Lynx**, a singer-songwriter, multi-instrumentalist, beat-boxer and producer from the Bay Area lands at the Arcata Theatre Lounge. Lynx has played at Coachella,



PHOTO
COURTESY OF
THE ARTIST

WHO: Taarka **WHEN:** Sunday, April 20 at 9 p.m.

WHERE: Arcata Playhouse **TICKETS:** \$15, \$13 members

Austin City Limits festival, BOOM festival, and collaborated with Matisyahu, Beats Antique, John Popper, Bassnectar and more. Lynx's music combines elements from multiple genres including electronica, folk and indie pop. Cost is \$10 advance, \$12 at the door. The show is 21-and-over and starts at 9:30 p.m.

Etc.

Full show listings in the *Journal's* Music and More grid, the Eight Days a Week calendar and online. Bands and promoters, send your gig info, preferably with a high-res photo or two, to music@northcoastjournal.com ●

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Can't decide what to do? How about everything at once? **Fire Fusion 420** on **Saturday, April 19** at **1 p.m.** at the **Mateel Community Center** is a smorgasbord of DJs, bands, people swinging around on aerial silks, undulations of the belly dance and burlesque varieties, and of course some fire, courtesy of Circus of the Elements (\$35, \$25 advance).



The only thing better than reading about Alice's tea party with the Mad Hatter is being in it. Sip a cuppa, have a nibble with Shoshanna and enjoy a performance of "Wonderfully Mad Curiosities" by HSU dancers in Wonderland costumes at **Redwood Raks' Mad Hatter's Tea Party** on **Saturday, April 19** at **3:15 p.m.** (\$8, \$12 adult plus child, \$5 each additional child).



No place to wear that shell bra or captain's hat? Feel like your life could be more, well, Disney? Make waves at the **Sailors and Mermaids pint night** at the **Siren's Song Tavern** on **Thursday, April 17** at **6 p.m.** (free entry). Shake your fish tail to the DJ music and raise funds for Six Rivers Planned Parenthood.

ARCATA

8 DAYS A WEEK

17 thursday

ART

Art for Teens. 4:30-6 p.m. Fortuna United Methodist Church, 922 N St. Drawing, painting, mixed-media, sculpting and more. Free.

Art Reception. 5 p.m. Goudi'ni Native American Arts Gallery, Humboldt State University, Arcata. The traveling exhibit "Seaweed, Salmon, and Manzanita Cider: A California Indian Feast" runs through May 8. Free.

Volunteer Training. 6:30 p.m. SCRAP Humboldt, 101 H St. Suite D, Arcata. Learn to help out in our reuse shop, workshop space, at events and more. Free. volunteer@scraphumboldt.org. scraphumboldt.org. 822-2452.

LECTURE

Future Perfect. 4:15 p.m. College of the Redwoods, 7351 Tompkins Hill Road, Eureka. "Time Capsules in Reagan Country" is an art, history and political science project by Daniel Tucker, a Chicago-based artist. Free. cindy-hooper@redwoods.edu. redwoods.edu. 476-4118.

The Ghost Forest. 5:30 p.m. Kate Buchanan Room, Humboldt State University, Arcata. Author and activist Greg King describes the history and the ancient redwood ecosystem and what must be done to protect it. Free.

Our Pathways to Health. 1:30 p.m. Grace Good Shepherd Church, 1450 Hiller Rd, McKinleyville. A resource for individuals with long-term health conditions to manage their symptoms and learn to partner with their provider. RSVP. Free. 445-2806.

MOVIES

Humboldt Film Festival. 7 p.m. Van Duzer Theatre, Humboldt State University, Arcata. Original films from all over the world, including documentaries on Thursday, narratives on Friday and Best of the Fest on Saturday. \$20 festival pass, \$8 general, \$5 students and seniors, \$3 HSU students.

MUSIC

Humboldt Ukulele Group. Third Thursday of every

month, 5:30 p.m. Arcata Community Center, 321 Dr. Martin Luther King Jr. Parkway. A casual gathering of ukulele strummers who have fun and play together for a couple of hours. Beginners welcome and you won't remain one long! \$3. dsanderl@arcatanet.com. 839-2816.

THEATER

The Complete Works of William Shakespeare (Abridged) [Revised]. 8 p.m. North Coast Repertory Theatre, 300 Fifth St., Eureka. A comedic version of all 37 of Shakespeare's plays. \$15 general, \$12 students and seniors.

I Love You Because Preview. 8 p.m. Redwood Curtain Theatre, 220 First St., Eureka. This modern twist on *Pride and Prejudice* is a collaboration with Humboldt Light Opera Company. \$10.

EVENTS

Sailors and Mermaids. 6 p.m. The Siren's Song Tavern, 325 Second St., Eureka. Have a pint and dance to the DJs. All proceeds benefit Six Rivers Planned Parenthood. www.thesirensongtavern.com.

Tall Ships. Adorni Recreation Center, 1011 Waterfront Drive, Eureka. The Lady Washington and the Hawaiian Chieftain embark on family-oriented adventure sails, exciting battle sails and romantic evening sails. Tours are also available. \$3 tours, \$39 adventure sail, \$29 evening sail, \$60 battle Sail \$40 child's battle sail. ghhsa_admin@historicalseaport.org. www.ci.eureka.ca.gov/depts/recreation/facility_rentals/adorni.asp. 800-200-5239.

FOR KIDS

Young Discoverers. 10:30 a.m. Discovery Museum, 501 Third St., Eureka. Stories, crafts, songs and dance for children ages 3-5. Space is limited, so call ahead. \$2. info@discovery-museum.org. discovery-museum.org. 443-9694.

OUTDOORS

Godwit Days. 6:30 a.m.-10 p.m. Arcata Community Center, 321 Dr. Martin Luther King Jr. Parkway. The second day of the festival features six field trips and a reception at the Stone Lagoon Visitor Center. Field trips begin at

the community center. Pre-register online. Varies by event. godwitdays.org. 826-7050.

Trail Stewards Training. Third Thursday of every month, 9 a.m.-noon. Humboldt Coastal Nature Center, 220 Stamps Lane, Manila. Bring water and wear work clothes. Tools and gloves are provided. Free. info@friendsofthedunes.org. 444-1397.

ETC

Sip and Knit. 6 p.m. NorthCoast Knittery, 320 Second St., Eureka. Join fellow knitters, crocheters, weavers, spinners and other fiber artists as they socialize and work on their current projects. 442-9276.

SoHum Cribbage Group. Every other Thursday, 6-8 p.m. New Wine Church, 1180 Evergreen Road, Redway. Please bring a board, if possible; refreshments will be served. Free. lizcarey333@icloud.com. 497-8281.

18 friday

ART

Arts McKinleyville. Third Friday of every month, 6-8 p.m. McKinleyville Safeway Shopping Plaza, Central Avenue. Art, food and music at participating McKinleyville businesses. Free. info@mckinleyvilleartsnight.com. www.mckinleyvilleartsnight.com. 834-6460.

BOOKS

Two-Spirits Acts. 2-3:30 p.m. Library Fishbowl, Humboldt State University, Arcata. Jean O'Hara, Kerri Malloy, Marissa Lopez and Everardo Cuevas read from the collection of short two-spirit plays. Free. kw1@humboldt.edu. 826-5656.

DANCE

Barn Dance. 8-11 p.m. Redwood Raks World Dance Studio, 824 L St., Arcata. Kick up your heels as the Empty Bottle Boys play sizzling tunes and Sue Moon calls the dances. No dance experience needed. \$7, \$6 students

and seniors, free for kids under 12. humboldtfolklife.org.

MOVIES

Fear and Loathing in Las Vegas. 7:30 p.m. Arcata Theatre Lounge, 1036 G St. You can't stop here. It's bat country. Rated R. \$5. www.arcatatheatre.com.

Humboldt Film Festival. 7 p.m. Van Duzer Theatre, Humboldt State University, Arcata. See April 17 listing.

MUSIC

Humboldt State Guitar Ensemble. 8 p.m. Fulkerson Recital Hall, Humboldt State University, Arcata. Under the direction of Nicholas Lambson, the ensemble continues its world music tour. \$8, 5 seniors and children, free to HSU students. 826-3928.

THEATER

The Complete Works of William Shakespeare (Abridged) [Revised]. 8 p.m. North Coast Repertory Theatre, 300 Fifth St. Eureka. See April 17 listing.

I Love You Because Preview. 8 p.m. Redwood Curtain Theatre, 220 First St., Eureka. See April 17 listing.

Swami Beyondananda. 6 p.m. Arcata Playhouse, 1251 Ninth St. A cosmic comedy show to benefit Humboldt County Move To Amend. Guest artists include Sara Torres, Bill Holmes and the Mad River Rounders. \$25, \$20 students and seniors. info@humboldtmata.org. humboldtmata.org/swami-event.

EVENTS

Tall Ships. Adorni Recreation Center, 1011 Waterfront Drive, Eureka. See April 17 listing.

GARDEN

Eureka Sequoia Garden Club. 11 a.m.-1:30 p.m. First Covenant Church Carriage House, 2526 J St., Eureka. Celebrate California Native Plant Week with landscape designer Donna Wiledearth. Bring a sack lunch. Free. mgoodwin@northcoast.com. 442-1387.

OUTDOORS

Godwit Days. 6:30 a.m.-10 p.m. Arcata Community Center, 321 Dr. Martin Luther King Jr. Parkway. The third

continued on next page ►

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Calendar

8 DAYS A WEEK

continued from previous page

day includes several daytime and nighttime field trips, a reception at 5 p.m., a kayak tour and more. Pre-register online. Varies by event. godwitdays.org. 826-7050.

SPORTS

Eight Ball Tournament Night. 7 p.m. Rose's Billiards, 535 Fifth St., Eureka. Come and compete for prizes in a BCA rules double elimination tournament on 7-foot Diamond tables. \$1 off of beers for tournament players. \$5 plus \$3 green fee. guy@rosesbilliards.com. rosesbilliards.com. 497-6295.

Fast Break Fridays. 7-9 p.m. McKinleyville Recreation Department, 1656 Sutter Road. Open access to the basketball courts for teens 13-17. \$1. mckinleyvillecsd.com/parks-recreation.

Public Skating. 6:30-9:30 p.m. Fortuna Firemen's Pavilion, 9 Park St. Have a blast and get some exercise at the same time. \$5.

19 saturday

DANCE

Mad Hatter's Tea Party. 3:15 p.m. Redwood Raks World Dance Studio, 824 L St., Arcata. Enjoy treats and a tea party hosted by Shoshanna, plus a special performance of "Wonderfully Mad Curiosities" by HSU spring concert dancers. \$8, \$12 adult plus child, \$5 additional child. dance@shoshannaland.com. www.redwoodraks.com. 616-6876.

Partner Dancing. 6:30 p.m. Eureka Women's Club, 1531 J St. The evening starts with lessons and ends with open dancing. \$10. www.eurekaheritage.org.

LECTURE

Duck Decoy Carving. 1 p.m. Clarke Historical Museum, Third and E streets, Eureka. Carver Bill Pincher gives a personal demonstration of his decoy skills. Free. www.clarkemuseum.org.

Our Pathways to Health. 10:30 a.m. Cedar Street Senior Apartments, 725 Cedar St, Garberville. See April 17 listing.

MOVIES

Humboldt Film Festival. 7 p.m. Van Duzer Theatre, Humboldt State University, Arcata. See April 17 listing.

Look Up. 5 p.m. Arcata Playhouse, 1251 Ninth St. Redwood Coast Skywatch presents the award-winning documentary by George Barnes. Discussion on climate change, chem trails, geo-engineering and more with Dane Wiggington. \$5.

MUSIC

Buddy Reed & the Rip It Ups. 7 p.m. Westhaven Center for the Arts, 501 S. Westhaven Drive. Come dance or tap your toes at the latest installment of the jazz and blues series. \$5-\$10.

Green Week Silent Disco. 5 p.m. Merryman's Beach House, 100 Moonstone Beach Road, Trinidad. Performers include Buku, Cacao, Dub Cowboy, JSun and more. Bring an ID or credit card for headphones, a jacket, beach blanket, glow toys and flashlights. \$25.

HSU Jazz Combos. 7-8:45 p.m. Fulkerson Recital Hall, Humboldt State University, Arcata. Quintet Tarantino, the Meantones, Five Way Street and the Jazzmanian Devils run the jazz gamut from Cab Calloway to Stevie Wonder. \$8, \$5 students and seniors, free to HSU students. 826-3928.

Jazz Jam with No Covers and Friends. 2-4:30 p.m. Morris Graves Museum of Art, 636 F St., Eureka. The improv jazz session is followed by an open jazz jam session. Bring your instrument and get your jazz on! \$5 adults,

\$2 seniors and students with ID, Free to kids under 17. janine@humboldtarts.org. humboldtarts.org. 442-0278.

The House Party. 8:30-11:45 p.m. Portuguese Hall, 1185 11th St., Arcata. Funkhouse presents a psychedelic, funkastic explosion of sound and sights with Liquid Kactus, Diggin Dirt and more. \$10 advance, \$15 at the door. funkhousehumboldtproductions@gmail.com. 209-559-4446.

THEATER

The Complete Works of William Shakespeare (Abridged) [Revised]. 8 p.m. North Coast Repertory Theatre, 300 Fifth St. Eureka. See April 17 listing.

EVENTS

Dow's Prairie Grange Breakfast and Flea Market. Third Saturday of every month, 9 a.m. Dow's Prairie Grange Hall, 3995 Dows Prairie Road, McKinleyville. Enjoy pancakes, eggs and shopping for knickknacks. Flea market ends at 4 p.m. \$5, \$3 for kids. dowsgrange@gmail.com. www.dowsprairiegrange.org. 840-0100.

Earth Day Hoedown. 3-7 p.m. Humboldt Coastal Nature Center, 220 Stamps Lane, Manila. This all ages celebration features beer, music, food and kids' activities. \$10, \$5, free to cleanup volunteers. 444-1397.

Easter Egg Hunt. 10 a.m. Carson Park, 2531 I Street. Meet the Easter Bunny! Ages 4 and under hunt at 10 a.m., and kids 5 to 10 hunt at 11 a.m. Free. 441-4248.

Fire Fusion 420. 1 p.m. Mateel Community Center, 59 Rusk Lane, Redway. Music from The Nadis Warriors, DJ Itchie Fingaz, Likwefi, and Rooster McClintock, aerial silks, burlesque, belly dance by Karmaja, fire arts by Circus of the Elements and more. \$25 presale, \$35 at gate. circusoftheelements@gmail.com. www.mateel.org. 497-9767.

Sustainable Living Skills Fair. 9:30 a.m. Jefferson Community Center, 1000 B St., Eureka. Learn skills for healthy living and communities, including food preservation, disaster preparedness, reducing energy consumption and more. A healthy lunch and a supervised play area for kids are provided. Free. debbiep@nrscaa.org. jefferson-project.org. 269-2071.

Tall Ships. Adorni Recreation Center, 1011 Waterfront Drive, Eureka. See April 17 listing.

FOR KIDS

McKinleyville Easter Egg Hunt. 10-11 a.m. McKinleyville Safeway Shopping Plaza, Central Avenue. Easter fun with five egg hunting areas: babies to 3 years old, 4 to 6 years old, 7 to 9 years old, over 10 years old and children with special needs. Free. 834-6460.

Southern Humboldt Easter Egg Hunt. noon. Tooby Memorial Park, 934 Sprowl Creek Road, Garberville. Games, prizes and pony rides for kids up to 12. And of course, the Easter Bunny. Also music by DJ RunDat, aerial arts by Ariel Antico, face painting, glitter tattoos and food galore. Free. foxcat76@hotmail.com. www.SouthernHumboldtCommunityPark.org. 362-3167.

Ferndale Easter Egg Hunt. 10:30 a.m. Ferndale Fireman's Park, 100 S. Berding St. The Ferndale Scouts are hiding treasure eggs for kids to find. Prizes in four categories for the little hunters. May move to Valley Lumber at Shaw and Berding streets if raining. Free. 786-4477.

Fortuna Easter Egg Hunt. 10 a.m. Rohner Park, 11th and N streets, Fortuna. A 10-minute hunting frenzy held by the Fortuna Lions Club. Free. friendlyfortuna.com.

The Great Egg-stravaganza. 12-4 p.m. Sequoia Park Zoo, 3414 W St., Eureka. Watch the animals hunt for "eggs" and dig into special treats, then hunt for your own eggs and participate in themed activities. \$5, \$3 kids, free for kids under 3. www.sequoiaparkzoo.net.

Story Time. Every other Saturday, 11 a.m. Rio Dell Library, 715 Wildwood Ave. Join us for stories, songs, and games for early readers and parents. Free. riohumml@co.humboldt.ca.us. 764-3333.

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70+ HAPPY HOURS

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A complete resource for kids of all ages!

**summer
 of
 fun**

May 15, 2014 Edition
Special Pullout Section

- Summer Camps & Activity Programs
- Visual & Performing Arts
- Nature & Science
- Sports, Athletics & Adventure

Advertising Deadline: Thursday, May 8 at 5 p.m. 442-1400

Clean Up to Hoe Down

If you don't play it right, **Earth Day** will be about guilt — your carbon footprint can seem a little Sasquatch in the light of everyone else's energy-efficient bulbs. Don't let it get that far.

Unplug some appliances and **go get your hands dirty**. Hit up one of the bevy of environmental do-gooder groups in the neighborhood, like (deep breath) the Northcoast Environmental Center, the Mad River Alliance, Humboldt Baykeeper, Friends of the Dunes, Humboldt Surfrider, the Trees Foundation, the Environmental Protection Information Center or Friends of the Eel River, and see what kind of **work day** it has planned from **9 a.m. to noon on Saturday, April 19**.

When you're all done pulling invasive plants and scooping up trash, you'll be full of community and planetary pride. And you'll need a shower (low pres-



sure, of course). Because at **3 p.m.** you're heading to the Humboldt Coastal Nature Center for the second annual **Earth Day Hoedown** (\$5 to \$10 sliding scale, free to volunteers). **Lyndsey Battle** and the **Striped Pig Stringband** will be plucking and picking with **Nigella Mahal** calling dances. There will be games and a kids' corner, too, so everybody has a good time. Guilt free.

—Jennifer Fumiko Cahill

FOOD

Arcata Farmers Market. 9 a.m.-2 p.m. Arcata Plaza, Ninth and G streets. Locavores' delight: fresh vegetables and fruit from local producers, food vendors, plant starts and flowers every week. Free. humfarm.org. 441-9999.

Kiwanis Pancake Breakfast. 8 a.m. Azalea Hall, 1620 Pickett Road, McKinleyville. Enjoy all-you-can-eat pancakes, scrambled eggs, ham, coffee, tea, milk and juice. \$5, \$3 kids, free for kids under 3. www.mckinleyvillecsd.com/azalea-hall.

GARDEN

Orchid Show. 9 a.m. Humboldt Bay Aquatic Center, 921 Waterfront Drive, Eureka. The Humboldt Orchid Society presents its annual fundraising show, featuring a display of locally grown orchids and an informational display of carnivorous plants. Orchids and carnivorous plants also available for purchase. \$2 suggested donation. bill@sealrockorchids.com. 845-6858.

OUTDOORS

Arcata Marsh Tour. 2 p.m. Arcata Marsh and Wildlife Sanctuary Interpretive Center, 600 S. G St. Meet a trained guide for a 90-minute walk focusing on the ecology of the marsh. Led by Richard Wilson. Free. 826-2359.

Audubon Society Arcata Marsh Tour. 8:30-11 a.m. Arcata Marsh and Wildlife Sanctuary, South I St. Bring your binoculars and have a great morning birding. Meet the trip leader in the parking lot at the end of South I Street (Klopp Lake) in Arcata, rain or shine. The tour guide this week is Ken Burton. Free. rras.org/calendar.

Earth Day. 8:30 a.m. Patrick's Point State Park, 4150 Patrick's Point Drive, Trinidad. Work day for removal of invasive, non-native plants such as English ivy. Volunteers receive a picnic lunch. Gloves and tools are provided, but feel free to bring your own. RSVP. Free. Michelle.Forys@parks.ca.gov. 677-3109.

eBird Survey. 8:30 a.m.-noon. Shay Park, Corner of Foster Avenue and Alliance Road, Arcata. Rob Fowler will survey birds for up to three hours, counting every species present. Waterproof shoes or boots are recommended. This trip will be part of the Godwit Days Festival. \$10. 822-3613.

Godwit Days. 5 a.m.-7:30 p.m. Arcata Community Center, 321 Dr. Martin Luther King Jr. Parkway. The fourth

day of the festival includes a children's art and award reception, several field trips, a banquet, a guest speaker and more. Pre-register online. Varies by event. godwit-days.org. 826-7050.

Grass Grab. 9:30 a.m.-12:30 p.m. Humboldt Coastal Nature Center, 220 Stamps Lane, Manila. Adults and kids can remove easy-to-pull invasive grasses and pick up trash along the trail and beach. No tools are necessary, but please bring drinking water. Free. 444-1397.

SPORTS

Humboldt Roller Derby Bout. 6 p.m. Redwood Acres Fairgrounds, 3750 Harris St., Eureka. The local derby girls take on the Shasta Assassins. \$12. www.redwoodacres.com.

Nature Fun Run. 10 a.m. College of the Redwoods, 7351 Tompkins Hill Road, Eureka. College of the Redwoods' Disabled Students Programs and Services and the Humboldt Botanical Garden Foundation present a 5K as a fundraiser to support CR's students with disabilities. \$20. natalie-barbero@redwoods.edu. redwoods.edu. 476-4280.

Public Skating. 6:30-9:30 p.m. Fortuna Firemen's Pavilion, 9 Park St. See April 18 listing.

ETC

Access Media Center Orientation. Third Saturday of every month, 10 a.m. Access Humboldt Community Media Center, Eureka High School, Eureka. Learn about resources available at Access Humboldt: recording studio, field equipment, editing stations, cable TV channels, etc. Free. 476-1798.

20 **sunday**

MUSIC

Bayside Grange Music Project. 5-9 p.m. Bayside Grange Hall, 2297 Jacoby Creek Road. From 5-7 p.m. anyone playing any instrument with any ability is invited; 7-9 p.m. people with wind instruments for Bandemonium. Donations. gregg@relevantmusic.org. www.relevantmusic.org/Bayside. 442-0156.

continued on next page ►

HUMBOLDT ROLLER DERBY V/S. SHASTA ASSASSINS

APRIL 19TH • 7PM

A BENEFIT FOR NORTH COAST RAPE CRISIS

\$12

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Medication Round-Up

FREE

Saturday, April 26

9 a.m. - 2 p.m.

**Humboldt Waste Management Authority's
Household Hazardous Waste Facility**

1059 W. Hawthorne St, Eureka, 95501

**Old medications you no longer need
taking up space in your medicine cabinet?**

**Have extra medications after a
loved one has passed away?**

**Want to avoid kids' recreational
abuse of medications?**

KEEP OUR COUNTY CLEAN AND SAFE!

- Bring unused prescription or non-prescription medications, free of charge to residents.
- Keep in original bottles and cross out patient's name.
- Medications or sharps collected by medical facilities cannot be accepted.

Medical sharps will be accepted in red biohazard containers.

Questions? Call Humboldt Waste Management Authority at (707) 441-2005



Ferndale Community Choir. 7:30 p.m. Church of the Assumption, 546 Berding St., Ferndale. The choir presents their annual Spring Celebration in Song. Free.

Kastle, Gladkill, Sugarpill and Toters. 9:30 p.m. Arcata Theatre Lounge, 1036 G St. Drop that beat. \$15 limited advanced. www.arcatatheatre.com.

Melvin Seals' Jerry Garcia Band. 8 p.m. Eureka Theater, 612 F St. The band plays on with its longtime piano man at the helm. \$30. imgdir61@aol.com. www.theeurekath-eater.org. 502-5024.

Taarka. 8 p.m. Arcata Playhouse, 1251 Ninth St. A modern string band playing swing, folk, jazz and more. \$12.

EVENTS

Cannabis vs. Climate Change. 4-8 p.m. Van Duzer Theatre, Humboldt State University, Arcata. Discussion of a pivotal climate change strategy, presented in cooperation with the nonprofit Farms and Gardens for the Disabled. Free. projectpeace@yahoo.com. 530-408-3000.

Redwood Coast Scrabble Club. 1-5 p.m. Arcata Community Center, 321 Dr. Martin Luther King Jr. Parkway. Tiles, letters and triple-word scores, oh my! 677-9242.

Tall Ships. Adorni Recreation Center, 1011 Waterfront Drive, Eureka. See April 17 listing.

FOOD

Easter Breakfast. 7:30-9:15 a.m. Lutheran Church of Arcata, 151 E. 16th St. A full-service breakfast of roast ham, scrambled eggs, crispy hashbrowns, toast, juice, coffee, tea and more. Donations accepted. 822-5117.

Food Not Bombs. 4 p.m. Arcata Plaza, Ninth and G streets. Free, hot food for everyone. Mostly vegan and organic and always delicious. Free. 503-828-7421.

Potluck Dinner. 6 p.m. The Logger Bar, 510 Railroad Ave., Blue Lake. Bring a dish to share with friends old and new. Free. www.facebook.com/LoggerBar.

MEETINGS

Animism International. Third Sunday of every month, 4 p.m. North Coast Co-op, Eureka, 25 Fourth St. Inquisitive thinkers are invited to a reading and discussion group. April's topic is Many Lives, Many Masters. Free. animisminternational@gmail.com. www.northcoastco-op.com. 382-7566.

OUTDOORS

Birding Trip. 9 a.m.-noon. Southern Humboldt Community Park, 934 Sprowl Creek Road, Garberville. Jay Sooter and/or John Gaffin lead this all ages hike. Binoculars are not provided and dogs are not allowed. Steady rain cancels. Park by the kiosk near the farmhouse in the main entrance. Free. 444-8001.

Godwit Days. 5 a.m.-7:30 p.m. Arcata Community Center, 321 Dr. Martin Luther King Jr. Parkway. The fifth day of the festival includes field trips, guest lectures, kayak trips and more. Pre-register online. Varies by event. godwitdays.org. 826-7050.

Redwood Region Audubon Society Birding Trip. Third Sunday of every month, 9 a.m. Eureka Waterfront, Foot of Del Norte Street. Due to safety concerns, the Palco Marsh Walk is temporarily changing locations. Meet leader Ralph Bucher at the Foot of Del Norte St., Eureka to scope birds from the public dock. Attendees will then drive to the base of the Hikshari Trail at Truesdale Street and bird along the trail through the Elk River Wildlife Sanctuary. Free. thebook@reninet.com. 499-1247.

ETC

Eureka Mindfulness Group. Third Sunday of every month, 10 a.m.-noon. First Christian Church Eureka, 730 K St. Heal your body and mind, practice meditation with Cindee Grace. Fragrance free, please. Donations accepted. 269-7044.

Search and Enjoy

All year long, we try frantically and in vain to keep our kids from eating things they find in the bushes, then we release them like packs of dogs to hunt colored eggs and goodies. We're weird, but we're fun. On **Saturday, April 19**, kids all over the county will be rooting around for treats and keeping an eye out for that *other* elusive, furry creature, the Easter Bunny.

At **10 a.m., McKinleyville** is dividing the field for different age groups and abilities at the free hunt at the **Safeway shopping plaza**. Good news, because as much as kids want to punch above their weight, they also want to score some eggs. The **Great Egg-stravaganza** gets wild at the **Sequoia Park Zoo at noon** (\$5, \$3 kids, free for kids under 3). Kids watch the animals go after "eggs" and then fill their own baskets, followed by more games and activities.

In Ferndale, the Scouts have hidden the eggs for the little ones over in **Fireman's Park**, and the search begins at **10:30 a.m.** (free). If it rains,



don't fret. Just swing by Valley Lumber, the alternative location. For the fast and the furious, the Fortuna Lions Club hosts a 10-minute frenzy at **Rohner Park** starting at **10 a.m.** sharp. Don't be late, and don't get in the way.

And in Garberville, kids up to 12 can roll into **Tooby Memorial Park** at **noon** for games, pony rides and face painting on top of the hunt (free). Who knows, maybe a visit from the Big Bunny himself. Adults will want to stay for **Arial Antico's aerial arts**, music from **DJ RunDat** and all the yummy food. Enjoy it. You'll be eating egg salad for a while.

—Jennifer Fumiko Cahill

21 monday

DANCE

Friendship Circle Dance. 7-10 p.m. Moose Lodge, 4328 Campton Road, Eureka. Dancing for people in their 50s and older with live music featuring tunes from the 1930s, '40s and '50s. Refreshments are served during break. \$4. 725-5323.

LECTURE

Medical Cannabis Talk. 5:30 p.m. Native American Forum, Humboldt State University, Arcata. Dr. Sunil Kumar Aggarwal highlights health-related quality of life issues for medical cannabis users. Free.

Our Pathways to Health. 9 a.m. Humboldt Senior Resource Center, 1910 California St., Eureka. See April 17 listing.

EVENTS

Meditation Party. 6 p.m. Om Shala Yoga Center, 858 10th St., Arcata. Come fill your heart with peace and love. Donation suggested. davidsandercott@gmail.com. 310-663-9879.

OUTDOORS

Godwit Days. 6:30 a.m.-8 p.m. Arcata Community Center, 321 Dr. Martin Luther King Jr. Parkway. The sixth day of the festival includes several birding trips. Pre-register online. Varies by event. godwitdays.org. 826-7050.

ETC

Cribbage Lessons. 5:30-7 p.m. Moose Lodge, 4328 Campton Road, Eureka. Brush up on your cribbage skills or learn how to play. Free.

22 tuesday

LECTURE

Our Pathways to Health. 5:30 p.m. Renner Room, St. Joseph's Hospital, Eureka. See April 17 listing.

MOVIES

Chasing Ice. 7 p.m. Van Duzer Theatre, Humboldt State University, Arcata. Time-lapse photography of the brutal Arctic that captures a multi-year record of the world's changing glaciers. \$5, free for HSU students. carts@humboldt.edu. 826-3928.

humboldt.edu. 826-3928.

The Shop Around the Corner. 6:30 p.m. Eureka Main Library, 1313 Third St. Before *You Got Mail*, a Budapest gift-shop clerk and the new shopgirl hated each other while unwittingly carrying on a romance through the mail. Hosted by Jennifer Fumiko Cahill. Free. 269-1905.

MUSIC

Ukulele Play and Sing Group. 1:30 p.m. Humboldt Senior Resource Center, 1910 California St., Eureka. All genres of music, from "Greensleeves" to "Hound Dog." If you can carry a tune and play a stringed instrument, come party with us. We have extra songbooks. Donations appreciated. veganlady21@yahoo.com.

OUTDOORS

Godwit Days. 6:30 a.m. Arcata Community Center, 321 Dr. Martin Luther King Jr. Parkway. The final day of the festival features a birding trip around the Arcata marsh. Pre-register online. \$8. godwitdays.org. 826-7050.

ETC

Humboldt Cribbage Club. 6:15 p.m. Moose Lodge, 4328 Campton Road, Eureka. Play some cards. 444-3161.

23 wednesday

LECTURE

Our Pathways to Health. 1:30 p.m. Ferndale Community Church, 712 Main St. See April 17 listing.

EVENTS

Art of Living Brown Bag Lunch. 12-1 p.m. Humboldt Bay Aquatic Center, 921 Waterfront Drive, Eureka. Michael Fields, Dell'Arte's artistic director, talks about the creation of the performance group, the focus of its school and its productions. Free. OLLI@humboldt.edu. 826-5880.

FOR KIDS

Playgroup. 10 a.m. Discovery Museum, 501 Third St., Eureka. Playtime in the museum that provides children and families with great resources. Free. info@discovery-museum.org. 443-9694.

Story Time. 1 p.m. McKinleyville Library, 1606 Pickett Road. Liz Cappiello reads stories to children and their parents. Free.

MEETINGS

Humboldt Green Party Monthly Meeting. Fourth Wednesday of every month, 6:30 p.m. Humboldt Greens Meeting Space, 310 H Street, Arcata. Election reform/ranked choice voting. Economic reform/public banking. Be a part of the solution. Free. dsilver@greens.org. www.humboldtgreens.org. 267-5342.

Science of Mind. 5:45 p.m. Ramone's Bakery & Café, Harrison, 2297 Harrison St., Eureka. Casual gathering over coffee or tea for discussion with Diane Decker. Free. www.ramonesebakery.com. 502-9217.

24 thursday

LECTURE

Our Pathways to Health. 1:30 p.m. Grace Good Shepherd Church, 1450 Hiller Road, McKinleyville. See April 17 listing.

Social Security: Your Questions Answered. 5:30 p.m. Edward Jones, 3220 Broadway, Eureka. Learn about investment options and have your retirement questions answered. RSVP. Free. 825-6511.

THEATER

Cirkosis! 7:45 p.m. Native American Forum, Humboldt State University, Arcata. It's time for the Humboldt Circus to rock your world once again. \$9 general, \$6 students. bolough09@gmail.com. 650-430-8078.

I Will Show You Fear in a Handful of Dust. 8 p.m. Dell'Arte's Carlo Theatre, 131 H St., Blue Lake. An original tragedy created by Dell'Arte's MFA class of 2015. Donations accepted. www.dellarte.com.

Playhouse Creatures. 7:30-9:30 p.m. Gist Hall Theatre, Humboldt State University, Arcata. Backstage comedy, drama and tragedy in a glimpse of women lost to stage and screen history. \$10, \$8 students and seniors, free to HSU students. 826-3928.

EVENTS

McCrone Awards Banquet. 4 p.m. Humboldt State University Great Hall, 1 Rossow Street, Arcata. The annual ceremony recognizes the accomplishments of HSU's newer faculty members and one outstanding graduate student. Free.

ETC

Sip and Knit. 6 p.m. NorthCoast Knittery, 320 Second St., Eureka. See April 17 listing.

Heads Up...

Redwood National and State Parks are accepting applications for the Youth Conservation Corps. Applications due by May 16. 465-7737.

The Humboldt Community Breast Health project is selling vacation raffle tickets at the Arcata farmer's market until June 7.

The Sierra Club is accepting scholarship applications for July summer camps. Applications are due May 12. 442-5444.

The Six Rivers National Forest is looking for volunteers to spend the summer as campground hosts at one of the four ranger districts. www.volunteer.gov.

Artists are invited to submit their original artwork to the 2014-2015 California Duck Stamp Art Contest. Submissions are accepted between April 25 and May 23. dfg.ca.gov/duckstamp.

Dream Quest is now accepting applications for college scholarships. Applications are due May 1. (530) 629-3564.

Humboldt Area Foundation is now accepting applications for the 2014 Summer Youth Mini-Grant Program and for scholarships for graduating high school seniors. Applications for grants are due April 15 and applications for scholarships are due April 21. 442-2993.



YEAH, THE GILLS WEREN'T REAL. LET'S MOVE ON.

Touchdown

Draft scores, Rio 2 fumbles

By John J. Bennett

filmland@northcoastjournal.com

Reviews

DRAFT DAY. I don't particularly care for or about the National Football League. And over the years, I've come to view professional athletic organizations and their sanctioning bodies with an ever more jaundiced eye. Recently, in the middle of some cavernous, anonymous, Midwestern chain restaurant, lamenting my lot, I realized that the many giant flat-screens around me were all broadcasting the NFL Combine. This, of course, is the main event in the run-up to the NFL draft, wherein potential draftees demonstrate their speed, strength and ability to follow orders. It struck me then that the combine feels a lot like a modern-day slave auction, where the athletes are put through their paces under the scrutiny of well-heeled speculators in search of a money-making opportunity. Much higher up the ladder are the real opportunists, the profiteers who own the teams and reap unfathomable profits from the enthusiasm of the ticket-buying public. Then there's the lifetime of hard work, dedication and traumatic brain injury that comprises the experience of the players. So yeah, I'm a little cynical about the NFL; but I've always loved sports movies.

Director/producer/writer Ivan Reitman is one of the most successful movie industry figures of all time: Most directors' whole catalogs won't gross what a couple of Reitman's mega-hits made at the box office, and a few of his movies are

undeniable comedy gold. Find me a more perfect Hollywood comedy than *Ghostbusters* and I would be forced to destroy it (meet the Buddha, kill the Buddha, etc.). But in my youth, I was more interested in angst, challenge and discomfort than in laughter, and so was quick to dismiss the talents of guy like Reitman because his stock in trade is happiness and pleasing his audience.

In Reitman's latest, Kevin Costner stars as Sonny Weaver Jr., the General Manager of the long-suffering Cleveland Browns. We meet Weaver early on the morning of the draft, on the heels of a demoralizing losing season, the injury of his star quarterback and the death of Sonny Sr. He's got twelve hours against a constantly ticking clock to: build himself a competitive football team, placate the team owner (Frank Langella) and keep his job, maintain a working relationship with his opinionated head coach (Denis Leary) and process his grief. And he just found out his girlfriend/co-worker (Jennifer Garner) is pregnant.

The clever script by Scott Rothman and Rajiv Joseph won last year's Blacklist prize for the best unproduced screenplay in Hollywood, and rightfully so. Despite my contempt for the goings-on detailed in their story, they've managed to turn it into compelling suspense, with Weaver shucking and jiving and negotiating right down to the wire. The potential draftees

take on full-bodied personalities, giving us a sense of how much it might really mean to a young man to make it into the league.

This isn't the sort of movie that will be considered for awards or discussed in film classes down the decades. But it is satisfying on a different level; it offers engagement and enjoyment that, while not academic or "artistic" in the classical sense, still requires serious talent and expertise to accomplish. It's deceptively simple on the surface, and that's where Ivan Reitman excels. He's a seasoned pro, a guy who knows how to make a Hollywood movie that hits its marks and delivers the goods. In the industry landscape, his breed is quickly going the way of the dinosaurs, but Reitman's still around, and he still knows what he's doing. *Draft Day* isn't especially stimulating visually, or thematically heady. But it is a solid Hollywood movie of the type we rarely see anymore, and that's more than good enough for me. PG13. 109m.

RIO 2, on the other hand, is as gross an exercise in commercialism as I've seen in a long while. Like the first installment, it is colorful and occasionally compelling, at least visually. But it is also drastically over-long and under-plotted, while somehow also overly complicated, and ultimately pointless.

Jesse Eisenberg and Anne Hathaway reprise their roles as Blu and Jewel, a couple of endangered macaws living in captivity in Brazil. When their human companions discover a flock of blue macaws in the depths of the Amazon, Blu and Jewel, with children in tow, head out to find their lost relations. Turns out it's the family from which Jewel was separated as a child. Blu has a hard time fitting in, they're pursued by the vengeful Nigel (Jemaine Clement) and face the threat of money-hungry loggers out to clear-cut the rainforest.

continued on next page ►

MOVIES

April 18 - April 25

Fri Apr 18 - Fear and Loathing in Las Vegas (1998) Doors at 7:30 \$5 Rated R

Sat Apr 19 - Random Acts Of Comedy Doors at 7:30 p.m. \$6 10yr+

Wed Apr 23 - ATL Presents Lynx Doors at 9:30 p.m. \$12/\$10 21+

Fri Apr 25 - Run Lola Run (1998) Doors at 7:30 \$5 Rated R

Arcata Theatre Lounge
arcatatheatre.com • 822-1220 • 1036 G St.

Movie Times

Film times reflect the most current listings as of Tuesday afternoon. As schedules at individual theaters sometimes change, we recommend calling ahead to avoid any inconvenience.

Broadway Cinema

1223 Broadway St., Eureka, (707) 443-3456

Bears	Fri-Thur: (12:05, 2:15, 4:25), 6:35, 8:45
Captain America: The Winter Soldier	Fri-Thur: (11:35a.m.), 5:45, 8:50
Captain America: The Winter Soldier 3D	Fri-Thur: (2:40)
Divergent	Fri-Wed: (2:35), 8:20; Thur: (2:35)
Draft Day	Fri-Wed: (12:50, 3:35), 6:20, 9:05; Thur: (12:50, 3:35), 6:20
God's Not Dead	Fri-Thur: (12:20), 6:10
The Grand Budapest Hotel	Fri-Thur: (1:45, 4:20), 6:55, 9:25
A Haunted House 2	Fri-Thur: (12:35, 2:50), 5:10, 7:25, 9:40
Heaven Is for Real	Fri-Thur: (12:55, 3:30), 6:05, 8:40
The Lunchbox	Fri-Thur: (12), 5:50
Noah	Fri-Thur: (3:05)
Oculus	Fri-Thur: (1:30, 4:10), 6:50, 9:30
The Raid 2	Fri-Thur: 8:55
Rio 2	Fri-Thur: (12:15, 2:05, 2:55, 4:45), 5:35, 8:10
Rio 2 3D	Fri-Thur: (11:30a.m.), 7:25
Transcendence	Fri-Thur: (12:25, 3:20), 6:15, 9:10

Mill Creek Cinema

1575 Betty Court, McKinleyville, (707) 839-2222

Bears	Fri-Thur: (12:05, 2:15, 4:25), 6:35, 8:45
Captain America: The Winter Soldier	Fri-Thur: (11:40a.m., 2:55), 8:50
Captain America: The Winter Soldier 3D	Fri-Thur: 5:25
Draft Day	Fri-Thur: (12:50, 3:35), 6:20, 9
A Haunted House 2	Fri-Thur: (2:20, 4:40), 7, 9:20
Oculus	Fri-Thur: (1:30, 4:10), 6:50, 9:30
Rio 2	Fri-Thur: (11:30a.m., 12:15, 2:05, 2:45, 4:45), 6:05, 7:25, 9:40
Rio 2 3D	Fri-Thur: 8:30
Transcendence	Fri-Thur: (12:25, 3:20), 6:15, 9:10

Minor Theatre

1001 H St., Arcata, (707) 822-3456

Captain America: The Winter Soldier	Fri: 5:45, 8:50; Sat-Sun: (2:40), 5:45, 8:50; Mon-Thur: 5:45, 8:50
The Grand Budapest Hotel	Fri: (4:10), 6:40, 9:10; Sat-Sun: (1:40, 4:10), 6:40, 9:10; Mon-Thur: (4:10), 6:40, 9:10
Transcendence	Fri: (3:25), 6:10, 9; Sat-Sun: (12:40, 3:25), 6:10, 9; Mon-Thur: (3:25), 6:10, 9

Fortuna Theatre

1241 Main St., (707) 725-2121

Captain America: The Winter Soldier	Fri: (4), 7:15; Sat-Sun: (1:05, 4), 7:15; Mon-Thur: (4), 7:15
Draft Day	Fri: (4:05), 6:40, 9:25; Sat: (12:10, 4:05), 6:40, 9:25; Sun: (12:10, 4:05), 6:40; Mon-Thur: (4:05), 6:40
A Haunted House 2	Fri: (5:10), 7:25, 9:35; Sat: (12:30, 2:45, 5:10), 7:25, 9:35; Sun: (12:30, 2:45, 5:10), 7:25; Mon-Thur: (5:10), 7:25
Oculus	Fri: (3:45), 6:35, 9:10; Sat: (12:05, 3:45), 6:35, 9:10; Sun: (12:05, 3:45), 6:35; Mon-Thur: (3:45), 6:35
Rio 2	Fri: (3:55), 6:20, 8:45; Sat: (1:15, 3:55), 6:20, 8:45; Sun: (1:15, 3:55), 6:20; Mon-Thur: (3:55), 6:20
Transcendence	Fri: (3:40), 6:40, 9:20; Sat: (12:45, 3:40), 6:40, 9:20; Sun: (12:45, 3:40), 6:40; Mon-Thur: (3:40), 6:40

Garberville Theatre

766 Redwood Drive, (707) 923-3580

Call theater for schedule.

The smaller kids in attendance seemed to enjoy themselves. G. 101m.

Previews

BEARS. John C. Reilly narrates the life and times of a CG bear family. No actual salmon were harmed in the making of this film. G. 78m.

A HAUNTED HOUSE 2. Another Wayans horror spoof with Jaime Pressly and Gabriel Iglesias. R. 86m.

HEAVEN IS FOR REAL. Greg Kinnear plays the father of a boy who has a brush with death and claims to have visited heaven. PG. 99m.

TRANSCENDENCE. When Johnny Depp dies, we will probably preserve his consciousness as an all-knowing digital entity. Until then, he's playing a scientist in a movie about it. PG13. 119m.

Continuing

CAPTAIN AMERICA: THE WINTER SOLDIER. The Avenger next door goes BAMF, this time battling the robo-armed Winter Soldier in a sequel that tops the first installment. PG13. 136m.

DIVERGENT. Veronica Roth's Myers-Briggs dystopia — in which extraordinary teens are targets of state oppression — gets the *Hunger Games* franchise marketing treatment. PG13. 139m.

GOD'S NOT DEAD. A devout college student debates his philosophy classmates and professor to prove God exists. It's harder to convince us that Kevin Sorbo is a professor. PG. 113m.

GRAND BUDAPEST HOTEL. Wes Anderson's Instagram-toned tale of hotel intrigue with concierge-Romeo Ralph Fiennes is his funniest and best written yet. PG13. 138m.

THE LUNCHBOX. A chance encounter leads to strange pen pals in Mumbai. PG. 104m.

MR. PEABODY AND SHERMAN. Charming and fun animated adventure about a brainy cartoon pooch named Mr. Peabody (Ty Burrell), his adopted human son and a time rift. PG. 92m.

NOAH. Darren Aronofsky made a CG biblical disaster movie, and lo, it was frustrating and all over the place. With Russell Crowe as the pre-FEMA hero trying to keep heads above water. PG13. 138m.

OCULUS. Karen Gillian tries to prove her parents were killed by a haunted antique mirror and clear her brother's name. Should ruin rummage sales for everyone. R. 105m.

THE RAID 2. Rama returns with a badge and a grudge. People are going to get kicked. R. 149m.

—Jennifer Fumiko Cahill

workshops & CLASSES

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by check, cash or Visa/MasterCard.
Many classes require pre-registration.

Arts & Crafts

CREATING TUMBLERS & MUGS. 1st & 3rd Thurs., 6:30-8:30 p.m. Free. Members & Friends of Fire Arts. Join Fire Arts members for an evening creating whimsical ceramic mugs & tumblers. All ages welcome. Attend 3 workshops, receive a final product free! Limited 8 students per class. Call a day ahead to reserve space. 520 South G St. Arcata, (707) 826-1445, www.fireartsarcata.com (AC-0515)

Communication

PARENT/ DAUGHTER WORKSHOP. Thursday May 15, 5:30-7:30 p.m., for 9-12 year old daughters and her parents (Mothers or a significant adult female role model are encouraged to attend). Workshop aims to foster positive attitudes about girl's bodies and the changes to look forward to during puberty. Presented by Six Rivers Planned Parenthood health educators, \$10-\$20 sliding scale, scholarships available, pre-registration required, space limited. Call for more info. and to register (707) 442-2961. 3225 Timber Fall Court, Eureka.

PARENT/ SON DISCUSSION GROUP. Thursday May 8, 6-8 p.m., for 6th- 8th grade boys and his parents (Fathers or a significant adult male role model are encouraged to attend). Discussion group will focus on topics including puberty, relationships, peer pressure, and responsibility. Presented by Six Rivers Planned Parenthood health educators, \$10-\$20 sliding scale, scholarships available, pre-registration required, space limited. Call for more info. and to register (707) 442-2961. 3225 Timber Fall Court, Eureka. (CMM-0424)

WOMAN SHARES STORY OF ASSAULT AT LIFE-TREE CAFÉ. How to pick up the pieces and go on with life after a crisis Sun., April 20, 7 p.m. Program, "After the Attack: Picking Up the Pieces and Moving On." Admission is free. Snacks & beverages are available. Corner of 13th & Union, Arcata. Life-tree Café is a conversation café. Phone (707) 672-2919. (CMM-0417)

Dance/Music/Theater/Film

DANCE WITH DEBBIE: Learn the classic Waltz or the flirty Cha cha during May at North Coast Dance Annex. Try a drop-in Salsa class at Redwood Raks. Private lessons also available. We make dancing fun! debbie@dancewithdebbie.biz, (707) 464-3638 www.dancewithdebbie.biz (DMT-0424)

MUSIC LESSONS. Piano, Guitar, Voice, Flute, etc. Piano tuning. Instrument repair. Digital multi-track recording. (707) 476-9239. (DMT-0529)

REDWOOD RAKS WORLD DANCE STUDIO, ARCATA. West African, Belly Dance, Tango, Salsa, Swing, Breakdance, Jazz, Tap, Modern, Zumba, Hula, Congolese, more! Kids and Adults, 616-6876. (DMT-0626)

STEEL DRUM CLASSES. Beginning Wkshp: 10 a.m.-noon 5/17, \$25. Weekly Beginning: Fri's. 11:30 a.m.-12:30 p.m., 5/9-5/30, \$50. Beg/Int, Mon's 7-8 p.m. Youth Band: Thurs's. 4:30 p.m.-5:30 p.m. 5/8-5/29, \$40. Pan Arts Network 1049 Samoa Blvd. Suite C, (707) 407-8998. panartsnetwork.com (DMT-0424)

Fitness

DANCE-FIT. Dance, aerobics & strength training all in one class! Mon., Wed. & Fri. 9-10 a.m. First class is free. Drop in for \$5 per class or 14 classes for \$55. No Limits tap & jazz studio, corner of 10th & K st. Arcata. 825-0922. (F-0424)

NORTH COAST FENCING ACADEMY. Fencing (with swords!). Improve your mind and body in a fun, intense workout, and a very chill environment. Ages 8 and up. 1459 M St., Arcata. Contact Justin (707) 601-1657 text or phone, or email northcoastfencingacademy@gmail.com (F-0417)

PILATES: BUILD A SOLID FOUNDATION AT THE DANCE SCENE STUDIO. New class starting March 7. All levels welcome but focus for Spring is Fundamentals & Beginning level exercises. Fri. 11:30 a.m.-12:30 p.m., Studio A at newly renovated The Dance Scene Studio (see DanceEureka.com), 1011 H St., Eureka. \$10 class, \$25 for 5 class pass. Call (707) 616-7091 or email krenekluu@yahoo.com for questions. (F-0508)

PILATES: INCREASE YOUR POTENTIAL THROUGH A MINDFUL MOVEMENT. Arcata Core Pilates offers beginning-advanced group Pilates Mat, reformer, chair, TRX, as well as Private Training Sessions. Our instructors are all certified. The diversity in training and background makes a deep well for clients to draw from. Call 845-8156 or email arcatacorepilates@gmail.com, website:arcatacorepilatesstudio.com. (F-0424)

ZUMBA WITH MARLA JOY. Elevate, Motivate, Celebrate another day of living. Exercise in Disguise. Now is the time to start, don't wait. All ability levels are welcome. Every Mon. & Thurs. Bayside Grange 6-7 p.m., 2297 Jacoby Creek Rd. \$6/\$4 Grange members. Every Tues. & Thurs. Aqua Zumba, 9:15 a.m., Vector Pool, 3289 Edgewood Rd, Eureka. Experience a flowing, soothing, guided meditation using simple movements in warm water with Ai Chi, Tues. 5 p.m., Vector Pool. Marla Joy (707) 845-4307 marlajoy.zumba.com (F-0508)



SUN YI'S ACADEMY OF TAE KWON DO. Classes for kids and adults, child care, fitness gym, and more. Tae Kwon Do Mon-Fri 5-6 p.m., 6-7 p.m., Sat 10-11 a.m. Come watch or join a class, 1215 Giuntoli Lane, or visit www.sunyisarcata.com, 825-0182. (F-0626)

Home & Garden

KLAMATH KNOT PERMACULTURE DESIGN COURSE. Earn a Permaculture Design Certificate and learn ecological design, natural building, forest farming, mushroom production, greywater design, rainwater catchment and more in this extended course. (530) 627-3379 mail@sandybar.com, www.KlamathKnot.com (HG-0417)

Kids & Teens

CERAMICS FOR OLDER KIDS, AGES 7-12. \$80. (5-week classes) Mon's 4 p.m.-6 p.m., May 5-June 2; Tues's 4 p.m.-6 p.m., May 6-June 3. Adventure with clay; Learn various hand building and wheel-throwing techniques. Fire Arts Center, 520 South G St., Arcata. (707) 826-1445, www.fireartsarcata.com (K-0424)

RAMPART INDOOR SKATEPARK. Join our Skate & BMX Camp April 21-25 for Easter Break. Ages 5-14 are welcome. Camp runs 10:30 a.m.-2:30 p.m. with the option to stay into normal operation hours. Cost \$40/day or \$139 for all five days. For more info. & registration, visit the park, 700 South G St., Arcata, call 826-0675, or our visit website www.rampartskatepark.org (K-0417)

REDWOOD READING SOLUTIONS: INDIVIDUAL TUTORING, ASSESSMENT & CONSULTATION. Reading, writing and spelling intervention for struggling students or beginning readers. Sherry McCoy, M.A. Credentialed teacher, 25 yrs exp. sherry@redwoodreadingsolutions.com www.redwoodreadingsolutions.com (707) 616-6564

SPRING BREAK CIRCUS THEATER FOR KIDS: Arcata Playhouse presents 4 fun theater workshops April 21-25. For kids ages 7-10: Clowning for Kids, 9 a.m.-noon and Mask Making & Performance, 12:30-3:30 p.m. For kids ages 11-14: Mask Making & Performance, 9:00 a.m.-12:30 p.m., and Circus Theater & Comedy from 12:30 p.m.-3:30 p.m. \$100 per class \$75 for a second class. (707) 822-1575 www.arcataplayhouse.org (K-0417)

50 and Better

OSHER LIFELONG LEARNING INSTITUTE (OLLI). Offers dynamic classes for people age 50 and over. Call 826-5880 or visit www.humboldt.edu/olli to register for classes (O-1225)

BHUTAN AND TIBET. The Tour Without The Airfare. Compare and contrast these two countries: Bhutan is clinging to ancient customs while Tibet is rapidly developing toward first world status. With Roland Lamberson & Rick Vrem. Tues., April 22, 6-8 p.m., \$30/OLLI members, \$55/nonmembers. OLLI: 826-5880, www.humboldt.edu/olli (O-0417)

BOOK ARTS: STAB BINDINGS. Stab bound books lend themselves to journals, scrapbooks, guest books, and gift books. These formal bindings were developed over hundreds of years in Japan, Korea, and China. With Michele Olsen. Thurs., May 1, 1-5 p.m., \$45/OLLI members, \$70/nonmembers. OLLI: 826-5880, www.humboldt.edu/olli (O-0424)

FREE MEDICARE WORKSHOPS. Offered by Area 1 Agency on Aging's trained HICAP counselors the second Thurs. of every month through Aug. Hour-long workshops make Medicare understandable. Drop by second floor conference room at AIAA, 434 Seventh St., Eureka. Medicare Basics for Boomers, 4-5 p.m., May 8. On deck: Supplementing Medicare, June 12, 4-5 p.m. (O-0501)

GENEALOGY AND FAMILY HISTORY. Make your ancestors' lives part of your life. Discover what to expect as you research records and find out who else has already dug in the past. With Michael Cooley. Sat's., April 25-May 17, 10 a.m.-noon., \$65/OLLI members, \$90/nonmembers. OLLI: 826-5880, www.humboldt.edu/olli (O-0424)

GENTLE YOGA. Learn yoga with focus on both floor and standing poses for strength, balance and flexibility at any age. With Patricia Starr. Please bring a blanket, mat, and water bottle. Mon's., May 5-19, 1-3 p.m., \$50/OLLI members, \$75/nonmembers. OLLI: 826-5880, www.humboldt.edu/olli (O-0501)

INTRODUCTION TO STEEL DRUMS. Learn to play the steel drums with Kate Lang-Salazar in this fun and enriching class! New classes begin each month for students of all levels. No previous musical training required. Fri., May 2, 11:30 a.m.-12:30 p.m., \$30/OLLI members, \$55/nonmembers. OLLI: 826-5880, www.humboldt.edu/olli (O-0501)

RASHOMON IN CONTEXT. Enjoy & examine Akira Kurosawa's 1950 film Rashomon in the context of post war Japan. With Michael Cooley. Tues., May 6, 6-10 p.m., \$10/OLLI members, \$35/nonmembers. OLLI: www.humboldt.edu/olli, 826-5880 (O-0501)

START THE PRESS. Great Events in Media History. Discuss momentous moments in journalism including the invention of printing, sensationalism, muck-raking, the Pentagon papers, Watergate and more with Maclyn McClary. Fri's., April 25-May 2, 10 a.m.-noon, \$40/OLLI members, \$65/nonmembers. OLLI: 826-5880, www.humboldt.edu/olli (O-0424)

THE ABC'S OF PEAK AGING. A Primer for Living Long and Well. Look at ways to consciously age with grace, intelligence, wisdom and gratitude. Explore practical issues including health care directives and writing your obituary. With Sharon Ferrett. Wed's., April 23-May 14, 4-6 p.m., \$65/OLLI members only, OLLI: www.humboldt.edu/olli, 826-5880 (O-0417)

THE ROYAL GENEALOGIES OF BRITAIN. Explore the royal genealogies of England, Ireland, and Scotland from antiquity to the present day. With Michael Cooley. Sat., April 26, 1-4 p.m., \$30/OLLI members, \$55/nonmembers. OLLI: 826-5880, www.humboldt.edu/olli (O-0424)

WE THE PEOPLE. The cornerstone of our American democracy, this mantra is actualized through the ballot box. Take a closer look at the history of apportionment, current issues in Congress and how decisions are made with Charles Biles. Tuesdays, May 6-20, 2-4 p.m., \$55/OLLI members, \$80/nonmembers. OLLI: www.humboldt.edu/olli, 826-5880 (O-0501)

WHO OR WHAT ARE WE? Symbiosis on a Personal Scale. Join Robert Rasmussen to examine four episodes of biological exploration and interconnectedness that have had a profound impact on who we are, as a species and as individuals. Fri's., April 25-May 16, 3-4:30 p.m., \$65/OLLI members, \$90/nonmembers. OLLI: www.humboldt.edu/olli, 826-5880 (O-0424)

WORLD WAR II STATION B-71. The Farm That Wasn't. Redwood National Park is home to the historic WWII Radar Station B-71, a unique early warning radar station camouflaged to appear as a farm. With Interpretive Park Ranger Liam Carey-Rand. Sat., May 3, 1-3 p.m., \$65/OLLI members, \$90/nonmembers. OLLI: 826-5880, www.humboldt.edu/olli (O-0501)

Spiritual

ARCATA ZEN GROUP MEDITATION. Arcata & Eureka. Beginners welcome. ARCATA: Sun's 7:55 a.m. At NorthCoast Aikido on F Street (entrance in alley between 8th and 9th, upstairs). Call 826-1701 or visit arcatazengroup.org. EUREKA: Wed's 5:55 p.m., First Methodist Church, enter single story building between F & G on Sonoma St, room 10. Call 845-8399 or barryevans9@yahoo.com for more information. (S-0626)

KDK ARCATA BUDDHIST GROUP. Under the direction of Lama Lodru Rinpoche. We practice Tibetan meditation, followed by discussion. All are welcome. For more info contact Lama Nyugu (707) 442-7068, Fierro_roman@yahoo.com. Sun's 6 p.m., Community Yoga Center 890 G St, Arcata. Our webpage is www.kdkarcatagroup.org (S-0424)

KIRTAN AND HEALING MANTRA. With Jaya Lakshmi & Ananda + the Bhakti Bliss Band. At Om Shala Yoga. Sat., April 26, 7 p.m.-10 p.m. A sweet evening of sacred sound. \$15 advanced tickets. \$20 at the door. 858 10th St., Arcata. 825-YOGA (9642). www.omshalayoga.com. (S-0417)

TAROT AS AN EVOLUTIONARY PATH. Classes in Eureka, and Arcata. Private mentorships, readings. Carolyn Ayres. 442-4240 www.tarotofbecoming.com (S-0424)

Therapy & Support

ALCOHOLICS ANONYMOUS. We can help 24/7, call toll free 1-844-442-0711. (T-0424)

FREE DEPRESSION SUPPORT GROUP. Walk-in support group for anyone suffering from depression. Meet Mon's 6:30 p.m.-7:45 p.m. at the Church of the Joyful Healer, McKinleyville. Questions? Call (707) 839-5691. (TS-0424)

ANCESTRAL INFLUENCES ON YOU AND YOUR CHILDREN: USING FAMILY CONSTELLATION THERAPY Sat., May 3, 11 a.m.-4 p.m. At Healing Arts Studio, Arcata. \$199 to have personal work done (only 4 spaces available). Family members do not need to be present to do the work. \$19 to attend as a participant (max 6 participants). (707) 498-5493 aishacandrianmorton@gmail.com www.lexisoulis.com (TS-0417)

SEX/ PORN DAMAGING YOUR LIFE & RELATIONSHIPS ? Confidential help is available. 825-0920, saahumboldt@yahoo.com or (TS-0424)

SMOKING POT? WANT TO STOP? www.marijuana-anonymous.org (T-0731)

Vocational

DIY WEDDING PLANNING WORKSHOP SERIES: TABLESCAPES & DESIGN. Hands-on exp, tips, tricks in table design & decor. 6-8 p.m, Tue, April 22, at The Party Place, Eureka. \$20 adv/\$25 day-of. 15 seats. Register at <http://diytablescapes.bpt.me/> Contact: galaeventsandweddings@gmail.com

Wellness & Bodywork

DANDELION HERBAL CENTER. Classes with Jane Bothwell. High Country Herb Weekend with Jane & Allison Poklemba. June 5-6. Come join us on the top of the world with majestic mountains, lakes and wildflowers at this special botanical preserve. Beginning with Herbs, Sept 17-Nov 5, 2014, 8 Wed. evenings. Learn medicine making, herbal first aid, and herbs for common imbalances. Register online www.dandelionherb.com or call (707) 442-8157. (W-0529)

NORTHERN CALIFORNIA WOMEN'S HERBAL SYMPOSIUM. In celebration of women, plants and sustainable ways, the plant-sistah tribe will gather three times this year, to explore wholistic, empowering, and healing lifestyles. Session 1: May 16-19, Session 2: May 23-26, Session 3: Aug 29-Sept 1. Join for 1, 2 or all 3 sessions. Each session is four days of over 50 classes, rites-of-passage ceremonies, drumming, dancing, handcrafted marketplace items, camp-fire capers, swimming-hole dips, and connections with remarkable women. All levels welcome. Each session is separate with different classes and teachers. Mendocino County. Work exchange & Crone discounts available. WomensHerbalSymposium.org (707) 824-1429

RISE AND SHINE FORREST YOGA. At Om Shala Yoga. With Janine Melzer. On-going Tues's. and Thurs's., 7:30 a.m.-8:50 a.m. Start your day with strength and clarity. 858 10th St., Arcata. 825-YOGA (9642). www.omshalayoga.com. (W-0417)

SPRING CLEANSE GROUP. At Om Shala Yoga. With Peggy Profant. Begins Tues., April 29, 6:30 p.m.-8:30 p.m. Powerful Ejuva cleanse to uplift and clarify. Love your body, detoxify, and feel amazing! Two weeks \$175. Four weeks \$325. 858 10th St., Arcata. 825-YOGA (9642). www.omshalayoga.com (W-0417)

START YOUR CAREER IN MASSAGE THERAPY. Arcata School of Massage. 650-Hour Therapeutic Massage Certification in California, and the National Exam. Our comprehensive program prepares your body, mind and heart to become a caring, confident professional massage therapist. Call 822-5223 for information or visit arcatamassage.com (W-0424)



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Advertising Deadline:
Thursday, May 8 at 5 p.m.

442-1400

AMENDED NOTICE OF PETITION TO ADMINISTER ESTATE OF DENNIS RAY BOECKMANN CASE NO. PR140105

To all heirs, beneficiaries, creditors, contingent creditors and persons who may otherwise be interested in the will or estate, or both, DENNIS RAY BOECKMANN

A PETITION FOR PROBATE has been filed by TIMOTHY MALONE In the Superior Court of California, County of Humboldt. THE PETITION FOR PROBATE requests that TIMOTHY MALONE Be appointed as personal representative to administer the estate of the decedent.

THE PETITION requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by court. THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held on May 8, 2014 at 2:00 p.m. at the Superior Court of California, County of Humboldt, 825 Fifth Street, Eureka, in Dept: 8. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of

an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

ATTORNEY FOR PETITIONER:
Chris Johnson Hamer, SBN # 105752
Stokes, Hamer, Kaufman & Kirk, LLP
381 Bayside Rd., Ste. A
Arcata, CA. 95521
(707) 822-1771
April 7, 2014
SUPERIOR COURT OF CALIFORNIA
COUNTY OF HUMBOLDT

4/17, 4/24, 5/1/2014 (14-124)

ORDER TO SHOW CAUSE FOR CHANGE OF NAME AUSTIN MICHAEL DAUENHAUER CASE NO. CV140196 SUPERIOR COURT OF CALIFORNIA, COUNTY OF HUMBOLDT 825 FIFTH STREET EUREKA, CA 95501

PETITION OF:
AUSTIN MICHAEL DAUENHAUER
TO ALL INTERESTED PERSONS:
Petitioner: AUSTIN MICHAEL DAUENHAUER
for a decree changing names as follows:
Present name
AUSTIN MICHAEL DAUENHAUER
to Proposed Name
AUSTIN DAUENHAUER FORTINO
THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

NOTICE OF HEARING
Date: May 21, 2014
Time: 1:45 p.m., Dept. 8
SUPERIOR COURT
OF CALIFORNIA,
COUNTY OF HUMBOLDT
825 FIFTH STREET
EUREKA, CA 95501
Date: March 24, 2014
Filed: March 24, 2014
/s/ W. BRUCE WATSON
Judge of the Superior Court

4/3, 4/10, 4/17, 4/24/2014 (14-114)

PUBLIC SALE

Notice is hereby given that the undersigned intends to sell the personal property described below to enforce a lien in said property pursuant to section 21700-21716 of the Business and Professions Code, section 2328 of the UCC section 535 of the Penal Code and provisions of the Civil Code.

The undersigned will sell at public sale by competitive bidding on the 3rd day of May, 2014 at 9:30 a.m, on the premises where the said property has been stored and which is located at AAA Self-Storage, 2350 Central Ave., McKinleyville, CA., County of Humboldt, the following:
#18 Sarah Hathcock
#248 Susan Tustison
#276 Paul Aragon

Purchases must be paid for at the time of the sale in cash only. Anyone interested in attending the auction must sign in prior to 9:30 a.m, on the day of the auction, no exceptions.

All purchase items sold as-is, where is and must be removed at the time of sale. Sale is subject to cancellation in event of settlement between the owner and the obligated party.
Auctioneer: Don Johnson,
Bond #9044453

4/10, 4/17/2014 (14-121)

FICTITIOUS BUSINESS NAME STATEMENT 14-00188

The following person is doing Business as **LAMER TRUCKING** at PO Box 738, Arcata CA. 95521
Ross C. Lamer
2616 Bolier Ave.
McKinleyville, CA. 95519
The business is conducted by an Individual
The date registrant commenced to transact business under the fictitious business name or name listed above on n/a
I declare the all information in this statement is true and correct.
(A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000)).
/s/ Lamer Trucking, Ross Lamer, Owner
This statement was filed with the County Clerk of Humboldt County on March 12, 2014
CAROLYN CRNICH
Humboldt County Clerk

3/27, 4/3, 4/10, 4/17/2014 (14-106)

FICTITIOUS BUSINESS NAME STATEMENT 14-00232

The following person is doing Business as **CLEO'S HOME** at 129 Higgins Street, Eureka, CA. 95503, PO Box 408, Cutton, CA. 95534
KLLG Corporation
2835 N Street
Eureka, CA. 95501
The business is conducted by a Corporation
The date registrant commenced to transact business under the fictitious business name or name listed above on n/a
I declare the all information in this statement is true and correct.
(A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000)).
/s/ Kamara Gee, President, Owner, KLLG Corporation
This statement was filed with the County Clerk of Humboldt County on April 2, 2014
CAROLYN CRNICH
Humboldt County Clerk

4/10, 4/17, 4/24, 5/1/2014 (14-120)

FICTITIOUS BUSINESS NAME STATEMENT 14-00204

The following persons are doing Business as **LAUNDERLAND** at 420 N Street, Eureka, CA. 95501, 3829 D St., Eureka, CA. 95503
Jackie Christensen
3829 D St.
Ross C. Lamer
Eureka, CA. 95503
Amy Christensen
3829 D St.
Eureka, CA. 95503
The business is conducted by a Married Couple
The date registrant commenced to transact business under the fictitious business name or name listed above on n/a
I declare the all information in this statement is true and correct.
(A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000)).
/s/ Amy Christensen, Owner
This statement was filed with the County Clerk of Humboldt County on March 19, 2014
CAROLYN CRNICH
Humboldt County Clerk

3/27, 4/3, 4/10, 4/17/2014 (14-102)

FICTITIOUS BUSINESS NAME STATEMENT 14-00205

The following person is doing Business as **YARN** at 418 2nd St. Eureka, CA. 95501
Sunni Lynn Scrivner
2926 Lowell St.
Eureka, CA. 95501
The business is conducted by an Individual
The date registrant commenced to transact business under the fictitious business name or name listed above on 6/2008
I declare the all information in this statement is true and correct.
(A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000)).
/s/ Sunni Scrivner Owner
This statement was filed with the County Clerk of Humboldt County on March 20, 2014
CAROLYN CRNICH
Humboldt County Clerk

3/27, 4/3, 4/10, 4/17/2014 (14-99)

FICTITIOUS BUSINESS NAME STATEMENT 14-00206

The following person is doing Business as **KRISTA'S NATR HEALTH** 2251 Fieldbrook Rd., Mckinleyville, CA. 95519
Krista Laszczewski
2251 Fieldbrook Rd.
McKinleyville, CA. 95519
The business is conducted by an Individual
The date registrant commenced to transact business under the fictitious business name or name listed above on n/a
I declare the all information in this statement is true and correct.
(A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000)).
/s/ Krista Laszczewski
This statement was filed with the County Clerk of Humboldt County on March 20, 2014
CAROLYN CRNICH
Humboldt County Clerk

3/27, 4/3, 4/10, 4/17/2014 (14-101)

FICTITIOUS BUSINESS NAME STATEMENT 14-00207

The following person is doing Business as **POSITIVIBES HYNOTHERAPY** at 908 Samoa, Suite 223, Arcata, CA. 95521
Kyle David Wannigman
2909 Highland
Arcata, CA. 95521
The business is conducted by an Individual
The date registrant commenced to transact business under the fictitious business name or name listed above on n/a
I declare the all information in this statement is true and correct.
(A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000)).
/s/ Kyle D. Wannigman,
This statement was filed with the County Clerk of Humboldt County on March 20, 2014
CAROLYN CRNICH
Humboldt County Clerk

3/27, 4/3, 4/10, 4/17/2014 (14-104)

FICTITIOUS BUSINESS NAME STATEMENT 14-00203

The following person is doing Business as **LOVE 2 LIVE** at 1765 I Street, Eureka, CA. 95501
Katie Berrey
1765 I Street
Eureka, CA. 95501
The business is conducted by an Individual
The date registrant commenced to transact business under the fictitious business name or name listed above on 4/1/2014
I declare the all information in this statement is true and correct.
(A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000)).
/s/ Katie Berrey, Founder
This statement was filed with the County Clerk of Humboldt County on March 19, 2014
CAROLYN CRNICH
Humboldt County Clerk

3/27, 4/3, 4/10, 4/17/2014 (14-110)

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**FICTITIOUS BUSINESS NAME
STATEMENT 14-00209**

The following person is doing Business as **BOUNTIFUL BOOTS FAMILY FARM** at 2235 J Street, Eureka, CA. 95501

Amy Polito
2235 J Street
Eureka, CA. 95501

The business is conducted by an Individual
The date registrant commenced to transact business under the fictitious business name or name listed above on 3/21/2014

I declare the all information in this statement is true and correct.
(A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000)).

/s/ Amy Polito
This statement was filed with the County Clerk of Humboldt County on March 21, 2014
CAROLYN CRNICH
Humboldt County Clerk

3/27, 4/3, 4/10, 4/17/2014 (14-107)

**FICTITIOUS BUSINESS NAME
STATEMENT 14-00217**

The following persons are doing Business as **RIO DELL ARTE'** at 378 Wildwood Ave., Rio Dell, CA. 95562
Lawrence D. Arsenault
378 Wildwood Ave.
Rio Dell, CA. 95562
Alice C. Millington
378 Wildwood Ave.
Rio Dell, CA. 95562

The business is conducted by Copartners
The date registrant commenced to transact business under the fictitious business name or name listed above on n/a
I declare the all information in this statement is true and correct.
(A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000)).

/s/ Alice Millington, Co-Owner
This statement was filed with the County Clerk of Humboldt County on March 25, 2014
CAROLYN CRNICH
Humboldt County Clerk

4/10, 4/17, 4/24, 5/1/2014 (14-122)

**FICTITIOUS BUSINESS NAME
STATEMENT 14-00226**

The following persons are doing Business as **WORKSPACE** at 426 1st. Street, Eureka, CA. 95501
Best Address Properties, LLC
426 1st. Street
Eureka, CA. 95501

The business is conducted by a Limited Liability Company
The date registrant commenced to transact business under the fictitious business name or name listed above on n/a
I declare the all information in this statement is true and correct.
(A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000)).

/s/ Joseph R. Vellutini, Owner/
Member
This statement was filed with the County Clerk of Humboldt County on March 28, 2014
CAROLYN CRNICH
Humboldt County Clerk

4/3, 4/10, 4/17, 4/24/2014 (14-116)

**FICTITIOUS BUSINESS NAME
STATEMENT 14-00228**

The following persons are doing Business as **D STREET FARM** at 3346 D St., Eureka, CA. 95503
Robert Lewis Edwards
3346 D St.
Eureka, CA. 95503
Noreen Lenore Edwards
3346 D St.
Eureka, CA. 95503

The business is conducted by a Married Couple
The date registrant commenced to transact business under the fictitious business name or name listed above on 4/1/14
I declare the all information in this statement is true and correct.
(A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000)).

/s/ Noreen L. Edwards, and Robert L. Edwards, Owners
This statement was filed with the County Clerk of Humboldt County on April 1, 2014
CAROLYN CRNICH
Humboldt County Clerk

4/10, 4/17, 4/24, 5/1/2014 (14-119)

**FICTITIOUS BUSINESS NAME
STATEMENT 14-00239**

The following person is doing Business as **WILD NAIAD** at 1250 C St. Arcata, CA. 95521, PO Box 956, Arcata, CA. 95518
Gretchen Immel
1250 C Street
Arcata, CA. 95521

The business is conducted by an Individual
The date registrant commenced to transact business under the fictitious business name or name listed above on n/a
I declare the all information in this statement is true and correct.
(A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000)).

/s/ Gretchen Immel, Owner
This statement was filed with the County Clerk of Humboldt County on April 7, 2014
CAROLYN CRNICH
Humboldt County Clerk

4/17, 4/24, 5/1, 5/8/2014 (14-123)

**FICTITIOUS BUSINESS NAME
STATEMENT 14-00224**

The following persons are doing Business as **REDWOOD THRIFT** at 423 N Fortuna Blvd., Fortuna, CA. 95540
Tim R. Thurman
410 Ackerman Ln.
Carlotta, CA. 95528
Joyce M. Thurman
410 Ackerman Ln.
Carlotta, CA. 95528

The business is conducted by a Limited Liability Company
The date registrant commenced to transact business under the fictitious business name or name listed above on May 1, 2014
I declare the all information in this statement is true and correct.
(A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000)).

/s/ Tim R. Thurman, Owner
This statement was filed with the County Clerk of Humboldt County on March 28, 2014
CAROLYN CRNICH
Humboldt County Clerk

4/3, 4/10, 4/17, 4/24/2014 (14-115)

**FICTITIOUS BUSINESS NAME
STATEMENT 14-00214**

The following person is doing Business as **COMFORT OF HOME CATERING** at 135 Sunkist Ln., FIELD-BROOK, CA. 95519
Lauren Sarabia
135 Sunkist Ln.
Fieldbrook, CA. 95519

The business is conducted by an Individual
The date registrant commenced to transact business under the fictitious business name or name listed above on Jan. 2000
I declare the all information in this statement is true and correct.
(A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000)).

/s/ Lauren Sarabia, Owner
This statement was filed with the County Clerk of Humboldt County on March 25, 2014
CAROLYN CRNICH
Humboldt County Clerk

4/3, 4/10, 4/17, 4/24/2014 (14-113)

**STATEMENT OF
ABANDONMENT OF USE OF
FICTITIOUS BUSINESS NAME
FILE NO. 12-00067**

The following person have abandoned the use of the fictitious business name **COMFORT OF HOME CATERING/ OLD WORLD COOKIES**. 135 Sunkist Ln., Fieldbrook, CA. 95519
The fictitious business name was filed in HUMBOLDT County on Nov. 13, 2012

Sally Huber
PO Box 1/ 200 Corral Bottom Rd.
Hyampom, CA. 96046
Lauren Sarabia
135 Sunkist Ln.
Fieldbrook, CA. 95519

This business was conducted by: General Partnership
/s/ Lauren Sarabia
This state was files with the HUMBOLDT County Clerk on the date March. 25, 2014
I hereby certify that this copy is true and correct copy of the original statement on file in my office
CAROLYN CRNICH
Humboldt County Clerk

4/3, 4/10, 4/17, 4/24/2014 (14-112)

**NOTICE OF RIGHT TO CLAIM EXCESS PROCEEDS
FROM THE SALE OF TAX-DEFAULTED PROPERTY
MADE PURSUANT TO SECTION 4676, REVENUE AND TAXATION CODE**

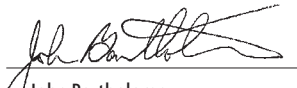
Excess proceeds have resulted from the sale of tax-defaulted property on February 22nd-25th, 2014, listed below. Parties of interest, as defined by California Revenue and Taxation Code Section 4675, are entitled to claim the excess proceeds.

All claims must be in writing and must contain sufficient information and proof to establish a claimant's right to all or any part of the excess proceeds. Claims filed with the county more than one year after recordation of the tax collector's deed to the purchaser on March 13th, 2014, cannot be considered.

ASSESSOR'S ASSESSMENT NO.	PROPERTY ADDRESS/LOCATION	LAST ASSESSEE
040-091-009-000	No Situs	Eric Meyers
095-011-003-000	180 Maple Dr/ Weott	Daniel Haven
109-071-012-000	183 Marten Way/ Shelter	Dinesh Shah
109-081-033-000	1047 Puma Dr/ Shelter Cove	Marisol Mendez
109-131-057-000	192 Muskrat Cir/Shelter Cove	Michael Jacobsen
109-221-022-000	153 Horseshoe Ct/Shelter Cove	Kathleen A Dervin
109-321-022-000	250 Hillside Dr/ Shelter Cove	Steven H & Mille White
110-121-022-000	500 Toth Rd/Shelter Cove	Karen Senecal
110-131-046-000	688 Hillside Dr/Shelter Cove	Hosam J Jom

Claim forms and information regarding filing procedures may be obtained at the Humboldt County Tax Collector's Office, 825 5th Street, Room 125, Eureka, CA 95501 or by calling (707) 476-2450 or toll free (877) 448-6829 between 8:30 am-Noon and 1:00pm-5:00pm, Monday through Friday.

I certify or (declare), under penalty of perjury, that the foregoing is true and correct.


John Bartholomew
Humboldt County Tax Collector

Executed at Eureka, Humboldt County, California, on April 4th, 2013. Published in the *North Coast Journal* on April 10, April 17 and April 24, 2014.

4/10, 4/17, 4/24/2014 (14-111)





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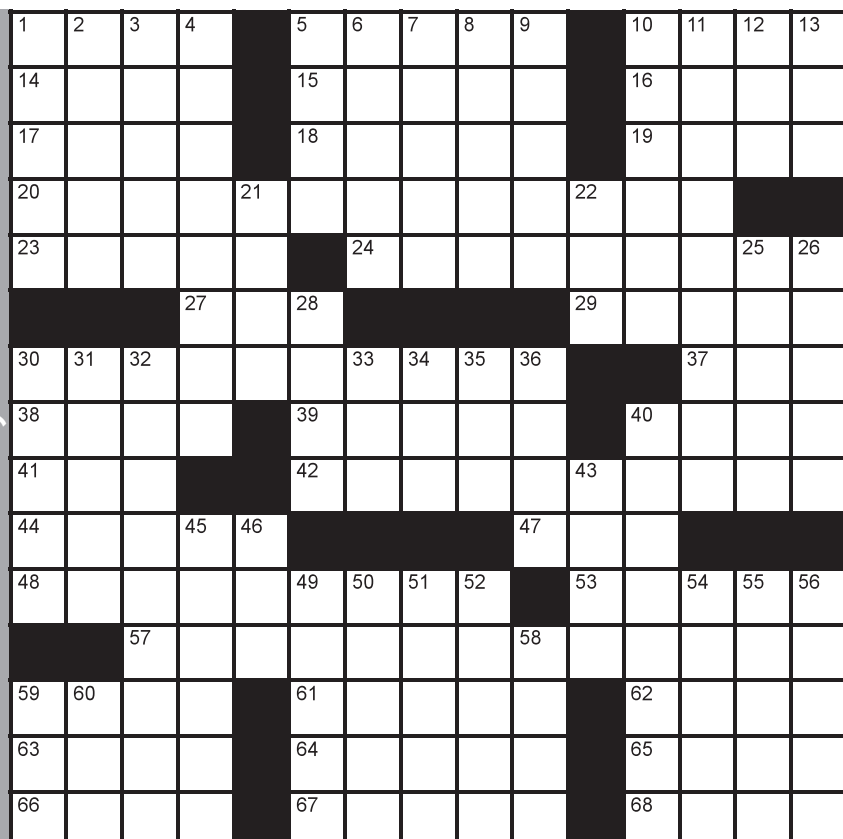


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BLUES

ANSWERS NEXT WEEK!

ACROSS

1. Campus 100 miles NW of Los Angeles
5. D-J's holdings?
10. Actress ____ Pinkett Smith
14. Grandma, affectionately
15. Small finch
16. Put out
17. Schoenberg's "Moses und ____"
18. Big name in handbags
19. "And away ____!"
20. With 24-, 30-, 48- and 57-Across, a description offered by B.B. King about 42-Across
23. Louvre pyramid architect
24. See 20-Across
27. Biol. class topic
29. ____ Lauder cosmetics
30. See 20-Across
37. Engine starter: Abbr.
38. Noted boxing family
39. Airplane seating option
40. Prefix with scope or meter
41. Model Carangi
42. Subject of the B.B. King quote
44. Animal that eats while floating on its back
47. Jaguar or Impala
48. See 20-Across
53. Check, as a bill
57. See 20-Across
59. Actress Mazar of HBO's "Entourage"
61. Title dog voiced by Kevin Bacon in a 1995 animated film
62. Tex. neighbor
63. Leave in
64. QB Favre
65. Frilly, as lingerie
66. Endure
67. Toshiba rival
68. Colors

DOWN

1. Eel, at a sushi restaurant
2. Bounce (off)
3. Pry
4. Actor who has played Zorro and Pancho Villa
5. 1969 NHL MVP, familiarly
6. Iron: Prefix
7. Texas senator succeeded by Cornyn
8. Part of HDTV, briefly
9. More than impressed
10. Some bling
11. Creature comforts
12. "Savvy?"
13. From ____ Z
21. Literary character who says "there warn't no home like a raft"
22. ____-haw
25. Old film vamp Pola
26. Photo finish?
28. Very little
30. Stephen King's "____ Bones"
31. First U.S. Supreme Court justice in history when they're arranged in alphabetical order
32. Venomous ventings
33. "CSI" forensic scientist
34. Buckeyes' sch.
35. Cheer with an accent
36. Family tree listing: Abbr.
40. Killer source material for a comedian, say
43. Helgenberger of "CSI"
45. NFL career rushing leader
46. Call a game
49. "Our Town" family
50. "I ____ Symphony" (1965 Supremes hit)
51. She played Juno in "Juno"
52. ____-gritty
54. Good to go
55. "La ____ Vita"
56. Pivotal times
58. Say ____ (deny)
59. Broadband inits.
60. Seventh Greek letter

LAST WEEK'S ANSWERS TO YOGA

A	B	E	A	M		J	I	B	S		A	R	A	P
S	A	S	S	Y		A	R	A	G		P	O	S	H
W	I	T	H	A	T	W	I	S	T		A	N	I	N
E	T	A		V	A	S	T		K	I	D	D	O	
		B	R	E	A	T	H	I	N	G	R	O	O	M
S	A	L	E	M				L	O	B	O			
L	E	I	D	A	Y		A	L	E		F	W	I	W
I	R	S		G	E	T	B	E	N	T		A	S	A
M	O	H	S		R	E	C		D	A	N	G	E	R
		A	B	B	A				F	E	T	E	D	
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V. EASY #28

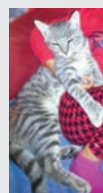
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	7		5	6			3	4
2	4				9			1

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Lost & Found

LOST KITTY. Lost male, solid black long hair kitty named Jumper, no collar. Lost around Spring & Buhne in Eureka. Please call (707) 616-8063



MISSING FAMILY CAT
Male. 1yr Large front paws, very friendly. (707) 499-4894



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Clubs/Orgs



CLIMATE CHANGE, CHEMTRAILS, ARCTIC MELTDOWN, GEOENGINEERING BECOME INFORMED ABOUT THESE DANGEROUS GLOBAL PROGRAMS

Redwood Coast Skywatch is hosting Dane Wigington, Senior Researcher for GeoengineeringWatch.org for the screening of the award winning film, "Look Up", by George Burns. Dane Wigington is considered to be the expert on the highly classified, toxic, geoengineering programs (AKA Chemtrails) that have been and are currently going on globally. Climate change is progressing much faster than previous models have predicted and the geoengineering programs are increasing frantically as well! Do you consent to being sprayed by....? Become informed on these very dangerous clandestine programs effecting every living thing on Planet Earth. Screenings 5 p.m. & 8 p.m. followed by presentations by Dane Wigington. Tickets \$5 at door Saturday, April 19, Arcata Playhouse 1251 9th St., Arcata

Clubs/Orgs

FREE MEDICARE WORKSHOPS OFFERED BY AREA 1 AGENCY ON AGING'S Trained HICAP counselors the second Thursday of every month through August. Hour-long workshops make Medicare understandable. Drop by second floor conference room at AIAA, 434 Seventh St., Eureka. Next class: Medicare Basics for Boomers, 4-5 p.m., May 8. On deck: Supplementing Medicare, June 12, 4-5 p.m.

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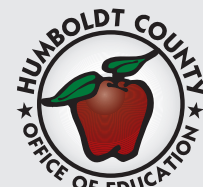
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Opportunities



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HUMBOLDT COUNTY OFFICE OF EDUCATION: Full-time, M-F, 7 Hrs./Day. Grad. from High School or comparable demonstration of basic competence and not less than 2 yrs. exp. working with special needs children in a school setting involving students with complex behavior problems. 2 Yrs. of related college training may be substituted for one year of exp. Must pass the Paraprofessional Exam. Some skill in sign language desirable but not required. Elig. for H&W and PERS Retirement benefits. \$2107.73 - \$2691.00 entry, DOE. App. available at HCOE or online: www.humboldt.k12.ca.us/pers/appinfo.php Reply to: PERSONNEL, HCOE, 901 Myrtle Ave., Eureka, CA 95501.

For job desc. or questions contact Kathy Atkinson at katkinson@humboldt.k12.ca.us or call (707) 445-7039. Closes: 4/25/2014, 4 pm.



The North Coast Journal is seeking **distribution drivers**

Wednesday afternoon/Thursday morning routes. Must be personable, have a reliable vehicle, clean driving record and insurance. News box repair skills a plus.

Submit résumé to
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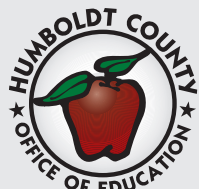
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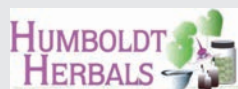
Opportunities



EDUCATION:
EQUAL OPPORTUNITY TITLE IX
For jobs in education in all school districts in Humboldt County, including teaching, instructional aides, coaches, office staff, custodians, bus drivers, and many more. Go to our website at www.humboldt.k12.ca.us and click on Employment Opportunities. Applications and job flyers may be picked up at the Personnel Office, Humboldt County Office of Education 901 Myrtle Ave, Eureka, or accessed online. For more information call 445-7039. (E-0508)

Opportunities

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Must be friendly & reliable, work 4-5 days per week, Mon- Fri. Prepare 1 meal daily, light cleaning. (707) 822-3186 (E-0417)



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Opportunities



The North Coast Journal is looking for a hardworking, forward thinking, **ADVERTISING REPRESENTATIVE** to be part of our display sales team. Print and digital sales experience a plus.

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The City of Eureka
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The Ideal candidate will have strong leadership and administrative skills, at least seven years of comprehensive senior level experience in urban planning, including at least three years of administrative supervisory experience. A Master's degree is preferred.

Visit www.ci.eureka.ca.gov for more information regarding this position, the City's generous benefit package, and how to apply on line. Or call the City's job information line at (707) 441-4134 to request a packet to be mailed to you.

Closing date 5:00 P.M. 04/25/2014



Southern Humboldt Community Healthcare District is now accepting applications for:

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Per diem, part time and full time ER/Acute, BSN, PALS, ACLS & Management Experience Required.

L.V.N.

Per diem, part time and full time. CA License Required.

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Full time. Experience preferred; willing to train the right person with CNA/Paramedic experience.

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Full time with benefits. Open until filled.

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Full time with benefits.

Visit www.shchd.org for more information & to apply or call (707) 923-3921 ext. 230

Opportunities



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MAINTENANCE I

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OFFICE MANAGER

1 F/T Crescent City

PATIENT COORDINATOR

1 F/T Eureka

MEDICAL RECEPTIONIST

1 TEMP Willow Creek, 1 F/T Eureka

REFERRAL SUPPORT CLERK

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REGISTERED NURSE

1 F/T Arcata, 1 Temp P/T Willow Creek,

1 F/T Crescent City

REGISTERED DENTAL ASSISTANT

1 F/T Eureka

RN CLINIC COORDINATOR (SUPV)

1 F/T Willow Creek, 1 F/T Crescent City

BEHAVIORAL HEALTH DIRECTOR

1 F/T Arcata

INTEGRATED BEHAVIORAL HEALTH COUNSELOR

1 F/T Eureka

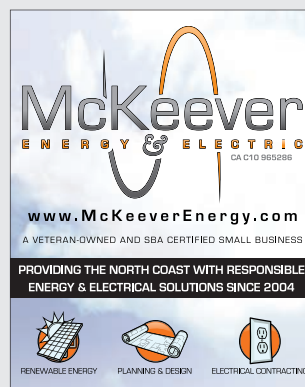
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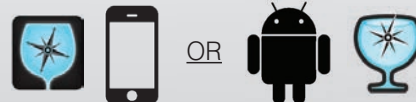
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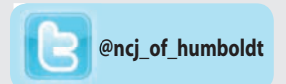
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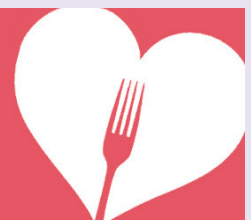
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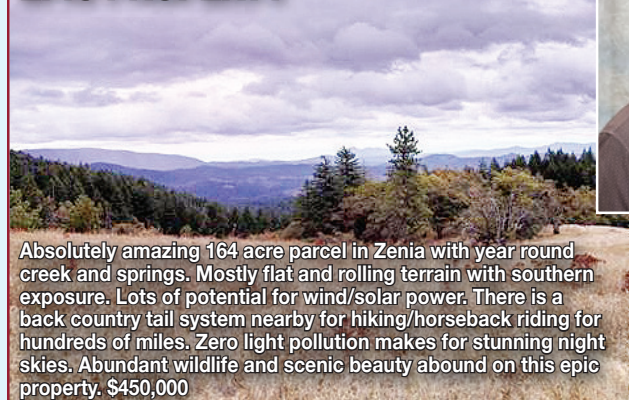


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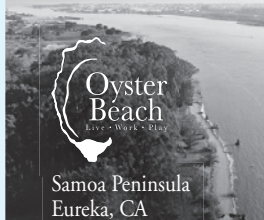
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NEW LISTING!

MAD RIVER LAND/PROPERTY

±40 Acres with a main one bedroom cabin featuring full kitchen and full bathroom. There is also a secondary studio which has a kitchenette and full bathroom. This property boasts great southern exposure, off the grid generator power, sloping topography, moderately wooded, and has a small amount of Mad River frontage with a beautiful swimming hole. Perfect summer vacation retreat in Mad River only 15 minutes from Ruth Lake.

\$329,000



2120 CAMPTON RD. STE #C - EUREKA, CA 95503
www.humboldtlandman.com

WEITCHPEC LAND/PROPERTY

±40 Acres on Cappell Road in Weitchpec, CA. This beautiful property has Klamath River frontage, easy access on existing roads, power, ample water, a building site, fruit trees, and amazing views.

\$169,000

EASTER



OPEN at 6:00 A.M.
Easter Sunday
(Just in case the Easter Bunny
forgot the eggs!!)

EASTER